

CONTACT

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ILARIA ESPOSITO

TRAINER AND CONSULTANT

Full story of my personal and professional development on [LinkedIn](#)

How to spell my name ([EE-lah-ree-ah](#)).

I am reading FACTFULNESS of Hans Rosling - ten reasons we're wrong about the world- and why things are better than you think

PROFILE

I'm a business and social economy advisor. I am a trainer and consultant with extensive experience working with institutions and organisations worldwide for over 20 years and a proven track record of supporting charities and businesses to achieve their organisational objectives. I guide individuals and organisations to evidence-based decision-making to ensure the implementation of sustainable solutions for them and others.

EDUCATION & TRAINING

WOMEN BUDGET GROUP

How the Census can help bridge the data gap. London 2023

INTRODUCTION TO BUSINESS MENTORING

Institute of Leadership (ILM)
Association of Business Mentors, United Kingdom 2022

SUPERVISE TO SAFEGUARD

Education Child Protection (ECP) - level 3 DSL and level 4 supervision. 2022

BSC IN EDUCATION

Focus on gender and environmental studies
Università Guglielmo Marconi, Italy 2015

TRAINING OF TRAINERS IN HUMAN RIGHTS EDUCATION

Council of Europe - Youth Department Strasbourg, France 2011-2012

MA ENVIRONMENTAL CHEMISTRY AND ENERGY MANAGEMENT

Federico II University and Regional Agency for Environmental Protection (ARPAC), Italy 2000-2002

TRAINING OF TRAINERS

World Association of Girls Guides and Girls Scouts. Italy 2008

SKILLS

- Problem solving
- Enterprise Support
- Young People
- Gender Equality
- Advocacy
- Proposal and bid Writing
- Board Governance
- Business Development
- Policy development
- Charities
- Community Engagement
- Change Management
- HR
- Employment and Entrepreneurship
- Human Rights
- Politics
- Strategy
- Accessibility and Equal opportunities
- Strategic Planning
- Strategic partnership
- large scale surveys and research
- Coaching & Mentoring
- Networking
- Sustainable development
- Transferable skills
- Key competence framework

EXPERIENCE

Co-Founder & Director

[Start Easy Ltd](#) | Oct 2015 - Present

- Developed an independent consultancy to support businesses and organisations, using expert knowledge of domestic procedures and regulations, the European Union and Council of Europe sector, and associated processes.
- Achieved training and quality marks accreditation and social corporate responsibility awards.
- Facilitated a strategic partnership among businesses, local authorities, different parties, and organisations to mainstream human rights, gender equality, sustainable development, and youth work development. This partnership resulted in the creation of new consortia, the analysis of new governance frameworks, and the allocation of £580,000 in funding for 2019 - 2023.
- Provided advice in a multi-stakeholder funding application to deliver bespoke services in the London Borough of Brent, the GLA, concerning gender equality, STEM and conservation, fighting extremism, radicalisation and violence online and offline.

Trainer and consultant

[Council of Europe - Youth Department](#) | 2010 - Present

- Implementation of the Human rights agenda, gender equality strategy, and Non-governmental Organisations growth.
- Advisory Council on Youth and Gender Equality Commission: expertise in Legal Instruments in Advocacy, Local and regional participation, Social Rights, and gender mainstreaming, Gender Equality strategy and implementation and monitoring of the Istanbul convention. Till 2015
- Coordination of the NTC in human rights education with Hate crime department of the UK government. 2016
- Educational coordinator for the training "Password for Human Rights" supported by EYF. 2016
- Sexist hate speech seminar Strasbourg. 2016
- Training international leaders in human rights education to counter Hate Speech for the Commonwealth – London. 2017
- Gender matters training for practitioners in the London borough of Brent (250 young people, youth workers, and leaders trained to date)
- Long-term Training in education for sustainable development for managers of local organisations GLA. 2020- 2023

Business Mentor (full member)

[Association of Business Mentors \(ABM\)](#) | Dec 2022-Jan 2024

- Mentoring businesses attending the Help to Grow programme
- Developing a mentoring quality framework for Women in business. supported 5 women to open their business to date.

Trainer and external representative

[WAGGGS Europe](#) | 2008 - 2019

- Girls World Forum. Leadership and Personal Development Chicago USA 2012
- Stop the Violence Campaign UN Women. Training for European members 2012-2013
- Editor and author for educational toolkits Gender and Diversity mainstreaming in member organisations