

CV

PERSONAL DATA



Iliia Toshkin – Freelance Artist, Educator, Curator & Researcher

Lyuben Karavelov Str. 5, 1142 Sofia, Bulgaria

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Sex Male | Date of birth 02.08.1989 | Citizenship Bulgarian

ARTISTIC EXPERIENCE

11.2025 **Images of Social Tension – Multimodal Object Installation**

Curator and Main Artist

Produced by the Integral Art Foundation, Supported by the National Culture Fund of Bulgaria & Toplocentrala Regional Centre for Contemporary Arts, Sofia, Bulgaria

www.artesintegrales.org, <https://www.facebook.com/profile.php?id=61580904405223>
<https://toplocentrala.en>, <https://ncf.bg/en>

08.2025 **Ancestral Future: Genesis – Psychedelic Sensory Installation**

Director, Performer

Produced by the Integral Art Foundation & Pyramid Festival, Rtanj, Republic of Serbia, Supported by the Mobility Program of Mobility Cultural Program of Sofia Capital Municipality, Sofia, Bulgaria

www.artesintegrales.org, www.pyramidfestival.com

08.2022 – 10.2025 **Forum for Civic Imagination – Safe Space for Artistic Research on Society**

Initiator, Curator & Co-Facilitator of the Sessions

Supported by the National Culture Fund of Bulgaria, Artistic Initiatives Program, as well as by Toplocentrala Regional Centre for Contemporary Arts in Sofia, Bulgaria

<https://ilia.vision/album/forum-for-civic-imagination/>, <https://toplocentrala.en>, <https://ncf.bg/en>

09.2019 **Invisible Space – an Interactive Solo Performance in Public Space**

Author and performer

For the event *Invisible Cities – Samples on Art in Public Space*, hosted by Plovdiv 2020 – European Capital of Culture, Studio Dauhaus and eXAF

<https://ilia.vision/album/an-invisible-space/>, <https://exaf.org>

05.2015-07.2018 **Non-Formal Artistic Group Panopticum - www.facebook.com/panopticum.art**

Curator, facilitator and performer in different immersive installations. Most important projects:

- 04.2015 – Tripoteca Psychedelic Film Itinerary Festival @ Transformatori, Sofia – Hosting of the visit
- 07.2015 – The Clockwork Snail @ WAHA Festival 2015, Romania – Labyrinth-Installation.
- 10.2015-04.2016 – Visiting the Self @ Private Apartment Sofia, Bulgaria – Labyrinth-Installation.
- 07.2016 – A Living Forest @ WAHA Festival 2016, Romania – Labyrinth-Installation.

05.2012-07.2015 **Sensory Theatre Sofia - <http://sensorytheatresofia.com/>**

Interdisciplinary artistic collaboration in Labyrinth-installation productions. Projects:

- 11-12.2012 – TechnoMagica @ National Polytechnical Museum, Sofia, Bulgaria.
- 11-12.2013 – Terminal Eternity @ BulgariaMall, Sofia, Bulgaria.
- 05-07.2014 – A Travel in The Multiverse (Labyrinth Theatre for Children) @ BulgariaMall, Sofia
- 11-12.2014 – The Institute of Silence Research @ Vertigo Business Tower, Sofia

WORKSHOPS LED

- 08.2022-09.2025 Monthly Facilitation of the Free Sessions of the Forum for Civic Imagination, with Dr. Vyara Granitska, Dr. Radost Minina, Petko Milakov, Diana Antonieva, and other co-facilitators
- 07.2024 Images of the Self II – Self-Exploratory modelling of Clay Gestalts @ WakeUp Festival, Kuklen Village, with D. Antonieva
- 07.2023 Images of the Self - Self-Exploratory modelling of Clay Gestalts @ WakeUp Festival, Kuklen Village, with D. Antonieva
- 09.2023 Experiencing Nature as an Object of Human Actions @ Seminar on Environmental Consciousness, Europe in your Hand Foundation, Uzana locality, with Diana Antonieva
- 11.2023 Personality Archetypes of the Facilitator @ Youth Worker - The Modern Profession, STEM Center Sofia, Bulgaria
Europe in your Hand Foundation, with Diana Antonieva and Petko Milakov
- 08.2022 Sculpting the Internal Trickster – A Workshop for Exploration of the Internal Trickster Archetype, Featuring the Masked Character Karakondjul @ Beglika fest, Rhodope Mountains
- 06.2018 Poetics of the Senses for Students of Applied Theatre @ HKS Ottersberg, Lower Saxony, Germany
- 08.2015 Sensory Metamorphoses @ Transfiguration Festival, Dolen village, with Gabriela Petrova & Sasha Hadjieva

CONTRACT TEACHING & TRAINING ENGAGEMENTS

- 05.2017–11.2021 **Communication and Teamwork Trainer**
STOA Ltd., ul. "Ivan Borimechkata" 3A, Sofia, Bulgaria, www.stoa.net
- 09.2012–06.2016 **Theatre Teacher & Teacher in German as a Foreign Language**
Private Waldorf School „Prof. Nikolay Raynov”, Sofia, Bulgaria, <http://www.waldorf.bg/>
Friedrich Schiller Association, Sofia, Bulgaria, <http://www.schillerbg.org/>
Private School Evrostar, Sofia, Bulgaria

EDUCATIONAL BACKGROUND

- 01.10.2015–30.07.2017 **MA in Art Therapy** EQF Niveau 7
National Academy of Art, ul. Shipka 1, Sofia, Bulgaria
<https://www.nha.bg/>
- 01.10.2015–30.07.2017 **MA in Artistic Psychosocial Practices** EQF Niveau 7
The Red House Centre for Culture and Debate, ul. L. Karavelov 15, Sofia, Bulgaria
<http://www.redhouse-sofia.org/>, <http://www.nbu.bg/>
- 01.10.2010–10.04.2014 **BA in German Studies** EQF Niveau 6
New Bulgarian University, Bul. Montevideo 21, Sofia, Bulgaria
<http://www.nbu.bg/>
- 01.10.2011–30.07.2015 **BA in Philosophy** EQF Niveau 6
New Bulgarian University, Bul. Montevideo 21, Sofia, Bulgaria
<http://www.nbu.bg/>

LEADERSHIP ROLES & ENTREPRENEURSHIP

- 09.2024 - present **The Integral Art Foundation**
Founder and Manager
Mission of the Foundation: To create innovative forms of art and culture that develop the worldview of the human being, dedicated to live human interaction and located beyond the genre boundaries.
www.artesintegrales.org

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OTHER EDUCATIONAL BACKGROUND

10.2022	SPICY International Project for immersive theatre, Jagadamba Foundation, Sofia, Bulgaria / Barcelona, Spain
09.2020	Summer Academy for Sensory Theatre, Theatre of the Senses Sofia, Hotnitsa Village
07.2018	Workshop in Poetics of the Senses with Enrique Vargas, Teatro de los Sentidos, Barcelona
02.2015-07.2015	Expressive Potentials of Special States of Consciousness in Theatre under guidance of Dr. Valeriy Parlikov, Theatre Atelier Via Negativa, Sofia
09.2013	Training in the Methods of Labyrinth Sensory Theatre with Iwan Brioc, Gura Portitei, Romania
09.2008-07.2010	Acting Program for Continuing Education under guidance of Prof. E. Volitzer, New Bulgarian University

LANGUAGE SKILLS

Mother Language Bulgarian

Other Languages

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken Interaction	Spoken Production	
German	C2	C2	C1	C1	C1
English	C2	C2	C1	C1	C1
Spanish	B1	B2	B1	B1	B1
Swedish	B1	C1	B1	A2	A2
Russian	B1	B2	B1	B1	A2
Serbian	A2	B1	A2	A2	A1

COMPLEMENTARY INFORMATION

Publications Toshkin, I., Minina, R. (2025). The Creative Process as A Starting Point for Developing an Educational Methodology in Philosophy through the Psychodrama Method. Sociological Problems, 57(1), 38-52.

Scholarships & Internships

- Holder of HESP Academic scholarship, New Bulgarian University, 2010-2014
- Scholarship holder of the Ministry of Education and Science of Bulgaria, 2015
- Erasmus Internship at Stockholm University, BA Pshilosophy, 2014
- Erasmus Internship at HKS Ottersberg, Theatre and Arts in Social Contexts, 2016-2017

Other qualifications

- 1st Dan in Shotokan Karate (Black Belt)
- Certified Snowboard Instructor, 'B' Category

Driver License 'B' Category