

Full track record of participation and work in international activities

51st Distripress Congress (Barcelona, Spain) October, 2006

- Delegate for Hellenic Distribution Agency in the Executive Forum, the Business Conference, the Distripress Expo and the Social Programme

WAN-IFRA 5th Summer University: Introducing New Momentum into your Newsroom (St Paul de Vence, France) July, 2010

- Delegate for Hellenic Distribution Agency in meeting of top European media executives to learn about the latest media trends and practices and to fashion a strategy for meeting the needs of readers

Fostering Roma Inclusion for Roma Youth Trafficking Prevention in Europe (Bansko, Bulgaria), April 2010

- Participant in a training course by the Euro-Mediterranean Network for Youth Trafficking Prevention training course funded by the Youth in Action Programme.

[Event report](#)

Youth Peace Ambassadors Project - First Residential Seminar (Budapest, Hungary) April, 2011

- First stage of the training course given by Council of Europe with the topic of human rights education and peacebuilding.

Youth Peace Ambassadors Second Residential Seminar (Strasbourg, France) November, 2011

- Second stage of Youth Peace Ambassadors project with focus on conflict transformation and intercultural dialogue

Trust Women: Putting the Rule of Law Behind Women's Rights (London, UK) December, 2012

- Delegate in conference on the role of women against violence and exploitation by Thomson Reuters Foundation & International Herald Tribune

Youth Peace Ambassadors Networking Conference (Budapest, Hungary) November, 2012

- Third stage of the YPA project of the Council of Europe to create a network of peacebuilders and peace ambassadors.

Young Women on the Move (Thessaloniki, Greece), April 2013

- Worked as a Junior Trainer in the international youth seminar organised by the Euro-Mediterranean Centre for Cross-Cultural Dialogue

Youth Peace Ambassadors Consolidation Seminar (Andorra LeVille, Andorra) April, 2013

- Fourth stage of the training course given by Council of Europe with the topic of intercultural dialogue

Youth Against Human Trafficking: Getting Students Involved (Paris, France) April 2013

- Project manager and Organiser of human rights conference at the American University of Paris as a practice activity of the YPA project

New York Convention 65 years later: Observations and New Perspectives (Brussels, Belgium) September, 2013

- Delegate and observer in conference and inter-ministerial roundtable on current policies set to fight human trafficking and the exploitation of the prostitution of others at the Belgian Ministry of Foreign Affairs, Brussels, Belgium

2nd INTERPOL Global Trafficking in Human Beings Conference (Lyon, France)

November 2013

- Delegate and observer in conference bringing together some 150 law enforcement and non-governmental agency experts from almost 50 countries to explore how through new technology, human trafficking has become a lucrative industry, with new avenues for sexual exploitation and abuse, and used by traffickers, held at Interpol Headquarters and sponsored by the Judicial Department of Abu Dhabi

YPAN – Peace Building through Gender Lenses Seminar (Budapest, Hungary)

November, 2013

- Member of the team of trainers in thematic seminar on gender studies in youth work.

YPA Project Evaluation Meeting (Strasbourg, France) April, 2014

- Attended meeting to evaluate the Youth Peace Ambassadors project of the Council of Europe

Training of Trainers - Working with Conflicts (Barcelona, Spain) September, 2014

- Attended to a ToT for the trainers seminars on training and facilitation skills necessary to support communication processes in conflict

Gender Matters? Gender Matters! (Budapest, Hungary) October, 2014

- Trainer in study session realised by the Euro-Med Initiative for Gender Equality at the Euro-Mediterranean Center for Cross-Cultural Dialogue and supported by the Directorate of Youth and Sport of the Council of Europe

3rd INTERPOL Global Trafficking in Human Beings Conference (Lyon, France)

November 2014

- Delegate and observer in conference bringing together trafficking in human beings investigators and experts, international organizations and cooperation partners to share methods and experiences in combating this crime, held at Interpol Headquarters and sponsored by the Judicial Department of Abu Dhabi

Youth Peace Ambassadors Network and Sende (Senderiz, Spain) September, 2015

- Trainer in international training course “Peace Is...” aiming to empower youth coming from conflict affected communities to improve their skills in coping with conflict situation and promote a culture of peace and peaceful ways of conflict transformation in their everyday lives and in their work

TRAYCE First Residential Seminar (Strasbourg, France) June 2015

- Participant in the first part of the Training of Trainers for Youth in the Council of Europe organised by the Youth Department on the Council of Europe to develop skills and competences in designing and managing youth activities. It involved several components: online learning, practice activity, product, mentoring, job-shadowing, 360 feedback and self-assessment

TRAYCE Second Residential Seminar (Budapest, Hungary) July, 2016

- Participant in the first part of the Training of Trainers for Youth in the Council of Europe organised by the Youth Department on the Council of Europe. Created a blog as a product of this training and implemented a youth project for practice. Certificate

**4th INTERPOL Global Trafficking in Human Beings Conference (Lugano, France)
October, 2016**

- Delegate for [Trafficked Victim Unit](#) (TVU) at conference organised by Interpol and hosted by the Swiss Police on human trafficking as a global threat. Topic included human trafficking in irregular migration, victim identification by law enforcement, improving police cooperation and prosecution and trafficking in the supply chain

NEANIKI EKSELIXI - YiA 18+ (Yerevan, Armenia) March, 2017

- Worked as an educator and trainer in Erasmus+ sponsored youth exchange “Conflict Resolution through Dialogue” hosted by Global Youth Union and gathering 22 participants from six countries

**5th INTERPOL Global Trafficking in Human Beings Conference (Doha, Qatar)
November, 2017**

- Delegate for Trafficked Victim Unit (TVU) at conference, organised by Interpol and hosted by the government of Qatar, on human trafficking

**Youth Peace Ambassadors Network - team prep meeting (Budapest, Hungary) January,
2019**

- Took part in the preparatory meeting of the team of trainers for the study session “CULTURE OF PEACE: Countering Violent Radicalization” hosted by the Council of Europe. Design educational content and other preparations for the activity

Office of the National Rapporteur on Combating Trafficking in Human Beings (Athens, Greece) January, 2019

- Participated in the Regional Conference on Combating Trafficking in Human Beings in the supply chains through government practices and measures co-organized by the Office of the National Rapporteur, the Municipality of Athens, O.A.S.E. and Athens Partnership, with the support of the Bloomberg Associates Foundation

European Alternatives (Athens, Greece) September, 2019

- Worked as a consultant, educator and trainer in the second workshop of the project “School of Transnational Activism” gathering 20 participants from six countries aiming at building groups of activists to work on developing and strengthening a transnational and progressive vision for Europe and beyond, and build up actions that can connect that vision with local realities and struggles of communities across Europe

Russian Centre for Science and Culture in Brussels, 9-10 October, 2020

- Guest Speaker in the International Youth Forum “[Brussels Dialogue-2020](#)”. “Shared history and common future. 75 years responsibility for peace” on the role of the United Nations and the Council of Europe in maintaining peace and achieving sustainable development goals post WWII, representing the Youth Peace Ambassadors Network. The main goal of the Forum is to promote dialogue between young people from Russia and European countries, and creation of a common cultural, scientific, information and educational space, inviting the youth of European countries to cooperate with peers from Russia.