



WORK EXPERIENCE

Trainer/ Facilitator

EU/ NFE based (youth) projects **2014 - now**

Member of the pool of trainers of Lithuanian NA 02/2021 - now (more about spcific experience in further pages)

> EEA grants assesor Active Citizens Fund for Lithuania 01/03/2020 - now

Board member Stichting The Youth Company 01/09/2014 - 01/07/2022

Camp Chief/ Team Manager "Lietuvos Atgaja" summer camps for kids and youth 2007 - 2014 (2 weeks per summer)

> EVS project manager NGO "Actio Catholica Patria" 01/09/2009 - 01/04/2012

Project Manager "Lietuvos Atgaja" headquarters 01/02 - 01/07/2007

PROFESSIONAL VALUES

Collaboration

I thrive working and funcioning together hand in hand with comrades, sharing struggles and glory. I prefer to see myself as "We" rather than an "I".

Solidarity

Through personal and collective reflection on power, privilege and joining forces to create sustainable social change.

Safer space/ support

That is built through trust, empathy and sensitivity towards each other (part of reproduction) that helps me and others thrive.

Transparency/ openness

About the process, ones feelings, structures and functioning.

People are more important than opinions

In the time when opinions are glorified I try to put the focus on people and their unique experiences first.

Learning process is key

Everything can be (transformed into) a learning opportunity.

EDUCATION/ LEARNING

SALTO Training of Trainers 22/23

09/2022 - 06/2023; Budapest (Hungary), Königswinter (Germany), Vilnius (Lithuania), Cascais (Portugal) & online

Youth Worker's Job Shadowing 07/12/2012 - 22/05/2013; IYNF (Czech Republic)

"Get Started" training course (for YE org.) 3 - 11/03/2012; Glucksburgh (Germany)

SOHO (for sending/ hosting organisations) 18 - 22/11/2009; Narbonne (France)

Educology - Social Pedagogics 2005 - 2008, Vilnius Univesity of Applied Sciences

Languages: Lithuanian - mother tongue English - fluent

Russian – basics

B category European drivers licence and a car.

VOLUNTARY/ CIVIC EXPERIENCE

WE ARE PROPAGANDA collective member

counter culture collective, organising underground culture events for queer community. My main roles – awarness team management, decorative production and support hosting.

2021 - now; facebook.com/propagandaweare

SAPFOFEST collective member

A queer feminist collective organising cultural festival for local queer community around topics of activism/ community/ arts/local realities and support systems. **2017 - now; <u>sapfofest.lt</u>**

Gender Wrongs collective member

A local LBT feminist sports club, creating safe space to socialise through sports, fundraising through DIY queer parties and cultural events.

2014 - 2019; facebook.com/GENDER.WRONGS

Work Group on Youth Work member European Youth Forum (EYJ)

2013 - 2014

EVS volunteer

International Youth Nature Friends (IYNF) 01/06/2013 - 01/03/2014

Kid's groups leader at summer camps

2006 - 2009; "Lietuvos Atgaja" (2 weeks every summer).
2003 - 2008; PKA catholic camps (2 weeks every summer).

A full list of learning programmes where I was a Non-Formal Education Trainer/ facilitator, also responsible for programme design and quality (in descending order):

PROGRAMME NAME	TYPE/ MAIN TOPICS	PRACTICAL DETAILS
E+ youth: annual meeting of accredited organisations	meeting for organisations holding E+ youth accreditation in Lithuania/ Building the community of practice and a culture of supporting each other, learning new trends and exchanging best practices.	Vilnius, Lithuania 4/06/2025 organised by: JRA
DiscoverEU inclusive travel: from idea to project	training for organisations working with fewer opportunities youth in Lithuania/ developing a successful DiscoverEU inclusion action project via learning about the main concepts of the application, guided application writting.	Vilnius, Lithuania 12–14/02/2025 organised by: JRA
ESC annual community meeting	meeting for ESC organisations in Lithuania/ Getting to know the results of the ESC implementation in Lithuania, learning new trends (exploring Solidarity aspect of local practice), sharing best practices and challenges.	Vilnius, Lithuania 12-14/02/2025 organised by: JRA
#COREVALUES	qualification programme for teachers - HR module/ Introduction toHuman Rights, getting to know the legal side and the "human" side of huma rights, exploring topics of gender equality, migration and LGBTQI+ rights - tools for classes.	Lithuania, 2024/02 - 2024/03/01 4 hour residential + 4 hour online sessions x 10 groups organised by: SMK (Soclianių mokslų kolegija)
TEC FORUM 2024 & 2025	international forum for trainers and NA/ Salto/ EC officers working with ESC training cycle/ strengthening TEC community, analysing training tredns and practices througout Europe through the lense of civic enagement.	Weimar, Germany 31/09-03/10/2024; Birštonas, Lithiania 15-19/09/2025 organised by: SALTO ESC, several NA's.
Mission Possible: traveling with disabilities	seminar for organisations working with youth with special needs/ Introduction to E+/ ESC possibilities for inclusion of youth with disabilities, Discover EU inclusion action, possiblities for extra support and extra funding.	Kaunas, Lithuania 24/05/2024 organised by: JRA
Working with Queer Youth	training cource for youth workers/ broadening an understanding of queer youth experiences, queer theories and their relation to youth work, collaboration of youth work and grassroots communities, needs based practice building.	Vilnius, Lithuania 16-21/05/2023 organised by: SALTO & JRA
Quality Label for local organisations	training cource for ESC project managers/ reflection of ESC project cycle and organisational roles in it, structure and requirements for a quality ESC voluneer management, planning a quality structure within each organisations.	Kaunas, Lithuania 18-19/04/2023 organised by: JRA
Be Hate Free	4 hour seminar for Lithuanian youth workers/ introduction to hate speach, buildng and understanding of the hate speach targets and levels of its occurance, reflecting on youth work practices and how fate speach prevention could be included.	Lithuania 27/10, 9/06 & 24/05/2022 organised by: JRA & LCHR

PROGRAMME NAME	TYPE/ MAIN TOPICS	PRACTICAL DETAILS
Keep It Real! (organised annually)	training course for youth workers and youth/ developing a successful Youth Exchange project via application writing in collaboration with youth and partners.	Vilnius, Lithuania 26-31/08/2024; 3-8/09/2023; 5- 9/09/2022 & Online 8-12/09/ 2021 organised by: JRA
Trenksmas (organised annually from 2021–2024)	creative writing camp for queer youth/ group building, creating safer space together, developing writing skills through reflection of personal experiences and how are they reflected in the society, creating a public event together.	Kaunas, Lithuania 16–21/08/2022 & 19–22/08/2021 organised by: Kaunas Artists House
Social Justice & Education	Seminar for teachers of "Renkuosi Mokyti"/ basic concepts of social justice and how injustice can be experienced in educational systems, Paulo Freire's approach to inclusive teaching and how it could be implemented in each teacher's practice.	Lithuania 5/07/2022 & 25/02/2022 organised by: MTC
On-arrival for short term ESC	training for ESC volunteers with fewer opportunities/ getting to know each other and the environment of the ESC project, the team of the project, planning one's own learning and preapring for the project.	Antalieptė, Lithuania 6-8/04/2022 & 25-28/10/2021 organised by: Inovatorių slėnis
Media Literacy in schools (a series workshops)	online 6 hour workshops for 12–16 year olds/ introduction to overall risks online (personally and on a societal levels), desinformation, critical thinking while online, learning to be more vigilant while online.	online, Lithuania 18-26/01/2022 organised by: Media4Change
Litarature for Diversity	introductionary training cource for teachers/ introduction to Human Rights - basic concepts, main topics in Lithuania, how it affects the society, youth, and us personally, how literature can support our critical thinking and anti-bias training.	Vilnius, Lithuania 5-6/01/2022 organised by: MTC
Be Hate Free	residential training for Lithuanian youth workers/ introduction to hate speach, buildng and understanding of the hate speach targets and levels of its occurance, reflecting on youth work practices and how fate speach prevention could be included.	Antalieptė, Lithuania 21–22/12/2021 organised by: LCHR
Reflections of citizenship: from theory to change	qualification programme for teachers/ introduction to Human Rights, documentary film methodology, esperienced based learning and reflection on personal biases, media litearacy and how it all can be applied in classrooms for civic education and learning.	Vilnius, Lithuania 06/2021 - 11/2021 (36h residential & 4h online x 3 groups) organised by: MTC & LCHR
European Youth Week	online training for youth on green course/ introduction to environmental issues, possible solutions and what's the EU plan, reflection on personal and communal practices, what change is needed, preparation for the youth information event.	online, Lithuania 22-23/05/2021 & 26/05/2021 organised by: JRA

PROGRAMME NAME	TYPE/ MAIN TOPICS	PRACTICAL DETAILS
Training	on-arrival and mid-term trainings for ESC volunteers/	Lithuania
Evaluation	planning and preparing for a successful learning	from 2021
Cycle	during ESC project, integration, planning personal	5 days on-arrival;
(2–5 trainings	projects, evaluation and personal achievement	5 days mid-term.
annually)	assesment in ESC projects, youthpass and personal	organised by: JRA
	development, reintegration.	
Inconvenient	a series of 3 hour activities for schools/	online, Lithuania
Films: HR in	sex education, environmental rights, hate speech,	8-16/10/2020
classrooms	inclusion and different identities, migration and	organised by:
	refugees, disability, bullying and children rights,	Inconvetient Film
	gender.	
Inside Out	long-term learning programme/	Netherlands,
	social justice in identity development of young people	Lithuania;
	within youth work structures, personal developmet,	03/2020 - 11/2020
	building organisational competences.	Organised by: The
		Youth Company
		////////
NTCHRE	compass training for peer educators, youth workers/	Antalieptė, Lithuania;
	human rights, human rights education principles and	9-14/07/2019
	how they are applied to specific topics, usage of	Organised by: NSII in
	COMPASS, local HR issues analysis, ways/ approaches	cooperation with CoE
	to address them, action planning and local support	
	systems.	
Queer Focus	long-term learning programme/	Germany,
	queer-feminist modes of production and reproduction	Netherlands,
	within filmmaking and how these methodologies can	Spain;
	be applied in youth work, grassroots self-organisation,	05/2019 - 11/2019
	artistic activism.	Organised by: The
	artistic activism.	Youth Company
		rouni company
Stav Human!	long-term learning programme/	Accross EU;
(4 editions)	human rights, use of human rights education for	4th: 11/2019 - 03/2020
(i ournond)	societal change, intercultural learning, LGBT+/	3rd: 02/2018 - 09/2018
	children/ migrants/ rights, gender based violence,	2nd: 03/2017 - 10/2017
	gentrification, hate speech.	lst: 04/2016 - 08/2016
		Organised by: The Youth
		Company
ImpACT+	series of 3 residencial and 4 on-line training courses/	Netherlands, Ireland,
(blended	peer-based participatory research methodology and	Portugal & online;
, mobilities within	process from A to Z, non-hierarchical group work,	11/2017 - 09/2018
KA2)	support system, reflection on personal learning	Organised by: The
	processes.	Youth Company
Keeping	training course/	Holten, Netherlands;
Democracy	democracy and it's principles, critical analysis of	25/09 - 02/10/2017
Alive	current political/ democratic systems and youth's role	Organised by: The
	in them (tokenism), role of youth councils and	Youth Company
	resistance possibilites, ways to be active and to	
	initiate change (action planning).	
Big Questions	long term logining & nersonal development programs (Accross EU
Big Questions	long-term learning & personal development programme/	
of Life	personal reflection on own identity through 5 topics -	2nd: 02/2017 -
(2 editions)	decision making, direction, courage, connection, my	06/2017
	place in the world; also peer education (how to talk	1st: 09/2015 - 03/2016
	about difficult questions with peers?).	Organised by: The Youth
		Company
	2025 Vika Matuzaitė	page 4

TYPE/ MAIN TOPICS	PRACTICAL DETAILS
long-term leadership education programme/ decunstuction of understanding of leadership, reflection on own identity/ character/ strecnghts & weaknesses and how all this can be used for your style of leadership and creating civic change.	Accross EU; 2nd: 08/2016 - 11/2016 1st: 07/2015 -11/2015 Organised by: The Youth Company
residetial seminar/ networking among European Voluntary Service organisations, building up an international support network, setting new standard of quality volunary projects and support systems.	Genoa, Italy; 14 – 21/09/2014 Organised by: Associazione Joint
youth workcamp/ sustainable eco living practices, self-organisation, community building and setting up self-efficient support systems through the way of council.	Bromback, Germany; 16-30/08/2014 Organised by: IYNF with NFJ-FFM
youth exchange/ analysis of local issues that youth cares about, local youth activism, group based actions, importance of the role of youth in different realities and how it can be changed.	Enschede, The Netherlands; 05 - 13/07/2014 Organised by: Stagefever
training course/ youth work practices across Europe, talent develompent approach within youth work, TD application in the Netherlands (study visist), analysis of possible applications in other youth work structures.	YMCA De Glind, The Netherlands; 18 - 25/05/2014 Organised by: Stagefever
planning weekend & network capacity building/ theory and practices of change (-making), how those can be applied within the network and in what contexts/ for which purposes. Strategic planning of the coming year.	Grafhorn, Germany; 20 - 24/11/2013 Organised by: IYNF
networking conference & evaluate the activities/ reflection on the activities and general work of the environmental youth activist network, wellbeing of it's members, setting up a better support structure for the coming years.	Rajecke Teplice, Slovakia; 22-26/05/2013 Organised by: IYNF
training course for civc activists and community organisers/ personal reflection on own's activist practices and wellbeing, exploration of own's abilities, short-comings and how those can used in furthering own's work.	Grafhorn, Germany; 13 - 21/04/2013 Organised by: IYNF
study session/ analysis of the human rights violations and environmental field violations, how they intersect and influence each other, examples from different activists accross Europe, how activists from those fiends can and should collaborate (preparation of guidelines).	EYC Budapest, Hungary; 24/02 - 02/03/2013 Organised by: IYNF in cooperation CoE
	<pre>long-term leadership education programme/ decunstuction of understanding of leadership, reflection on own identity/ character/ streenghts & weaknesses and how all this can be used for your style of leadership and creating civic change.</pre> residetial seminar/ networking among European Voluntary Service organisations, building up an international support network, setting new standard of quality volunary projects and support systems. youth workcamp/ sustainable eco living practices, self-organisation, community building and setting up self-efficient support systems through the way of council. youth exchange/ analysis of local issues that youth cares about, local youth activism, group based actions, importance of the role of youth in different realities and how it can be changed. training course/ youth work practices across Europe, talent development approach within youth work, TD application in the Netherlands (study visist), analysis of possible applications in other youth work structures. planning weekend & network capacity building/ theory and practices of change (-making), how those can be applied within the network and in what contexts/ for which purposes. Strategic planning of the coming year. networking conference & evaluate the activities/ reflection on the activities and general work of the environmental youth activist network, wellbeing of it's members, setting up a better support structure for the coming years. training course for civc activists and community organisers/ personal reflection on own's activist practices and wellbeing, exploration of own's abilities, short-comings and how those can used in furthering own's work. study session/ analysis of the human rights violations and environmental field violations, how they intersect and influence each other, examples from different activists accross Europe, how activists from those fiends can and should collaborate (preparation of environmental field violations, how they intersect and influence each other, examples from different activis

PROGRAMME NAME	TYPE/ MAIN TOPICS	PRACTICAL DETAILS
Green Joker	youth exchange/ upcycling of trash, skipping/ dumpster-diving as sourcing of art materials, personal environmental footprints and raising awareness, self-organisation, community building.	Nachod, Czech Republic; 22/08 - 31/08/2012 Organised by: IYNF
Volunteer management for rural/ local NGOs	a series training courses for NGO managers/ reqruitment, selction and supporting local volunteers, volunteer management principles, exchange of best practices and building a wider local support network of organisations.	Lithuania; 11/2011 Organised by: Actio Catholica Patria
EVS Pre- departure training	training course for EVS volunteers/ EVS principles, volunteer rights and responsibilities, intercultural learning, support structures as a resource, personal learning wishes and goals, self- driven learning process.	Kulautuva, Lithuania; 29/04 - 01/05/2011 Organised by: Actio Catholica Patria with NA
Prep of camp volunteers	series of 3 day seminars/ arts and crafts, their application, basics of pedagogy, basics of non-formal education, team work, structure of the summer camps, voluneer rights and responsibilities.	Vilnius, Lithuania; 7 different dates in 2007 & 2008 Organised by: Jaunimas Vaikams