



MATTIAS BUYSENS

25/09/1986

Independent
Facilitator of learning processes

PROFILE

I am an enthusiastic, curious and openminded facilitator, who keeps on learning about himself.

Topics I love to work around are: sustainability and (mental) wellbeing on all its levels (Personal, group and World), critical thinking, intercultural learning and inclusion.

My strengths are in creating safer spaces, making connections others don't see and seeing opportunities in a creative way.

Participants often describe me as an authentic and welcoming person with whom they feel at ease.

CONTACT

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TRAINER EXPERIENCE

National:

Zin-d'erin(g)/ Jong en Van zin (2010-2014)

Fulltime Trainer for young people from secondary schools (12y-18y) and bachelor programs on topics as: group dynamics, peer pressure, relationships, sexuality, creativity courses, experience based working by f.e. guided group hikes (2 or 3 days), ..

From 2012 also active as a coach within the organization.

Freelance trainer/facilitator in Belgium:

	Since:
- Beroepenhuis	2014 - 2015
- Pimento (former Jong en Van zin)	2017 -
- Labo vzw: Working on critical citizenship	2018 - 2024
- Jint (National Agency Flanders, Belgium)	2020 -
- Odisee (Higher Education, Brussels)	2023 -

Be-ing (2024 - ...)

Since 2024 I started with my own project as independent trainer/facilitator. Besides the work as freelancer I am focussing on the topic of mental wellbeing for young people and youth workers to create a more sustainable learning space on the short term notice, and a more sustainable life and world on the long term perspective.

Kwadraet (2024 -)

Core member of the organisation in transition.

We are facilitating people-sized learning and change. From the bottom up. With head and heart. By focusing on the potential of all people, including those at risk of dropping out.

International facilitations:

2020 - 2021 Whats Up sessions:

Online sessions during the corona period to support European solidarity corps volunteers in their wellbeing throughout these challenging period.

2022 Belonging to nature KA2 (research, design and facilitator)
Together with 5 other European partners we worked on how Nature (connection) contributes to the wellbeing of young people and how youth workers can take up their role in this process.

2023 TSW Wellbeing:

During this Trainer Skills Workshop we focussed on trainers wellbeing competences in a training context. This training was offered by Salto youth for Trainers in the European network.

2024 The power of Mental Wellbeing: Trainer/facilitator

This training course revolved around enhancing the skills and knowledge of youth workers in creating safer and inclusive spaces for young people, focusing on mental well-being.

OTHER RELEVANT WORK EXPERIENCE (NATIONAL AND INTERNATIONAL)

Coördinator IBO Scoebidoe and playground Jeunduil, Dentergem.
(2009 – 2010)

Accompaniment(Day/Night) Red Cross shelter for Asylum Seekers
(2010)

Dwagulu Dekkente vzw – Educational worker

2015-2017

Dwagulu Dekkente organizes Intercultural exchanges between Belgian youngsters (16-18) and young people in West Africa: Senegal and Burkina Faso.

Climate Express- Coördinator

12/2017-12/2019

Coordinator of a Belgian climate movement. We focussed on organising mass mobilisations to create a feeling of connection within the broader movement and to put pressure on the governments in Belgium.

Odisee practice lecturer/ internship supervisor Graduate Social Work

10/2020 -10/2023

Working as lecturer and internship supervisor in Brussels.

CERTIFICATES AND TRAININGS FOLLOWED

2003	Animator in Youth Work
2005	Head animator in youth work
2006	Instructor in youth work
2009	Aspirant Initiator Badminton
2010	Badminton initiator
2012	Ropes course Rescue certificate
2013	<u>Rock and water</u> , 3-day basic training
2017:	Coaching and Mentoring Training, Olde Vechte Foundation.
2019-2020	Train the Trainer International training course for Trainers (Salto Youth). Training Practice Project on Wellbeing in 2020: Are you(th) Aware: 3 days online training
2024	Source: training course on Systematic approach, Olde Vechte Foundation.

RELEVANT INTERNATIONAL TRAININGS/EXCHANGES AS VOLUNTEER

2010	Giving an animator course in Zambia for Zambian youth workers in the frame of Don Bosco Youth work Belgium.
2011:	Trainer on an intercultural exchange of 3 weeks between Belgian and Zambian youth, Don Bosco Youth work
2012:	Trainer on an intercultural exchange of 3 weeks between Belgian and Zambian youth, Don Bosco youth work
2013:	Trainer on an intercultural exchange of 3 weeks to India. Collaboration of UP Leuven and Don Bosco youthwork Belgium
2017-2018	Trainer on an intercultural exchange with youth from Belgium and Burkina Faso. Dwagulu Dekkente (20 days)
2020	TPP on Wellbeing: Are you(th) aware. Online training course of 3 days about Mental Wellbeing.
2024	Clowning workshop 4-days: Nomadic Rebel Clown academy Brussels as participant.
2024	Part of a group of performers creating a sensory Lab experience on a local festival in Bucharest, Romania.