



Mariia Herashchenko

Facilitator, Trainer

Vinnytsia, Ukraine

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↪ [facebook account](#),
[instagram](#)

Skills

Ability to Work in a Team

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Leadership Skills

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Communication Skills

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Communication and
Presentation

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Facilitating Learning
Experiences

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Experiential Learning

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Communication
meaningfully with others

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Hobbies

Physical theatre, dancing,
camping, family travelling,
healthy life-style, people

Languages

English

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Ukrainian

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German

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Profile

I am a trainer of Erasmus plus and European Solidarity Corps programmes, facilitator of international mobility projects, a youth worker in my local community and a teacher.

Facilitating groups is the piece of artwork and it takes patience and kindness to create magic unless you bring passion to your youth exchanges and trainings, which is half work done. I am passionate to work with people, create spaces for them to open up and plant new seeds for a change in their life and the life of those they work with. I am respectful, flexible, creative kind of person. Each mobility activity can't go without movement or creativity if I am there. Learning by doing in a safer space is my motto.

Theatre, dancing, video-making, communication and leading events are my passion and an inseparable part of creative living. I have a yearning for psychology, leadership and writing. Therefore, I am always developing myself in these 3 important categories.

Employment History

EVS coordinator, supervisor of ESC volunteers, a youth worker, international mobility coordinator, trainer and facilitator, NGO "Development Center Pangeya Ultima", Vinnytsia

February 2012

I have been working in NGO "Development Center Pangeya Ultima" since its creation, coordinating EVS and later ESC volunteers, supervising mentoring volunteers. I have been writing projects within Erasmus plus mostly on social theatre and creativity and facilitated the youth exchanges and training courses as well as teaching the other youth workers and youth leaders how to design and implement the project activities. I have been involved in numerous events, youth exchanges within our project in ECO-CENTER Stina (<https://stina.pangeya.org.ua/selo-stina>), leading experiential learning processes and promoting non-formal education, working with rural youth.

In frames of the NGO activities I have conducted a big amount of Outdoor Self-Development Camps for adults, families and kids. I have led training courses for local youth workers and teachers on How to use Forum Theatre to address Social issues, on the holistic approach of the non-formal learning, showing potential of the learning through body and how we can use non-verbal and movement communication to improve youth work in our city. As well I was leading training courses on leadership and cultural management for the

representatives of rural communities in times of limited resources of the villages and how to write applications to raise funds, Led the youth camps on human rights.

Have realized and facilitated International mobility projects:

- theatre youth exchange of 40 participants "Movers and Shakers" in Ireland - <https://www.youtube.com/@moversandshakerstheatre4786>;
- youth exchange "Imaginarium" of 40 participants in Georgia, Kobuleti - <https://www.youtube.com/watch?v=bQhbL6zAwfs>;
- training course - "Move4Wellbeing" in the Netherlands - <https://www.salto-youth.net/tools/european-training-calendar/training/move-4-wellbeing>
- #developTogether

Teacher of English, English School "MaryLand", Vinnytsia

March 2016 — Present

I have been teaching English since 2008 and I opened my own private school in 2016. Have had experience leading group classes to prepare for External Testing, CEA exams, IELTS, TOEFL.

Have been leading classes for teenagers, for kids, adults of different levels. Organized English Camps for families and students,

Leader of Amateur Theatre, NGO "Development Center Pangeya Ultima", Vinnytsia

March 2016 — Present

Established English Amateur Theatre "Movers and Shakers" on the basis of NGO. This is a social theatre for youth and adults from Vinnytsia who can gain acting skills, get to know the concept of Theatre of the Oppressed, participate in International theatre activities and youth exchanges. We elaborate plays and performances that raise issues of modern youth and our society and bring a message to our audience for a better change.

Physical theatre, improvisation, Forum theatre, Contact improvisation and other methods are used in the work of our theatre.

Education

Master's Degree, Vinnytsia State Pedagogical Mykhailo Kotsiubynsky University, Vinnytsia

September 2009 — June 2013

Graduated from Vinnytsia State Pedagogical Mykhailo Kotsiubynsky University as a teacher of English, German and World Literature

First Degree, Institute of Art and Gestalt Therapy, Dnipro

October 2023 — Present

Currently undergoing the studying to become a gestalt therapist.

Courses

**Training or Trainers (2022-2023) of Erasmus plus and ESC, SALTO
Training and Cooperation (SALTO Resource Centre)**

September 2022 — July 2023

**YOCOMO (Training or Trainers), Agency of Youth Affairs/ SALTO Training
and Cooperation (SALTO Resource Centre)**

October 2023 — April 2024

TC "Once upon a time in Europe", Kreisau-Initiative e.V. (Youth NGO)

August 2022 — August 2022

Extra-curricular activities

**Member of Learning Community , Salto-Youth Eastern Partnership
countries and the Caucasus, Warsaw**

December 2022 — Present