

ANNA-LIISU ARUKASK

INTERNATIONAL TRAINER & PROJECT COORDINATOR



Training &
Facilitation



International
Projects



Learning
Design



Stakeholder
Engagement



Community
Building



PROFESSIONAL PROFILE

International project coordinator and facilitator with 7+ years of experience designing, coordinating and delivering Erasmus+ projects, international training courses and learning experiences across multicultural environments. Experienced in project management, stakeholder engagement, facilitation, learning design and process improvement.

My main areas of expertise include mental health and well-being, connection with nature, soft skills development, entrepreneurship, gamification and non-formal education.

Passionate about creating meaningful learning spaces where participation, inclusion and community building drive sustainable impact.

Completed a 12-month European Solidarity Corps volunteering programme and participated in the Erasmus for Young Entrepreneurs programme, giving me first-hand experience of European mobility, international cooperation and lifelong learning.

AT A GLANCE



International
projects across
Europe



Facilitation &
multicultural
learning



Mental health &
well-being
education



Community
building &
participation



Learning design &
training delivery



PROFESSIONAL EXPERIENCE

Business Operations & Internal Coordinator | SimBim

2025 – 2026

- Coordinated daily business operations and administrative processes.
- Managed invoicing, expense categorisation and financial records using FreeAgent.
- Maintained CRM systems, documentation and operational workflows.
- Supported stakeholder communication and scheduling.

English Teacher | English Connection Nou Barris

Sep 2025 – Dec 2025

- Delivered English training from A1–C1 levels to children, teenagers and adults.
- Designed and adapted lessons for diverse cultural backgrounds, mixed age groups and special educational needs.
- Maintained learner records and monitored progress.

International Project Coordinator & Trainer | La Vïbria Intercultural

2022 – 2024

- Coordinated 9 Erasmus+ projects involving 200+ participants across Europe.
- Managed applications, budgets, logistics, implementation and final reporting.
- Facilitated workshops and training courses on mental health, entrepreneurship, soft skills, gamification, nature connection and inclusion.
- Coordinated international partners, mobilities and stakeholder communication.

Project Support & Facilitator | Shokkin Group Estonia

2019 – 2022

- Supported Erasmus+ projects, project writing and international mobility activities.
- Coordinated workshops, logistics and participant communication.
- Collaborated with international teams and partners across Europe.

History, Civics & Human Studies Teacher | Tabasalu School

2018 – 2022

- Taught History, Civics and Human Studies to students aged 11–19.
- Covered media literacy, financial literacy, psychology, social skills and civic education.
- Worked in inclusive classrooms including students with special educational needs.
- Designed educational programmes and learning materials.



EDUCATION & PROGRAMMES

Tallinn University
Master's Degree
(Thesis in Pedagogy)

General Education
Side subjects: History, Civics and
Psychology
2018 – Present

Tallinn University
Bachelor's Degree

Pedagogy
Side subjects: History, Civics and
Psychology



CORE COMPETENCIES

- Facilitation & Group Dynamics
- Learning Design
- Project Coordination
- Stakeholder Engagement
- Mental Health & Well-being
- Entrepreneurship Education
- Gamification
- Conflict Management
- Intercultural Communication
- Youth Participation & Inclusion
- Erasmus+ & ESC Programmes



ADDITIONAL INFORMATION

- Based in Barcelona, Spain
- Open to local and international opportunities
- Passionate about education, mental health, nature connection, youth empowerment and community building



CONTACT



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LANGUAGES

Estonian (Native)

English (C2)

Spanish (B2)

Catalan (A2)

Russian (A1)

DIGITAL TOOLS

Microsoft Office • Excel

Google Workspace • FreeAgent

Canva • Zoom • Miro

KEY ACHIEVEMENTS



9 Erasmus+ projects
coordinated



250+
international participants
coordinated and supported



12+
international training
courses facilitated



5 validated trainer
references on
SALTO TOY



5 international youth
exchanges participated



INTERNATIONAL TRAINING COURSES (PARTICIPANT)

- LEAD – Leadership, empowerment and action
- Leading Ladder
- Step Your Impulse
- Breakout
- Entrepreneurship Education
- Healthy Relationships

All trainings above were Erasmus+ training courses (as participant).

“ I believe learning happens when people feel safe to participate, reflect and discover together.”