



Syrine Rekhis

Date of birth: 20/02/1993 | **Nationality:** Tunisian | **Phone number:**
(+216) 24313242 (Mobile) | **Phone number:**
(+39) 3286156461 (Other) (+39) 3286156461 (Mobile) | **Email address:**
rsyrine@gmail.com | **Address:** Italy (Home)

● EDUCATION AND TRAINING

2022 France

MASTER OF NEUROSCIENCE AND BIOLOGY University of Bordeaux

Address France | **Website** <https://www.u-bordeaux.com/>

09/2020 – 12/2021

CERTIFICATION ON NEUROCOGNITIVE REMEDIATION Faculty of Medicine of Tunis

A serie of courses followed by an exam and an internship to observe and pratice Cognitive Remediation tools such as Near and CRT.

Field of study Neuropsychology

2011 – 2022 Tunisia

MEDICAL DOCTOR Faculty of Medicine of Tunis, University Tunis ElManar

Address Tunisia

02/2019 – 02/2021 Tunisia

FAMILY PHYSICIAN Faculty of Medicine of Tunis, University Tunis ElManar

Address Tunisia |

Website <http://www.universite.tn/Universite-de-Tunis-El-Manar/faculte-de-medecine-de-tunis.html>

02/2022 – 16/06/2022 Italy

GRADUATE INTERN Neuroscience Cavalieri Ottolenghi, University of Turin

Address Italy | **Website** <https://en.unito.it/>

01/2022 – CURRENT France

STUDENT ENTREPRENEUR, NEURO-COGNITIVE REMEDIATION U-Bee lab, University of Bordeaux

Launching a project on cognitive remediation for patients presenting cognitive decline, and getting a mentorship and incubation within the U-Bee lab, University of Bordeaux

Address France

2017 – 2019 Germany

TRAINING OF INSTRUCTORS ON THE 360 VALUES BASED APPROACH OF CIVIC EDUCATION Center for Applied policy research-University of Munich & Goethe Institute

Address Germany

07/2016 – 08/2016 Estonia

ERASMUS + LEARNING MOBILITY PROJECT-ON INTERCULTURAL DIALOGUE: LIVING LIBRARIES AS A TOOL Trajectorya

Address Estonia

01/2016 – 06/2016 Tunisia

ADVOCACY TRAINING OF TRAINERS New Tactics in Human Rights, Center for Victims of Torture

Address Tunisia

2015 South Korea

UNESCO ADVOCACY WORKSHOP ON GLOBAL CITIZENSHIP EDUCATION UNESCO APCEIU

Address South Korea

● **WORK EXPERIENCE**

2022 – CURRENT Brussels, Belgium

THE EUROPEAN FORUM FOR YOUTH WITH LIVED MIGRATION EXPERIENCES-VOICIFY FOUNDING MEMBER AND PRESIDENT

The vision of the Umbrella Organisation is to be the voice of youth with lived migration experiences coming from outside of the European Union in the EU, striving for meaningfully democratic European societies where youth with lived migration experiences are included, considered as an integral part of Europe, empowered and encouraged to achieve their full potential.

02/2021 – 10/2021 Tunisia

REGIONAL REFERENT DOCTORS OF THE WORLD BELGIUM

-Taking the **lead** on the regional pole of Greater Tunis in the **planning and implementation** of the project *Sehaty* that aims to enhance first line health services in Tunisia-a national project with a budget of 2,000,000 euros funded by the EU

-Technical **Mentoring and following up** on the financed NGOs local projects

-**Selection** of project proposals, in the frame of Cascading financing

-Mentoring **advocacy** projects led by local NGOs in Tunisia

-**Facilitating** workshops, online conferences and dialogues

-**Assisting** the national Coordinator in the different project phases

08/2019 – 09/2021 Tunisia

CO-FOUNDER, PRESIDENT OF INNOPEACE (INNOVATORS FOR PEACE) INNO-PEACE (INNOVATORS FOR PEACE)

Inno-PEACE is a non profit association that addresses Human Rights, Peace and Democracy through innovative sustainable projects, in Tunisia.

Elected as a president for 2 mandates, main responsibilities:

-**leading** the board members, **management** of the NGO

-**Writing** project **proposals**, **supervising** planning and implementation

-**Facilitating** internal and external meetings with partners

-**Strategic** development

-**Delivering** trainings for members and volunteers, *Facilitating Strategic workshops*

Accomplishments:

-raised funds for 5 projects with a total of 300,000 Tunisian dinars

-Delivered more than 350 hour trainings for members and volunteers

-signed more than 15 national and international partnerships

-Designed innovative projects that have been duplicated

2011 – CURRENT

EDUCATOR AND FACILITATOR FREELANCE

delivered more than 3000 hours on national, regional and international levels:

Adult Education:

1/Civic Education and youth participation: Civic education using the 360approach of Civic Education by the Academy of Policy research-University of Munich(Identity,Diversity,Democracy,Change)

**Salto Forum of youth, Tallinn, Estonia 2022 (preparation ongoing)*

*Civic Education Training of trainers for teachers working in schools in rural areas(4days); Kasserine , Tunisia, 2021

*EuroMediterranean Training Course on depolarization, Ahead; Barcelona 2021

*Civic Education Training for the Doctors of the World Sehaty team; online, August, 2021.

*Training of Trainers (3 weeks), Training of Instructors (online, 4weeks), with Goethe Institute(Egypt, Tunisia, 2019-2020)

*Training of Educators: 4 editions of 4day-trainings for educators, CS volunteers, journalists, lawyers and teachers ,InnoPEACE,Tunisia (2018-present).

*Workshop on Diversity and Human/living Library methodology as a tool for intercultural dialogue, UNESCO forum, Canada-2017

*Leadership workshop on GCED, UNESCO APCEIU, South Korea-2016

2/Life skills:

TNT, IFMSA ,Netherlands, 2015

TNT, AEGEE Academy, Slovenia,2016; Junior enterprise,Sousse2017; InnoPEACE/Tunivisions (2015-present)

Several TNTs with several Tunisian NGOs (Tunisia, 2013-present).

Leadership Summer school, Slovenia, 2015

3/Advocacy:

TOT, New Tactics in Human Rights, Tunis, 2016, TOTs with Associa-Med, Tunisia 2016-18

Children Education

8 years of Human Rights and civic education design and delivery within clubs in schools have taken the lead on the preparation of 3 editions of toolkits of Civic education for children, Génération P project by InnoPEACE

Below a video of the most recent conducted Training of Trainers: https://www.linkedin.com/posts/syrine-rekhis-1017a6103_nonformaleducation-video-trainingoftrainers-activity-6891114170331275264-Yffa

Link <https://www.linkedin.com/feed/update/urn:li:activity:6891114170331275264/>

2017 – CURRENT

CIVIC EDUCATION INSTRUCTOR GOETHE INSTITUTE

Part of the pool of Civic Education Facilitators of the Goethe Institute and the Center for applied Policy Research-CAP-University of Munich.

Have conducted Training of Instructors and Training Of Trainers on both national and regional levels using the 360 Participatory approach of Civic Education.

05/2016 – 12/2016 Tunisia

JUNIOR SOCIAL RESEARCHER INTERNATIONAL PEACE INSTITUTE

Responsible of Communication and focus groups in a research project on : Resilience of social contract in Tunisia

09/2020 – 11/2021 Tunisia

PROJECT COORDINATOR-COMMUNITY SOURCED FILM FESTIVAL TANDEM PROGRAM BY MITOST

In the frame of Tandem program, a partnership has been created with Beirut DC, we designed a project: Community Sourced Film Festival: a training program that culminates in the creation of a community based, impact-driven film festival with members from a disenfranchised community in Tunisia. The program took place in a community youth center in Ibn Khaldoun, 15 youth have benefited from trainings in civic engagement and film analysis, and have been mentored in the planning and implementation of their film festival for their community.

The idea was to create a pilot edition that can be reproduced by different NGOs in different contexts.

12/2021 – CURRENT Turin, Italy

GRADUATE INTERN NEUROSCIENCE INSTITUTE CAVALIERI OTTOLENGHI, UNIVERSITY OF TURIN

Taking the lead on a research project in the lab, with a team of master and bachelor students, with the mentorship of more experienced researchers.

02/2019 – 02/2021 Tunisia

FAMILY MEDICINE RESIDENT MINISTRY OF HEALTH

Actively participating in clinical and research activities and mentoring medical interns, respectively in the departments of Gynecology, Emergency, Dermatology, Psychiatry, ORL, and 1 year in first line departments.

12/2017 – 02/2019 Tunisia

MEDICAL INTERN MINISTRY OF HEALTH

Actively participating in clinical and research activities, in the following departments:

-Pediatrics, January-June, Menzel Bourguiba Hospital

-**Neurology**, July-November, Pr Gouider Department of Neurology, Razi Hospital, clinical exam passed with distinction

-General surgery, December 2018- Feb 2019, Department of General Surgery, Bougatfa Hospital, Bizerta 2017 – 2019 Tunisia

CO-FOUNDER, VICE PRESIDENT OF INNOPEACE INNO-PEACE (INNOVATORS FOR PEACE)

2015 – 2018 Tunisia

CO-FOUNDER, SECRETARY GENERAL OF INNOPEACE INNO-PEACE (INNOVATORS FOR PEACE)

09/2018 – 12/2018 Morocco

EVALUATION TEAM MEMBER NETWORK ARAB OF CIVIC EDUCATION - NACE

Evaluation of the Civic Education conference organized by NACE

● **DIGITAL SKILLS**

Pack office, Google drive Apps, Outlook, online tools: Miro board, Zoom, Google Meet,

● **ADDITIONAL INFORMATION**

VOLUNTEERING

2011 – 2013 Associa-Med (Tunisian Medical Students Association)

Project Coordinator-Human Rights in Schools Human Rights in Schools: Human Rights Education through interactive sessions for children in primary Schools in Tunisia. Clubs have been implemented and sessions are being organized, in collaboration with the Arab Institute for Human Rights. Children Rights manual is distributed by the end of every session.

Responsible of:

- team and project management
- The design and printing of a Children Rights guide
- Design of the sessions and delivery, in a participatory approach
- Training of the future generation of volunteer educators in the following editions of the project (2013-2017)

2011 – 2021 Tunisia

Human Rights and Civic Education Educator-for children 8 years of volunteering as a Civic Education and Human Rights Educator in regular clubs in primary schools in Tunisia, first within Associa-Med then within InnoPEACE,

2010 – 2016 Associa-Med (Tunisian Medical Students Association)

Active Member Active volunteer, took an active parts in several activities and projects and coordinated several educational and humanitarian projects within the Standing Committee on Human Rights and Peace within the association:

-Libraries in our schools (2013): Responsible of collecting books

-Kifi Kifek Conference and workshops on the rights of people with Mental health disorders (2015): part of the OC team

-PEACE Conference (2014,15,16): organizer, facilitator

-"Kelma Meni" (2014-2016) advocacy project aiming to defend children rights to protection in Tunisia: part of the OC team, facilitator

-Human Rights Training of trainers (2013,14): Organizer

-Volunteer facilitator and trainers: conducted several sessions for active members on: Communication skills, life skills, advocacy, Children and Human rights

2020 – 2022 Tunisia

Creating a pedagogic game for children on hygiene: AwZen Within the project AwZen conducted by InnoPEACE that aims to contribute in enhancing the mental and physical health among children: I took an active part in the development of the game:

Supervising a team of consultants in the development of a pedagogic board game on hygiene.

Actively participating in the conception meetings

Reviewing the game and the text.

COMMUNICATION AND INTERPERSONAL SKILLS

Active listening, communication, empathy, conflict resolution With 11 year experience of activity and leadership positions within the civil society, I have developed interpersonal skills, have conducted trainings on Communication and Active listening, conflict resolution, non violent communication.

Actually working on my Doctorate of Medicine thesis on Empathy: A study of the Empathy among Medical Students and Medical residents in the Faculty of Medicine of Tunis. This study allows also to decipher the factors that could affect the empathy such as burnout, alexithymia, stress and coping with stress.

MANAGEMENT AND LEADERSHIP SKILLS

Leadership, NGO Management, Project Management, Team work, Facilitation, Public speaking, Education

CONFERENCES AND SEMINARS

04/2021 – 10/2021 – Tunis, Tunisia

Online conferences on Health and Community-Doctors of the world Belgium in Tunisia Coordinator of the serie of conference

Facilitator of the first session: Innovative initiatives to face Covid19, Doctors of the World Belgium in Tunisia

Link <https://www.facebook.com/ProjetSehaty/videos/380350040046299>

10/2018 – 11/2018 – Casa, Morocco

Civic Education Conference by NACE (Network Arab of Civic Education)

08/2018 – 09/2018 – Marseille, France

European Conference on Civic Education by NECE

02/2017 – 03/2017 – Ottawa, Canada

UNESCO forum on the role of Education Facilitated a session on: Building an intercultural dialogue: the role of the Living/Human Library

05/2016 – Moldova

Global Review seminar on Global Citizenship Education Youth advocates for Global Citizenship Education reunited to write recommendations for UNESCO about Global Citizenship Education

HONOURS AND AWARDS

2008

3rd prize at the National Literature Competition – Tunisian Ministry of culture

03/2009

Honorary award at the National Literature Competition – Tunisian Ministry of culture

2006

1st prize at Mustapha Azouz Literature Regional competition – Mustapha Azouz committee