



PERSONAL INFORMATION

Name/Surname: Isaicul Alexandra

 Decebal 61, Chisinau, Republic of Moldova

 +37360963838

 Isaicul95@gmail.com

<https://www.facebook.com/lexandra.isaicul>

Date of birth 13/09/1995 | **Nationality** moldovan

WORK EXPERIENCE

Project coordinator

“MilleniuM” Training and Development Institute
01/01/2017 – Current Chisinau, Moldova

Psychologist in the "Safe Space mobile team" with the support of UNFPA Moldova

“MilleniuM” Training and Development Institute
01/01/2023 – Current Chisinau, Moldova

- Organizing group counseling sessions with refugees who are living now in Moldova;
- Organizing art therapy sessions with refugee young people and caregivers;
- Organizing non-formal sessions for emotional wellbeing and stress relief for refugees who are living in Moldova;

Coordinator of the "Educational Youth Centre" with the support of Catholic Relief Service

“MilleniuM” Training and Development Institute
01/10/2022 – Current Chisinau, Moldova

Coordinator of the "Safe Space mobile team" with the support of UNFPA Moldova

“MilleniuM” Training and Development Institute
01/08/2022 – Current Chisinau, Moldova

Initiator and coordinator of the summer camp for 50 young refugees and 50 Moldovan children with the support of Secours Populaire Francais

“MilleniuM” Training and Development Institute
01/08/2022 – 30/08/2022 – Chisinau, Moldova

Assistant lecturer in university, teaching "Information and Communication Technologies in Education

Institute of Educational Sciences
09/2021 – 12/2022 Chisinau, Moldova

European Solidarity Corps external accreditor

Foundation for the Development of the Education System
03/2021 - 31/03/2023

Coordinator of the project “Developing employability skills through peer-to-peer learning for young people in Moldova EMPLO(YOU!)TH” financed by Eu4Youth phase III Youth Employment and Entrepreneurship

“MilleniuM” Training and Development Institute
01/03/2021 – 30/12/2021 – Chisinau, Moldova

Coordinator of the project „Promoting quality of Nonformal Education in the Republic of Moldova”, implemented annually by MilleniumM

“MilleniumM” Training and Development Institute

01/04/2019 – 30/12/2021 – Chisinau, Moldova

Coordinator of Erasmus+ KA2 Pjoeect „Eastern Partnership Youth Workers academy” financed by Erasmus+Youth

“MilleniumM” Training and Development Institute

01/02/2021 – 30/03/2023 – Chisinau, Moldova

Coordinator of „Info Centre in Moldova for Erasmus+ Youth and European Solidarity Corprs”, managed with the support of SALTO EECA

“MilleniumM” Training and Development Institute

01/01/2018 – Current, Chisinau, Moldova

TRAINER EXPERIENCE

Peace Corps Moldova

Trainer in the 1st and 2nd edition of the "Volunteer Management Capacity Development Program" that aim to develop competencies of volunteer coordinators in volunteering management

2021 – 04/2023, Chisinau, Moldova

Trainer

"MilleniumM" Training and Development Institute

- 2020-2022 - Trainer in the "Long-term Training of Trainers" in the Republic of Moldova organized manually by MilleniumM Institute;
- 04/2022-09/2022 - Trainer in the „National Training Course in Human Rights in Republic of Moldova” for teachers and youth workers;
- 07/2021-12/2021 -Trainer “Promoting youth policies at the local level” in Cricova and Ciorescu villages;
- 07/2020-11/2020-Trainer “Developing employability skills throughout peer to peer learning for young people in Moldova EMPLO(YOU!)TH”;
- 04/2021-09/2021 - Trainer in the „National Training Course in Human Rights in Republic of Moldova” for teachers and youth workers;
- 06/2020-10/2020 - Trainer in the „National Training Course in Human Rights in Republic of Moldova” for teachers and youth workers;

EDUCATION AND TRAINING

Trainer for European Erasmus+: Youth in Action Projects

SALTO Training and Cooperation

2021 – 2022

Trainer in the field of social rights

Youth Department of the Council of Europe

2021 – 2022

BA Forensic Psychology, Faculty of Psychology and Sciences Education

State University of Moldova

2017 – 2019

PUBLICATIONS

VOLUNTEER MANAGEMENT. A practical Guide for local volunteer coordinators

2022

Link: <https://cutt.ly/94qBN1d%20%20>

Description: This publication in Romanian will be useful to all organizations interested in initiating or improving their volunteer programs. The guide contains simple steps that need to be taken at each stage of volunteer program development: Planning, Recruitment, Orientation and Training, Management and Evaluation.

PRACTICE GUIDE. Peer to peer education in career guidance

2021

Link: <https://cutt.ly/T4qBVJA%20>

Description: The guide serves as a comprehensive and integrative training and workshop organization guide for peer educators who will work with young people aged 14 to 25 to provide information and guidance for the labor market, support young people in finding a job by developing their skills.

PERSONAL SKILLS

Mother tongue(s) Romanian

Foreign languages	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
Russian	B2	B2	B2	B2	B1
English	B1	B2	B2	B2	B2

Communication skills

- Due to the variety of people I have interacted with as a volunteer coordinator and project coordinator, I have developed the skill of assertive and empathetic communication with a wide range of people of different ages, showing interest and listening attentively to their needs.
- Excellent verbal communication skills developed over six years of youth work, which have helped me in delivering training sessions and information sessions both in front of live audiences and in online environments.
- Good writing skills gained through my experience in writing projects and narrative reports.
- Emotional intelligence developed through understanding and managing emotions, allowing me to communicate effectively with colleagues and beneficiaries, avoid stress, overcome challenges, and empathize with others.

Managerial skills

- Good time management skills developed through work experience, demonstrated by completing tasks within set deadlines and under urgent conditions;

- Analytical thinking skills developed during years of university education and especially as a trainer and volunteer coordinator;
- Ability to develop and facilitate training courses in the fields of Human Rights, Project Management, Guidance and Career Orientation, Erasmus+ Youth and European Solidarity Corps;
- High level of resistance to work under stressful conditions developed through experience of being overwhelmed at work and completing tasks within short deadlines;
- Perseverance developed since adolescence through putting extra effort into achieving personal goals and desire for continuous professional growth;
- Team spirit - ability developed during the six years of working with a team within the organization, as well as with multiple partners to achieve established goals;