

Curriculum Vitae – Trainer Profile

Nour Alothman

Social Worker | International Youth Trainer | Facilitator

Languages: Arabic (native), German (fluent), English (fluent), Spanish (A2), Turkish (A2)

Country of Residence: Germany | E-Mail: nouralothman7@gmail.com

Professional Profile

International youth trainer and social worker with over 8 years of experience in youth work, non-formal (political) education and Erasmus+ contexts. Strong focus on anti-discrimination, empowerment, migration, and inclusion of young people with fewer opportunities. Experienced in designing and facilitating participatory learning processes for intercultural and multilingual groups.

Education

Bachelor of Arts in Social Work – Bremen University of Applied Sciences

Specialization: Migration & Youth Work | Thesis: '(Im)mobility of non-European refugees in Europe'

CORE COMPETENCIES

- Non-formal and political education
- Anti-discrimination and anti-racism work
- Empowerment and safer spaces
- Migration, inclusion and mobility
- Intercultural learning and dialogue
- Youth participation and advocacy
- Language- sensitive education
- Diversity and critical reflection
- Facilitation of international groups
- Education through music and sports

METHODS & SKILLS

- Participatory & inclusion methods
- Critical reflection
- Empowerment-oriented facilitation
- Intercultural dialogue and inclusive communication
- Interactive workshop design
- MS Office, Google Workspace, Miro, Trello, Canva, Notion, Zoom, Padlet

Trainer & Facilitation Experience

Since 2018 – Freelance Trainer and Seminar Facilitator – Jugendbildungsstätte LidiceHaus, Germany

- Design and facilitation of JuLeiCa youth leader qualification programmes
- Workshops on migration, racism, media education, team building and group dynamics
- Facilitation of non-formal learning processes for diverse and intercultural groups
- Development of participatory educational formats and multi-day trainings

International & Erasmus+ Experience

2022–2024 – Project Manager, Erasmus+ Strategic Partnership 'Moveurope!'

- Coordination of international partner organisations
- Planning and implementation of educational and training activities
- Communication with National Agencies and international networking

Relevant Further Trainings

- **'Language and Power', Germany** – Training on language-sensitive and inclusive education
- **'Colonialism, Racism, Refuge – and Me?', Germany** – 3-module qualification in racism-critical education
- **'Mehr Sprachigkeit!', Germany** – Training on multilingualism in educational work
- **Mobility4U(s) (ERASMUS+), France** – youth mobility & mentoring for young refugees
- **Youth Leadership Training (ERASMUS+), Bulgaria** – leadership and communication
- **MentorME (ERASMUS+), Italy** – intercultural mentoring and cooperation