

PROFILE

I am a non formal education trainer, facilitator of learning processes, youth worker and project manager, both at a local and international level. I am specialised on the topics of gender and queer issues, always facing them through an intersectional lens.

WORK EXPERIENCE

TRAINER

2022–Present | freelance

I design and implement educational activities for groups, with a particular focus on creating safe(r) learning environments; I transfer knowledge and values related to topics linked with inclusion and diversity, through Non Formal Education methods and tools. I can design monitoring and evaluation processes and report their results. I organise and facilitate training activities online and in person, for young people and youth workers, both at a local and international level (Erasmus+ Program, TCA and NET). *For a detailed list of the most relevant training activities conducted, see attached document.*

TRAINER | YOUTH WORKER | PROJECT MANAGER

2012–2025 | Associazione Giosef Torino, Torino (Italy)

I designed and implemented educational activities (10+ Erasmus+ TCs, local workshops); I developed evaluation processes and impact assessment; I have a deep knowledge of South Mediterranean Countries (Region 3 - E+ guide). I wrote project proposals for local, national, and international Calls; I managed and coordinated projects, including the reporting phase. I facilitated and supervised learning processes of young people, coordinated and supported groups of ESC volunteers and interns. I organised residential activities, workshops, cultural events, including the Human Library.

YOUTH WORKER

2019–2025 | Il Forno delle Idee s.c.s., Torino (Italy)

I worked as a youth worker and learning tutor for young people (11-19) with learning disabilities and special educational needs; I developed learning programs to support youth to reach full autonomy, in consideration of individualised learning plans designed by schools; I designed and created compensatory measures and tools through graphic facilitation; I coordinated the Foreign Languages Department.

SARA BERTOLINO



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DATE OF BIRTH

22/09/1989

ACTIVISM

Coordinamento Torino Pride
Board Member 2020–2021

- organisation of demonstrations
- organisation of Torino Pride Parade 2021
- organisation of Beyond Pride Festival
- organisation of EPOA AGM 2022

Arcigay Torino "Ottavio Mai"
Vice President 2020-2023

- relations with CTP
- project designing and management supervision
- supervision of education and training
- advocacy on LGBTQIA+ rights

YOUTH WORKER

2016–2018 | Associazione Diskolé, Torino (Italy)

I designed and implemented educational and recreational activities for intercultural groups of children and young people with fewer opportunities.

GRANT WRITER

2018-2020 | ARCI Servizio Civile Piemonte, Torino (Italy)

I designed and wrote projects for National Civic Service Calls and for local funding on the topics of active citizenship and youth participation; I coordinated project partners through organisation of meetings and collection of documents.

VOLUNTEER OF NATIONAL CIVIC SERVICE

2016–2017 | Cooperativa Altroché, Alpignano (Italy)

I designed and implemented educational activities about active citizenship and environmental education, as well as writing and co-managing two Erasmus+ Youth Exchanges; I took care of the logistic organisation of a summer camp for Italian and Belgian children; I managed arrival and accommodation of guests in the hosting facility.

PUBLICATIONS

“*Educate to Intersectionality - Non Formal Education and Competences*”, in *MARTI - Make it Relevant: Tools for Intersectionality - Essays*, 2021 (project 2019-2-IT03-KA205-016503)

“*Intersectionality and Identities - Gender and Sexual Identity*”, in *MARTI - Make it Relevant: Tools for Intersectionality - Essays*, 2021 (project 2019-2-IT03-KA205-016503)

“*Project/activities design and implementation*”, in *Quality Assurance Handbook: How to apply an intersectional and human rights-based approach to the evaluation of youth projects*, 2025 (project 2023-1-BE04-KA220-YOU-000159323)

DIGITAL TOOLS

- MS Office
- Google Workspace
- Canva
- Miro
- Mentimeter
- Padlet
- Online meeting tools (Zoom | Google Meet | Webex)
- Tools for designing mind maps (Google Slides | Coggle | MindMap)

LANGUAGES

- Italian (native speaker)
- English (C1)
- Spanish (B1)
- French (A2)

FIELDS OF TRAINING EXPERTISE

- Inclusion & Diversity;
- Antidiscrimination;
- Equal opportunities;
- Gender equity;
- Sexual and emotional education;
- Intercultural learning;
- LGBTQIA+ rights;
- Inclusive language;
- Intersectionality;
- Youth participation and active citizenship;
- Project Cycle Management;
- Countering Hate Speech;
- EuroMediterranean cooperation;
- Human Rights Education

LIST of ACTIVITIES CONDUCTED (role: trainer)				
Date	Title of Project/Activity	Type of activity	Organiser	Topics
25 – 29/11/2025	Let's create inclusive activities!	Training Course – NET	SALTO Inclusion & Diversity; AIG	Inclusion and diversity; organising inclusive activities
Apr 2020 – Oct 2025	Specific training for Civic Service volunteers	Workshops	Altera; Giosef Torino; Centro Studi Sereno Regis	Project Cycle Management; European Programs; international mobility; inclusion and diversity
Oct 2024 – Jul 2025	Formazione trasversale per il personale in tema di cultura di genere nei luoghi di lavoro	Online workshops	University of Siena; Agenzia Regionale Toscana per l'Impiego	Gender equity; equal opportunities at workplace; intersectional approach
23 & 26/06/2025	YOU(th)CARE for CHANGE	Online workshops	Giosef Italy	Intersectional approach; gender mainstreaming
25 – 31/10/2024	MARTI 2 – the TC	E+ KA151 – Training Course	Giosef Torino	Intersectionality; inclusion and diversity
2 – 6/07/2024	Let's create inclusive activities!	Training Course – TCA	SALTO Inclusion & Diversity; Anefore	Inclusion and diversity; organising inclusive activities
14 – 20/06/2024	Queering Borders – navigating intersections between queer and intercultural spaces	E+ KA151 – Training Course	Giosef Torino	Intersectionality; intercultural dialogue; LGBTQIA+ rights
3 – 11/01/2024	Inclusive Voices – Activism through language	E+ KA151 – Youth Exchange	Giosef Torino	Inclusive language
27/10 – 2/11/2023	MARTI – the TC	E+ KA151 – Training Course	Giosef Torino	Intersectionality; inclusion and diversity
1 – 5/08/2023	A te parlo (bene): riconoscere e contrastare il discorso d'odio	Workshops	C.N.G.E.I.	Combating hate speech
Nov 2022 – Apr 2023	Online Hate Speech, Prejudice, and Stereotypes: A randomized controlled trial	Workshops in High Schools	CIFA onlus; Fondazione Collegio Carlo Alberto	Combating hate speech
29/11 – 5/12/2022	Re/Move the finish line – going beyond inclusion and diversity	E+ KA151 – Training Course	Giosef Torino	Inclusion and diversity; intersectional approach
14 & 28/11/2022	Identità sessuale e Potere del linguaggio	Workshops	ARCI Torino; Città di Torino	Gender equity; inclusive language; intersectionality
27/09 – 4/10/2022	RAPticipation – music for active participation	E+ KA154 – Youth Participation Activity	Giosef Torino	Youth participation; inclusion and diversity
21 – 27/04/2022	Tale & Tell: reclaiming narratives for inclusion	E+ KA105 – Training Course	Malta LGTBIQ Rights Movement	Storytelling; intersectional approach
9 – 14/11/2021	SIMPLE - Stake Intersectional Methodology: Plan it, Learn it, Enhance it!	E+ KA205 – Short-term joint staff Training Event	Giosef Torino	Intersectionality
28/6 – 5/07/2021	Count Me In	E+ KA105 – Online Training Course	I-Dare Italy	Gender equity
17 – 22/05/2019	SAIL 2 - Safe spaces for Inclusion of LGBT+ migrants, asylum seekers and refugees	E+ KA105 – Seminar	Giosef Torino	LGBTQIA+ rights; inclusion of refugees
Jan – Sep 2019	ENFASI – Educazione Non Formale per richiedenti ASIlo	National long-term Training Course	Giosef Torino	Intersectional approach; inclusion and diversity

14 – 19/12/2018	SAIL 2 - SAfe spaces for Inclusion of LGBT+ migrants, asylum seekers and refugees	E+ KA105 – Training Course	Giosef Unito	LGBTQIA+ rights; inclusion of refugees
16/11 – 3/12/2017	Leader-Ship: Giovani Che Cambiano Rotta	Local long-term Training Course	Forum Giovani Chivasso	Active citizenship; youth participation
25/05 – 5/06/2017	Ecolife	E+ KA105 – Youth Exchange	Cooperativa Altroché	Environmental education
11 – 19/12/2016	SAIL – SAfe spaces for Inclusion of LGBT+ youth	E+ KA105 – Training Course	Giosef Unito	LGBTQIA+ rights; inclusion and diversity
26/10 – 4/11/2015	GUAT – Gender Upon A Time	E+ KA105 – Youth Exchange	Giosef Unito	Gender equity; intercultural dialogue
7 – 14/06/2015	Livinclusion – 2nd activity	E+ KA105 – Training Course	Giosef Unito	Inclusion
1 – 8/03/2015	Livinclusion – 1st activity	E+ KA105 – Training Course	Giosef Unito	Inclusion
Nov 2014 – May 2015	Pari o dispari – Peer education contro l'omo-lesbo-transfobia	Local long-term Training Course	Giosef Unito	LGBTQIA+ rights
Sep 2014 – Feb 2016	JCVG – youth can end gender violence	Workshops in High Schools	City of Turin	Countering gender and domestic violence