

## PERSONAL INFORMATION



## Mara Árvai

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## PREFERRED JOB

European trainer, fundraiser, expert assessor

## WORK EXPERIENCE

10/01/2016–Present

**Trainer**

SALTO-YOUTH Training and Cooperation Resource Centre, Bonn (Germany)

Being team member of Tuning In To Learning and Youthpass training course. The main aim of Tuning In is to contribute to the development of quality in youth work, with a focus on learning and reflection. The framework of the course is the Youthpass process, which helps to reinforce the learning process in youth activities and to highlight the learning outcomes. During the course, Erasmus+ Youth in Action projects are being considered, as well as the wider youth work context.

01/09/2015–Present

**Advisor**

Youthpass Advisory Group, Brussels (Belgium)

Being nominated expert of Youthpass Advisory Group of European Commission from international youth work field.

- To improve Youthpass learning process and tool for recognition of learning within non-formal learning activities financed by European Commission through Erasmus+ programme.

01/09/2006–Present

**European youth trainer, counsellor, fundraiser, expert assessor in non-formal education and youth field****Freelancer**

- Preparing, running and evaluating trainings in the following context: non-formal education, non-formal learning, competence development, intercultural learning, intercultural communication, cultural diversity, project management, group building, coaching, youth work, voluntary work, human rights, Eurodesk, European citizenship, European Youth Strategy, Youthpass learning process, Youth sector of Erasmus+ programme, etc.;

- Fundraising regarding to the themes mentioned above through application writing in English according to the proposals of Erasmus+ programme KA1 Mobility project for young people and youth workers, KA2 Strategic partnership in the field of Youth and KA2 Capacity building in youth field;

- Working as an expert assessor of Erasmus+ KA1 Mobility project for young people and youth workers for Tempus Foundation Erasmus+ Youth Programme HU NA and Ecorys UK NA and KA2 Strategic Partnership in the field of Youth for UK NA British Council and Serbian NA Tempus Foundacija.

- EVS Accreditor of SALTO Western Balkan Resource Centre as accrediting receiving, sending and coordinating organisations according to the proposals of Erasmus+ Mobility project for young people and youth workers European Voluntary Service and quality labels for organisations within European Solidarity Corps.

- Founder of YOPA, Youth for Participation Association in order to develop and improve competences of young people and youth workers in the European youth field according to the proposals of youth programmes of European Commission.

01/04/2004–01/09/2006

**Training and networking regional programme coordinator**

**Mobilitás South Plain Regional Youth Service, Szeged (Hungary)**

- Establishing and running the regional Eurodesk network;
- Establishing the regional multipliers network of Youth programme of European Commission;
- Preparing, running and evaluating trainings for young people and youth workers, teachers, social workers, etc. in order to improve their needed competences and make them capable to use Youth programme of European Commission;
- Running coaching process for young people and youth workers, teachers, social workers, etc. on making them capable to apply and run international youth projects according to the proposals of Youth programme of European Commission;
- Building partnerships on behalf of informal groups of young people, youth workers, schools, local councils, etc. in order to implement international youth projects;
- Application counselling;
- Application assessment.

**01/09/2000–01/04/2004****Youth worker of the Regional Youth Media Centre**

Youth House of Szeged, Szeged (Hungary)

- Supporting youth internet journal called "KLIK";
- Supporting regional youth magazine, called "EGO";
- Fundraising through application writing;
- Preparing, running and evaluating non-formal educational trainings for young people and youth workers according to their needs;
- Preparing, running and evaluating national, regional and local youth media events;
- Implementing different youth events and programmes;
- Multiplying the Youth programme of European Commission.

**20/01/2003–20/07/2003****European Voluntary Service**

Youth Department of Lapua Town, Lapua (Finland)

- Working in the local youth club and internet point;
- Establishing and running international youth club;
- Presenting and promoting European Voluntary Service;
- Presenting and promoting Hungarian culture;
- Applying for and implementing international youth exchange between Hungary and Finland according to the proposals of Youth programme and supported by CIMO, Finnish NA of Youth programme;
- Running a monthly regional youth magazine called "HEUréka!" on presenting international youth projects supported by Youth programme of European Commission as my Future Capital project after EVS.

**EDUCATION AND TRAINING****2015–2017****Adult educator MA**

University of Szeged Juhász Gyula Faculty of Education, Szeged (Hungary)

Organising adult education, non-formal education and its' methodology, competence assessment and development, cooperative learning techniques, project management, anthropology, inclusion (disabled people and Roma people), museum learning, etc.

**1999–2001****Culture manager**

Juhász Gyula Teacher Training College

Marketing, leadership, cultural event management, civil law, sociology, etc.

1995–1999 **Teacher and media expert**

Juhász Gyula Teacher Training College, Szeged (Hungary)

Hungarian grammar, world literature, psychology, pedagogy, journalism, broad casting, etc.

#### PERSONAL SKILLS

Mother tongue(s) Hungarian

Foreign language(s)

English	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
	C1	C1	C1	C1	C1
ECL					

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user  
Common European Framework of Reference for Languages

#### Communication skills

- Thanks to my experiences as a journalist, my communication skills are excellent, I am expert on active listening and questioning;
- Through my counselling carrier I improved my interpersonal communication;
- My style as lecturer and presenter are high level, but it is easily understandable for different variety of target groups;
- I have a self-confidence to speak in front of big number of people.

#### Organisational / managerial skills

- I am able to coordinate group dynamics and working processes of small and bigger groups;
- My working style is more individual, however I am also capable to work in a team;
- As coordinator of local and international trainings and networks, I have a vast experience in logistics.

#### Job-related skills

- I am good at preparing new non-formal educational methods based on the needed competence development of my target groups;
- Being able to make an appropriate competence assessment and development through non-formal learning methods developed by myself;
- Enjoying working in different and diverse international teams;
- Having expertise to write successful applications according to proposals of Erasmus+ programme in the field of Youth;
- Being an expert of the assessment process of Erasmus+ programme in the field of Youth.

#### Digital skills

- Microsoft Office, Word, Excel;
- Internet;
- Being expert on working with online application forms and systems e.g. ECAS, Eforms, OEET.