

CHARIS CHARALAMBOUS

PORTFOLIO OF CONTINUING PROFESSIONAL DEVELOPMENT

A) Training received in Psychology and Therapeutic Interventions

Year(s): 2014 - 2017

Hosting organization: Cyprus Institute of Brief Systemic Dialogical Therapy

Topics: Intensive Training Program on Brief Systemic Dialogical Therapy (127 hours) / Personal and professional development program (90 hours) / Collaborative-Dialogic Practices across multiple contexts and cultures: Concepts and Applications.

Year(s): 2004 - 2016

Hosting organization: Cyprus Society of Family Therapy

Topics: New Approaches in the Fields of Counseling and Family Therapy / Appreciative Systemic Approach: Creating Hope and Opportunities / Concerns of Modern Couples / Working with Emotions and Feelings in Counseling and Psychotherapy / Dialogical Approaches to Therapy / Current Approaches in the Field of Systemic Family Therapy: Reflective practices / Crisis and Creation through Dialogue: Making dreams for the future / The dialogical skills of a systemic therapist.

Year(s): 2008 - 2015

Hosting organizations: Institute of Contemplative Studies/Centre for Research and Counseling Services, In Dialogue (Denmark), Cyprus Systemic Institute. Center for Personal Development and Psychotherapy. Panayiotis Vyras Institute.

Topics: Narrative Therapy: The Restorying of Lives and Relationships / Narrative Coaching / The circular questionnaire: a useful tool for therapists. / Depression: Facing obstacles in periods of internal and external crises / Family Constellations.

Year(s): 2004 - 2008

Hosting organizations: International Association of Marriage and Family Counseling (UK). European Family Therapy Association. University of Crete Psychiatric Clinic (Greece). Association of Family Therapy (UK). Italian Association of Psychotherapy. Denver International Program/ Fulbright Scholar Program (USA).

Topics: Northampton Summer Institute. 5th EFTA Conference: Creating Futures/Systemic Dialogues Across Europe. 3rd Panhellenic Conference in Systemic Therapy: Family and Mental Illness. 31st annual AFT Conference: Connecting Contexts, Generations and Practice. Humor and Other Strategies to Survive Emotional Crisis. 6th Congress of EFTA & 32nd AFT Annual Conference: Beyond Oppositions: Individuals, Families, Communities. Family Therapy - focusing on community-based substance abuse prevention programs.

Year(s): 2006 - 2007

Hosting organizations: Roots Research Center/Greek Association of Social Workers. Intercollege Social Work Department (Cyprus).

Topics: Challenges Before and After Foster Parenting / New Approaches in the Research and Practice of Social Work / Brief Family Intervention: A Psychosocial Approach to Adolescent Problems.

Year(s): 2003 - 2005

Hosting organizations: Cyprus Portage Foundation. Cyprus Association of Counseling and Career Guidance Teachers. National Centre For Eating Disorders (UK).

Topics: Early Intervention Method of Portage / Professionals in the multidisciplinary team in Schools / Eating Disorders

Year(s): 2002 - 2003

Hosting organization: Philadelphia Child and Family Therapy Training Center (USA)

Topics: Cognitive-behavioral techniques for working with children and adolescents / Attachment-based family therapy for depressed Adolescents / Creating the therapeutic system / Assessment / Change techniques / Sexual abuse in a family context / Couples and couple therapy / The difficult divorce / Clinical issues in single parent families / Oppositional defiant disorder / Parents with mental illness / School-based behavior problems / Families with young children / Trauma / Play techniques / Intensive 3-week Clinical Training in Family and Marital Therapy.

B) Training received in Educational Methodologies and Youth/Adult Education

Year(s): 2012 - Today

Hosting organizations: Youth in Action (YiA) National Agency Austria. YiA NA Greece/SALTO EuroMed Resource Centre. YiA National Agencies (Cyprus, Bulgaria, Romania). German National Agency for Erasmus+. Finnish NA for Education/SALTO EuroMed.

Topics: ToT Build your frame. Tool Fair VII / "Hitchhiker's guide to becoming a Trainer in YiA" series of ToT modules / From Knowing to Being (European Training Strategy Competence Model). International Tool Fair XIV.

Year(s): 2016 - Today

Hosting organizations: Outward Bound Croatia. Mental-Manko Alapitvany (Hungary). Luxembourg National Agency for Erasmus+. KOMOAAP Cyprus. Outward Bound Romania.

Topics: Dive into Yourself: 8day Outdoor Adventure Program / Outdoor Emotions. SOAP: Sports, Outdoor Activities, Participation/ Hiking Leader Skills & Good Practice / 9-day ToT on Outdoor Education (Advanced Level).

Year(s): 2015 - 2018

Hosting organizations: National Agency for Education and Vocational Training (Romania)/SALTO Inclusion. EUPA/Ministry of Education and Employment (Malta). Latvian National Agency for Erasmus+.

Topics: iNEETiative – Holistic approach to youth at risk and in NEET situation. Early School Leaving: VET and Youth Work as an alternative learning pathway. Drop-In (Prevention of Early School Leaving).

Year(s): 2005 - 2016

Hosting organizations: NGO Support Center Cyprus/British Council Greece. Intercollege Nicosia/CAPE Project Consortium. University of Cyprus

Topics: ToT on Life Skills: Forming active citizens / Careers Advice and Pathways to Employment: The teacher's role in Careers Guidance / Conference on School Discipline and the Promotion of Positive Behavior.

Year(s): 2014

Hosting organizations: Cyprus Ministry of Education and Culture. Eurosuccess Consulting/EUgangs Project Consortium.

Topics: Adult Education today / ToT on Youth in gangs / Empowering the Career Guidance Counselor.

Year(s): 2011

Hosting organizations: Grundtvig International Network of Course Organisers. European Youth Information and Counselling Agency.

Topics: Validation of professional development in Grundtvig courses / ToT JIMMY – Youth Information Mediators.

Year(s): 2007 - 2008

Hosting organization: European Bridges Consulting

Topics: Group Dynamics and Social Skills in the Classroom / Action Methods Improving Emotional Intelligence – Training for Educators.

C) Training received in Human Rights, Interculturality, Conflict Resolution, Peace Education, Sustainable Development and Global Education

Dates: 2011 – Today

Hosting organizations: Cultural Workshop Ayion Omoloyiton Cyprus. Council of Europe. Association for Historical Dialogue and Research.

Topics: Conflict Resolution / Living Together: Combining diversity and freedom in 21st century Europe / A look at our past: Developing channels of intercultural communication / Professional Development Program for History Educators / ToT: Imagine - Education for a Culture of Peace (Bicommunal Peace-Building workshops for Youth) / Talking Peace: A Suggested Approach to Facilitation of Dialogue Groups / International Institute on Peace Education 2019 Public Day

Dates: 2011 - 2016

Hosting organizations: Centre for the Advancement of Research & Development in Educational Technology (CARDET). Hellenic Association of Informatics. Future Worlds Center/Youth of the World Project Consortium. Development Perspectives Ireland

Topics: Raising Awareness on Development Cooperation / MEDsynergy - Networking for Sustainable Development / Youth of the World: Mainstreaming global awareness in youth work / Spinning a Yarn: Storytelling and Global Education.

Dates: 2012 - 2014

Hosting organizations: Council of Europe. Spanish Youth in Action NA. Youth for Exchange and Understanding

Topics: ToT in Human Rights Education / European Citizenship in Youth Work / Exercising our Rights! Developing new tools in support of social cohesion.

Dates: 2010 - 2012

Hosting organization: Association for the Development of Life Skills (Cyprus)

Topics: Developing a more Democratic and Humanistic Education, Preventing Social Exclusion / Training of Coordinators for the HIPP (Help Increase the Peace and Positivity) program / Social and Emotional Learning: The challenge in the new public-school curriculum.