



EZGI DILAN DİBEK

Multidisciplinary Storyteller
Interdisciplinary Trainer

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WORK

Youth Worker, Facilitator 2021--

On Storytelling, Digital and Traditional Tools, Usage of AI, Scriptwriting, Body & Mind Awareness, Physical Wellbeing and Expression, Various Movement Practices, Non Verbal Communication, Nature and Human Connection, Creative Self Expression.

Creative Community Manager 2025

Creating complementary visual or written artistic content when needed (templates provided by our graphic designer).- Managing visual artistic content related to the 3-week artistic residency preceding the festival.

Social Media Marketing, CodeOp, Barsezona (SPA) 2023

Competitor analysing, Campaign creating, SM marketing, Content creating.

Volunteer Coordination and Social Media Manager Naturkultur, Bremen (GER) 2022

Creating social media strategies and volunteer coordination.

The Netherlands Education Group Amsterdam, ND 2022

Activity Facilitator, Project Coordinator, Student Communication

Community and Social Media Manager NovaSoul, Muğla (TUR) 2021-2022

Content creation, customer and & volunteer relations
Creating and Managing events.

Founder, Blue Sky IG 2020--

Project writing, manaing, facilitating, networking, partnership in E+ KA1 projects.

Artist & Designer 2018--

Digital: Digital graphics, visuals in various formats in unique style.

Physical: Paintings, costume, prop & decor creation, installations.

Refugee Support Center (RSC) Istanbul 2018-2019

Running workshops which aims at the bodily rights and the access to mindful somatic activities for displaced people.

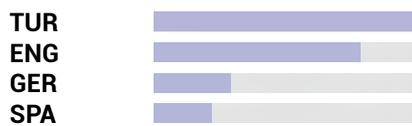
Art Director 2014--

Project base Art Directing and Stage Designing for Cinema and Theatre

Assistant Lecturer, Kadir Has University Cinema & TV Department 2015-2016

Managing communication, listing, schedule, design materials of TTAYT Cinema Conference, Documenting and assitting in preparation of lecture materials.

LANGUAGE



TECHNICAL



CERTIFICATES

Teacher Training Yoga and Mindfulness 2017-----
200 YTT Hatha Yoga, 80 H Yin Yoga, Skinner Release, Feldenkrais, Contact Movement

Erasmus + Long Term Trainer's Training 2022
"It's Up To Me 7", Erasmus + Training Course, NaturKultur E.V, Bremen (GER)

IELTS (Academic Knowledge) Band 7.0 2023

EDUCATION

Communication and Design, 2010-2014
Bilkent University,
Major, Ankara (TUR)

Graphic Design, 2012-2014
Bilkent University,
Minor, Ankara (TUR)

International Relations, 2008-2010
Bilkent University,
Major, internal transfer to COMD, Ankara (TUR)

Communication and Media Studies, 2013
Universidad Carlos III de Madrid,
Erasmus (SPA)

Cinema & TV, 2015
Kadir Has University,
Master, Dropped due to the academic instability in Turkey, Istanbul (TUR)

PORTFOLIO

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dilandibek.art

B.R.I.D.G.E, Training Course, September 2025
Weicherdange, Luxembourg

Facilitating an 8-day international youth exchange using folktales and storytelling to explore social inclusion, empathy, and intercultural understanding. Guiding participatory workshops and creative sessions that support young people in transforming folktales into contemporary narratives and digital campaigns. Coordinating reflection spaces and non-formal learning activities to enhance self-awareness, teamwork, and peer learning. Supporting national groups in developing and delivering their own folktale-based workshops.

ClimAbility, Training Course, December 2024
Antalya, Turkey

Coordinated the 7-day rock climbing program designed to enhance participants' physical and mental well-being through teamwork, trust-building, and confidence-strengthening activities. Oversaw daily flow and logistics, managed collaboration between trainers and participants, and ensured safe and effective use of climbing equipment. Hosted by Blue Sky in Geyikbayırı, one of Turkey's leading rock-climbing areas.

Humor is Serious Business, Training Course, October 2024
Dublin, Ireland

Designed and facilitated a multi-day programme using clowning, improvisation, physical theatre, and storytelling to develop participants' self-awareness, creativity, and collaborative skills. Led sessions such as "Clowning," "Intro to Performing," "Humour Hunt," and "Shadow Play," guiding participants through exercises that explored emotions, non-verbal communication, and play as tools for personal growth and community engagement. Structured debriefings to help participants connect their learning to their own youth and community work.

AI in The Job Market, Interactive Workshop, May 2024
Online, Italy

Designed and facilitated interactive online workshops on using artificial intelligence tools to research, analyse and respond to the job market. Guided participants in practical exercises on AI-assisted job search strategies, skills-gap analysis, and tailoring applications. Supported participants in critically evaluating AI outputs and integrating them into their career development plans.

It's Up To Me - 8th Edition, Long Term Training Course 2023
Bremen, Germany

Shadow Trainer in a one-year, long-term training course on developing effective trainers for youth work. Assisted a team of four experienced trainers while facilitating my own sessions on workshop design, authentic training styles, teamwork and responsibility. Supported participants in building facilitation skills, reflecting on their learning process, and applying non-formal education methods to their own youth work practice.

R.I.S.E Intercultural Competence Training, May 2023
Bremen, Germany

Supporting participants in exploring their own and others' cultural stereotypes and biases through guided reflection and group exercises. I assisted in designing and implementing educational activities for heterogeneous groups, fostering collaborative learning and effective intercultural teamwork. Throughout the training, I contributed to the exchange of best practices, helped expand professional networks, and encouraged the practical application of intercultural competence frameworks based on ETS trainer competence models.

An Information Art Initiative Bridging Cultural and Religious Communities in Turkey, Long Term Project, 2023
Istanbul, Turkey

Designed and facilitated Technical Workshops and Skill-Building Sessions as Storytelling Specialist, focusing on enhancing participants' technical competencies in digital design tools and storytelling methods. Guided artists through hands-on exercises and structured sessions that strengthened their ability to translate complex data into narrative forms, critically analyze their own artistic work, and apply data-driven insights creatively. Supported participants in developing independent problem-solving skills, technical confidence, and reflective practices, enabling them to integrate digital and analytical approaches effectively into their storytelling projects.

YOUTH PROJECTS

EU Youth Event, European Parliament by Public Sector Marketing Institute, 2023 Brussels, Belgium

Facilitated a large-scale youth event more than 200 participants at the European Parliament, organized by the Public Sector Marketing Institute. Guided discussions and interactive sessions focused on identifying key challenges faced by EU youth and collaboratively developing practical solutions. Supported participants in articulating their perspectives, fostering constructive dialogue, and connecting their ideas to policy-relevant contexts.

Be Mindful, Be the Change, Youth Exchange, 2022 Calalzo di Cadore, Italy

Writer and facilitator for a youth exchange project focused on the wellbeing of young people. Designed and led sessions that helped participants explore emotional regulation, self-care, and resilience, while co-creating practical tools and strategies to support personal and collective wellbeing. Guided reflective exercises and collaborative activities to strengthen participants' awareness, interpersonal skills, and capacity to apply learning in their own communities.

Digital Storytelling Training, Youth Refugee Support Program, 2021 Istanbul, Turkey

Facilitated a digital storytelling training for young refugees, focusing on sexual health awareness. Designed and led workshops that built participants' skills in storytelling and scriptwriting, guiding them to develop animated scripts centered on key sexual health topics. Supported hands-on exercises and collaborative sessions that encouraged creative expression, critical thinking, and peer feedback. Helped participants connect their narratives to broader social and personal contexts, culminating in professionally animated versions of their scripts produced by a partner studio.

MY TRAINING STYLE & TOOLS

My training style is mostly experiential, participatory, and movement-oriented, combining artistic expression, embodiment, and reflective practices to support holistic learning. I design sessions that integrate physical theatre, improvisation, clowning, storytelling, and performative practices with educational frameworks, creating safe and engaging environments where participants explore self-awareness, emotional regulation, and interpersonal dynamics. I emphasize co-creation and hands-on experimentation, enabling participants to translate abstract concepts such as intercultural competence, social wellbeing, or civic engagement, into practical, embodied experiences.

My approach is rooted in flexibility and responsiveness: I adapt exercises to the group's needs and context while maintaining a clear learning pathway. Reflection is a core component of my methodology; I structure debriefings, peer feedback, and guided discussions to help participants connect experiential learning to personal, social, and professional contexts. I also focus on community building and collaboration, fostering inclusive group dynamics that encourage empathy, active listening, and constructive dialogue.

I have developed a range of methods and materials:

Movement and Expression-Based Tools: Shadow play and performative storytelling that help participants explore emotions, creativity, and embodied communication.

Artistic and Creative Facilitation Tools: Techniques combining visual arts, digital media, and storytelling to allow participants to translate personal and collective experiences into narrative or performative outputs.

Intercultural and Reflective Frameworks: Guided reflection exercises, stereotype and bias exploration, and experiential learning frameworks for building intercultural competence and emotional intelligence.

Digital and Data-Driven Storytelling Tools: Digital design data analysis enabling participants to produce informed, socially engaged creative outputs such as animations or multimedia stories.

Wellbeing and Emotional Resilience Tools: Expressive Mindfulness method, self-regulation, and the development of coping strategies, often combined with artistic or embodied practices.

ART PROJECTS

Creativity Festival Artist Residency, 2025 Sintra, Portugal

Creative Community Manager for the festival, contributing to the development of a collaborative and supportive artistic environment. Responsibilities included coordinating participating artists, facilitating creative exchanges, and shaping the overall atmosphere of the event. Presented Mutant, a physical theatre performance exploring layers of identity through movement, shadow play and experimental sound. Developed the costume and light design, as well as the narrative structure and storytelling approach.

Beyond Music Art, 2025 Babadağ, Turkey

Participated in the Beyond Music Art festival in Babadağ, contributing to the creation of an experimental artistic playground where new techniques were tested, combined and transformed through collaborative practice. Developed and explored interdisciplinary methods in real time, engaging with artists from diverse backgrounds to shape an evolving, process-oriented creative environment

Performative Journey 2021- 2022 Antalya, Turkey

A 1 year project developed by MitOst (Germany), Culture Routes Society (Turkey), Tirana Ekspres (Albania) and Art Society Open Studio (Poland) in collaboration with Paths of Greece. The project's objective is to contribute to the sustainable management of the Via Eurasia led by civil society and promoting a diversity of cultural expressions. Throughout the year, field trips, participatory workshops, showcasing performances and creation of soundscapes in cultural heritage sites in the surroundings of Antalya, Thessaloniki, and Tirana as well as a final presentation to a wider audience took place in Berlin.

MetaCollective, Immersive Collective NFT Creations, 2021 Istanbul, Turkey

Contributed to Metacollective's curatorial and community-building work by organising a series of MXC Drop events aimed at expanding the visibility and accessibility of NFTs in Türkiye. Facilitated artist outreach, public information sessions on crypto-based art practices, and collective experimentation with blockchain income models. Supported the development and presentation of a group exhibition emerging from this process, bringing together participating artists and their NFT works.

ArTogether Project w/ MUDEM (RSC), 2018-2019 Istanbul, Turkey

Acted as both artist and facilitator in a cross-cultural, community-centered art initiative organized by MUDEM and RSC.

- Developed and led participatory workshops for refugee and local youth, fostering creative expression, dialogue, and collective storytelling.
- Conceived, co-created, and presented collaborative artworks that integrated visual art, performance, and social engagement.
- Supported community building and capacity development by mentoring emerging artists, coordinating group processes, and shaping the project's structural and aesthetic vision.

EXHIBITIONS

Threehouse NDSM "Exhibition of the Masks", Amsterdam, Netherlands, 2025 Maskin, Interactive Installation

WagStudio "A Collectiva Call from Nature" , Wageningen, Netherlands, 2023 Elemen, Video Installation

Feriye, Group Exhibiton, İstanbul, Turkey, 2022 Phases of Hands Collection, GIFart series

NFT Brooklyn, New York, USA, 2021 Face to Face Collection No.2, GIFart series

Omnea.XYZ, digital exhibition, 2021 ELECTROFACES NFTS

Maslak142, Istanbul, Turkey, 2022 SELFWALLOVE, GIFart