

# Project Portfolio

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## **Trainer:**

***The Difference Between*** – Creative tools for Communication and Connection  
October-November 2017 (7 days), Hungary – Egysesek Youth Association (HU)

Bringing new tools and perspectives on communication to people working the groups through input and methods coming from communication field, theater, dance and body awareness.

***The Next Step*** – May 2017 (7 days), Lithuania – VSI Synergy LT (LT)

Creating a network of qualified youth workers using a new and innovative approach for youth programmes.

***The Difference Between TC*** – March 2017 (8 days), Netherlands – Connecting Routes (NL)

Improving the communication of youth workers through theater, drama, body awareness methods and outdoor education, with a focus on 4 key areas: communication, creating and establishing connection, creativity and personal expression.

***Youthworker 2.0 TC*** – February 2017 (7 days), Hungary – INEX-SDA (CZ)

Raising the competencies of youth leaders and youth trainers for inclusion of young people with fewer opportunities and special needs.

***Choice BG*** – September 2016 (5 days), Bulgaria – Synergy Bulgaria (BG)

Improving self-coaching and interpersonal competences of youth workers by focusing on 4 main components: communication, assertiveness, awareness and emotional intelligence.

***Pathways*** – June 2016 (9 days), Bulgaria – Synergy Bulgaria (BG)

Providing youth workers with self-coaching skills, tools and approaches

***Synergy Coach Decoded TC*** – April 2015 (10 days), Bulgaria – Synergy Bulgaria (BG)

Improving the quality of youth work, by providing youth workers with coaching approaches, methods, tools and techniques

***Practicing Coaching and Mentoring Training – 2013-2017 (10 editions of 7 days), Netherlands – Olde Vechte Foundation (NL)***

Open call training with several editions for people who work with people (youth workers, coaches, trainers, managers) and who want to develop their own coaching and mentoring attitude and toolkit.

***Choice Training – 2013-2016 (9 editions of 5 days), Netherlands - – Olde Vechte Foundation (NL)***

Personal development or self-coaching training focusing on communication, assertiveness, emotional intelligence, decision making, personal expression and confidence

***Event Wise training – 2012-2016 (6 editions of 7 days), Netherlands – Olde Vechte Foundation (NL)***

Open call trainings on personal development to reflect on our beliefs and how we operate in our personal and professional lives and how this is supporting or limiting us into achieving the results we want to create.

***Practicing Coaching TC – October 2014 (7 days), Hungary – Egyesek Youth Association (HU)***

Providing coaching approaches, methods, tools and techniques to youth workers

***Coach Me, Coach You TC – November 2013 (10 days), Bulgaria – AEIESEC Bulgaria (BG)***

Training course designed to give coaching skills to youth workers and youth leaders in order to increase the quality of guiding, mentoring and coaching volunteers.

***Make it Work TC – October 2013 (8 days), Lithuania – Vsl Synergy LT (LT)***

Increasing youth workers competences for operating media tools, leading volunteers and supporting youth at the level of organizing leisure activities.

***Coaching in Action TC – January 2013, Netherlands (9 days) - Olde Vechte Foundation (NL)***

Improving the quality of youth workers for guiding volunteers, by providing coaching approaches, methods, tools and techniques.

## **Youth Exchange Facilitator**

### ***Back 2 Basics – August 2017 (14 days), Netherlands – Cherry International Foundation (NL)***

Communication and cooperation towards entrepreneurship for young people facing fewer opportunities.

### ***Connecting Routes – June-July 2017 (10 days), Hungary – Oost Indisch Groen (NL)***

Entrepreneurship and social entrepreneurship for young people facing fewer opportunities

### ***Just Arrange It – August 2016 (14 days), Netherlands – Cherry International Foundation (NL)***

Entrepreneurship, employability and initiative for young people facing fewer opportunities

### ***Free Light – January 2015 (12 days), Netherlands – Olde Vechte Foundation (NL)***

Building together a new perspective on employment.

### ***Wide Open Windows – October-November 2014 (10 days), Netherlands – Olde Vechte Foundation***

Creating educational tools for peace builders, by bringing together people who are interested in peace education and outdoor.

### ***Yellow Brick Road YE – March 2014 (12 days), Netherlands – Olde Vechte Foundation (NL)***

A new perspective on fulfillment through entrepreneurship and initiative to 40 participants coming from 8 countries.

### ***New Mountain YE – January 2014 (12 days), Netherlands – Olde Vechte Foundation (NL)***

Bringing a new perspective on fulfillment through entrepreneurship and initiative for young people struggling to join the labour market.

### ***GroupWise YE – March 2013 (12 days), Netherlands – Olde Vechte Foundation (NL)***

Practicing and developing skills for working with groups and facilitating activities.

**YES - Youth, Employability, Skills YE – July 2011 (11 days), Netherlands – Olde Vechte Foundation (NL)**

Empowering young people into finding their core qualities and apply them in the job market in order to find a desirable career or start their own company.

Role: Group Leader

## **EVS mentoring and coordination:**

### ***Free Waves – June-August 2016 (240 hours mentoring) – Olde Vechte Foundation (NL)***

Short-term Group EVS for 30 young people facing fewer opportunities, coming from 12 countries.

The aim of the project was to empower young people with fewer opportunities to develop further their life and employment/employability skills by living and working together in the local community of Ommen, the Netherlands.

### ***Step by Step GEVS– June-August 2015 (240 hours mentoring) – Olde Vechte Foundation (NL)***

Short-term Group EVS for 30 young people facing fewer opportunities, coming from 12 countries.

The aim of the project was to empower young people with fewer opportunities to develop further their life and employment/employability skills by living and working together in the local community of Ommen, the Netherlands.

### ***Smells Like Team Spirit GEVS – June-August 2014 (240 hours mentoring) – Olde Vechte Foundation (NL)***

Short-term Group EVS for 30 young people facing fewer opportunities, coming from 12 countries.

The aim of the project was to empower young people with fewer opportunities to develop further their life and employment/employability skills by living and working together in the local community of Ommen, the Netherlands.

### ***Build Upon Each Other EVS – August 2013-May 2014 (coordinator and mentor for 240 hours) – Olde Vechte Foundation (NL)***

Long term EVS project for 13 young people facing fewer opportunities, coming from 7 countries.

The aim of the project was is increasing employability through experiential learning and by developing a sense of entrepreneurship and initiative.

*Sustainable Community GEVS – June-August 2013 (240 hours mentoring) – Olde Vechte Foundation (NL)*

Short-term Group EVS for 30 young people facing fewer opportunities, coming from 12 countries.

The aim of the project was to empower young people with fewer opportunities to develop further their life and employment/employability skills by living and working together in the local community of Ommen, the Netherlands.