

CRISTINA ARENARE



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WORK EXPERIENCE

Adjunct Professor | Università di Bologna | Aug 2022 - Present

Professor of the "Internship Preparation Laboratory", bachelor degree in Political Science Social and International Affairs.

Topics: Design thinking, soft skills to be effective at work, CV writing and job interview courses, public speaking.

ASES Project Manager | Università di Bologna | Aug 2021 - Present

- Creation, management and delivering of synchronous and asynchronous (digital) orientation workshops for university students, individuals with specific learning disabilities (DSA), or disabilities.
- Designing and delivering gender and difference education workshops for high schools, including training programs for teachers and parents.
- Providing individual counseling sessions to students who are considering reassessing their commitment to university studies.

Topics: Time management, team work, decision making, creative and critical thinking, motivation, self efficacy, gender stereotypes in education, career guidance and counseling.

Erasmus + Trainer | Sep 2019 - Present

- Delivering international training programs to youth workers in partner countries, focusing on promoting the European Union Youth Strategy 2019-2027.

Topics: inclusion and equity, bullying and cyberbullying, social entrepreneurship, design thinking, conflict management, sustainability and environmental education through the method of Non-Formal Education.

Program coordinator | Università di Bologna | Sep 2018 - Sep 2022

- Planning of orientation events for school's and university's students, Alumni (Welcome day, Open day, international fairs, ecc...)
- Student career guidance and counselling.
- Bachelors' management.

Counselor for the development of educational, social and school sectors | Seneca srl | Aug 2018 - Dec 2018

Development of the educational offering for the training of teachers, analytical and research activities.

Guidance counselor | Italian Diplomatic Academy | Jul 2017 - Feb 2020

- Introduction of NHSMUN (National High School Model United Nations) e WAE (WEareEUROPE) projects to highschools students.
- Group leader at NY schooltrip.

Museum employee | Istituto di Valorizzazione dei Castelli di Massa | May 2017 - Jul 2018

- Trainer of museum education activities.
- Museum guide.

EDUCATION

Sexual Education Course for Educators | Italian Center of Sessuology | Jun 2023 - Present

Master Course - Cultural Management | Università di Ferrara | Jan 2021 - March 2022

- Thesis: Digital Storytelling & Experience Marketing.

MOOC -Artificial Intelligence | Università degli studi di Urbino Carlo Bo | Jul 2021 - Aug 2021

Art&Education Project "City4care - I quartieri del Terzo Paradiso" | CRAMS, Cittadellarte, Maestri di Strada, Koko New York city | Feb 2021 - Apr 2021

MOOC - Teaching Critical Thinking through Art with the National Gallery of Art | Harvard University e National Gallery of Art, Washington | Dec 2020 - Jan 2021

Post graduate course - The most current developments of psychology orientation and career management (from life designing to life meaning, relational theory of working and positive psychology) | Università di Firenze | Jan 2018 - Nov 2018

Master's Degree - Pedagogy | Università di Bologna | Sep 2014 - Feb 2017

- Final grade : 110 with honours.
- Thesis: How to prevent school dropout: school communities in Bologna, Dublin and London.

DITALS certification for Teachers of Italian | Associazione Cultura Italiana e Università degli stranieri di Siena | Opt 2016 - Mar 2017

Master Course - Helping relationships in international and national context of vulnerability and poverty | Università Cattolica di Milano | Jan 2014 - Dic 2014

Bachelor's Degree - Philosophy | Università di Parma | Sep 2009 - Mar 2014

- Final grade : 110 with honour.
- Thesis: Critical thinking in the school system.

LANGUAGE SKILLS

English ● ● ● ● ●

DIGITAL SKILLS

Office Suite ● ● ● ● ●

Social Network ● ● ● ● ●

SOFT SKILLS

Communication ● ● ● ● ●

Planning ● ● ● ● ●

Teaching ● ● ● ● ●

Adaptability ● ● ● ● ●

Motivation ● ● ● ● ●

Empathy ● ● ● ● ●

Networking ● ● ● ● ●

Design experiences

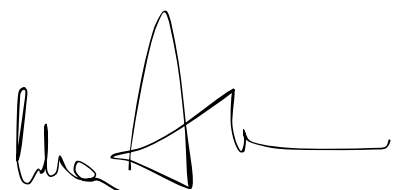
- "Un caffè a Palazzo Hercolani": orientation events for highschool and university students.
- "Dry Art for young voices": European Solidarity Corps Project, about cyberbullying prevention and gender education.
- "Buddy Program": orientation project for incoming students.
- "Know Your Refugees": orientation project for refugees.

Erasmus+ trainings and intercultural exchanges

- Course participant at "Youth participation and youth work" virtual training for trainers
- Course participant at "Young female entrepreneur program" training for trainers in Nicosia, Cyprus, about Femal entrepreneurship
- Project Assistant at the Final Meeting of "Alliance for Social Entrepreneurship" Project, in Bruxelles, Belgium, about social entrepreneurship
- Project Assistant at the Final Meeting of "Youth, Business, Better" Project in Salonicco, Greece, about youth unemployment
- Course participant at "Virago Academy" training for trainers, in Bucarest, Romania, about women empowerment
- Course participant at "E – youth worker" training, in Noisy le Grand, France, about virtual mobility and the use of ITC as educational tools
- Course participant at "Contact Making Seminar" youth exchange, in Casar de Caceres, Spain, about active youth participation
- Group leader in "Mirror – Youth Exchange", in San Lorenzo de El Escorial, Spagna, about sexism and gender equality
- Team leader in "DO IT!" Youth Exchange, in Vilnius, Lituania, about social inclusion
- Course participant at "ToM, for Addiction Prevention" training in Mus, Turkey, about drugs addiction prevention

Volunteering experiences

- Italian teacher at the "Women school" in Bologna.
- Volunteer in the project "No one left behind" about school dropout prevention in Bologna.
- Volunteering in the "Borgo Informatico" project, providing digital assistance to the community.

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