

CHARIS CHARALAMBOUS

PSYCHOLOGIST – TRAINER/FACILITATOR – LEARNING DESIGN CONSULTANT

PERSONAL DETAILS

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Date of birth: December 31st, 1977
Nationality: Cypriot
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Passion Creativity Growth

EDUCATION

Institution (Date from - Date to)	Degree(s) or Diploma(s) obtained:
Conferences, Seminars, Training Courses and Workshops in Cyprus and overseas July 2002 – Today	Continuing Professional Development on Psychological Interventions, Youth & Adult Training Methodologies, Topics related to Social Inclusion
Arcadia University, Pennsylvania, USA September 2000 – May 2002	Master of Arts in Counseling (Psychology)
Miami University, Ohio, USA August 1998 – May 2000	Bachelor of Arts in Psychology
Intercollege, Nicosia, Cyprus September 1996 – May 1998	Associate Degree in Liberal Arts

PROFESSIONAL EXPERIENCE

Counseling Psychology/Social Services

School Counselor: Aug 2022 – August 2024, The English School, Nicosia, CY

Provision of one-one and group-based psycho-emotional support to students aged 11-19. Design and facilitation of Personal Social Health Citizenship Education lessons.

School Counselor: Mar 2021 – Jul 2022, American International School of Cyprus, Nicosia, CY

Provided one-one psycho-emotional support to students aged 3-11. Designed and facilitated the weekly Social-Emotional & Character Development lesson.

Counseling Psychologist: Feb 2018 – Jun 2019, Enoros Consulting, Nicosia, CY

Provided individual psychological support to students in various public Primary and Secondary schools, upon assignment, for the ESF-funded program DRA.S.E (Actions for School and Social Inclusion).

Counselor/Psychologist: Nov 2012 – Jun 2018, New Modern Apprenticeship (Nicosia Preparatory Apprenticeship Unit & Core Apprenticeship), Nicosia, CY

Provided individual psychological assessment and support to students of the program (aged 14-18) and their parents. Designed and implemented regular group-based, non-formal, personal and social development activities for the students.

Counseling Psychologist: Sep 2011 – Feb 2016, Aglantzia Municipality Counseling Center, Nicosia, CY

Provided psychological support and guidance to individuals, couples, youth and families with various biopsychosocial concerns.

Social Services Officer: Feb 2005 – Dec 2011, Social Welfare Services, Nicosia, CY

Provided services in the sections of Family Guidance, Public (monetary) Assistance, Children In-Care of the state, Child Custody, School-based Social Work.

Counseling Psychologist/Facilitator: Dec 2003 – Jan 2014, Foundation Multifunctional Center of Strovolos Municipality, Nicosia, CY

Provided psychological support and guidance to individuals, couples, youth and families with various biopsychosocial concerns, for the municipality's Counseling Centre. Delivered presentations of various topics on Adult Personal & Social Development. Facilitated experiential personal development group meetings for adults and for adolescents.

Case Worker: Dec 2003 – Feb 2005, Early Intervention Coordination Service, Nicosia, CY

Advocated for and guided families of preschool-age children with developmental delays/disorders.

Outpatient Therapist: May 2002 – Jun 2003, Northwestern Human Services of Montgomery County, Pennsylvania, USA
Provided psychological support to children, youth, adults, couples and families with various biopsychosocial concerns.

Training/Facilitation

Senior Curriculum Designer and Facilitator: May 2022 – Jul 2022, UWC Cyprus, online and on-site in Kornos, CY
Co-designed and co-facilitated the content and flow of a 10-day multicultural Summer Course for youth aged 14-17.

Co-initiator and Lead Facilitator: Oct 2019 – Today, Conversation Cafe Cyprus, online and various locations in CY
Preparation and facilitation of regular multicultural group meetings (youth and adults) for meaningful connection and conversation on topics of mutual, social interest.

Trainer/ Facilitator: Oct 2019 – Jun 2020, 5th Aglantzia Public Primary School, Nicosia, CY
Designed and implemented “Together we can do it better!”, a series of 22, eighty-minute workshops (11 face-face at school, 11 online) for the development of Personal Social Emotional skills of a 3rd-grade class.

Lead Trainer/ Facilitator: Jul 2018, Youngstars Cyprus, Nicosia, CY
Designed and facilitated a month-long social-personal development program for 11-13 year old’s, using experiential learning activities.

Lead Trainer/ Facilitator: Sep 2017 – May 2018, E.DRA.S.E Athens, online and on-site, Athens, GR
Designed and implemented “LeaD in Practice” (Learning Design in Practice), a nine-month, blended-learning project (Training of Trainers) for European Educators/Youth Trainers, funded by the Erasmus+ Greek National Agency.

Member of external Pool of Trainers: Dec 2013 – Jun 2022, Cyprus Pedagogical Institute, various locations in CY
Designed and delivered workshops for teachers and parents. Topics included life skills, communication and conflict resolution skills, empathy, effective parenting, developing a positive school climate, active learning and alternative assessment methods.

Team-building Facilitator: Mar 2011 – Nov 2017, Junior Achievement Young Enterprise Cyprus, Nicosia, CY
Designed and facilitated ice-breaking and group-building activities and mentoring for 100 youth in yearly “Creativity and Innovation Challenge” and “Bi-Communal Innovation Camp” events.

Trainer/ Facilitator: Mar 2008 – Nov 2014, Association for the Development of Life Skills, Nicosia and Limassol, CY
Designed and delivered personal development workshops for adults, workshops for primary and secondary education teachers, Peace Education workshops for youth, and series of EU-funded In-Service Training Courses for Teachers/ Educators/ School staff.

Trainer/ Facilitator: Apr 2005 – Today, multiple organizations in Cyprus and overseas
Design and delivery of workshops and training courses, and facilitation of learning processes for youth, adults and educators, on various topics (e.g. Global Education, Active Citizenship, Entrepreneurship, Life Skills), upon invitation or assignment.

Invited Presenter/ Facilitator/ Trainer: Nov 2003 – Today, various schools in CY
Delivery of presentations or experiential workshops with parents and teachers and experiential workshops with students of public and private schools.

Psychology Lecturer: Oct 2003 – Jun 2004, Cyprus Nursing School, Nicosia, CY
Prepared and presented General Psychology and Mental Health topics to 1st- and 3rd-year students.

Learning Design Consultation

Member of HundrED Advisory Board: Jan 2020 – Today, HundrED Finland, online
Identification of innovative educational programs in Cyprus and abroad. Yearly review of educational innovations from around the world for inclusion in HundrED’s Global and Spotlight Collections.

Learning Design Consultant: May 2018 – Today, Various organizations and individuals
Consultation, support and provision of feedback to educators and organizations on how to structure and improve their training and meeting events.

Grant application writer: Apr 2012 – Jun 2019, various organizations and Cyprus Youth Board
Fully or partially involved in writing successful grant applications for educational programs funded by the European Lifelong Learning and Erasmus+ programs. Evaluation of Erasmus+ funding applications.

LANGUAGE SKILLS

Greek: Native (C2) English: Fluent (C2) Spanish: Intermediate (B2)

HELD POSITIONS OF RESPONSIBILITY

Former member of the Board: Association for the Development of Life Skills, Rooftop Theatre Group, Cyprus Youth Council Pool of Trainers, Cyprus Society of Family Therapy, EOS Nicosia Hiking Club

PERSONAL SKILLS

- Enthusiastic and energetic team-player with a positive attitude and good sense of humor
- Experience in networking and cooperation with other professionals from various backgrounds
- Ability to effectively manage information and produce written and oral reports within set time limits
- Ability to evaluate training needs, possibilities and difficulties and apply appropriate interventions
- Keen social awareness and judgment

OTHER SKILLS AND QUALIFICATIONS

- Candidate for the Cyprus Human Resource Authority (HRDA) Lifelong Trainer Certification
- Licensed to practice as a Counseling Psychologist in Cyprus
- Competence in most Microsoft Office programs and Web 2.0 navigation
- Experience as amateur actress (2009-2014) with multicomunal Rooftop Theatre Group

SCHOLARSHIPS AND AWARDS

- Grundtvig / European LLP Grants to participate in adult education training activities (2004, 2007, 2011)
- Cyprus-America (Fulbright) Scholarship Program - Short Term Training Grant (2008)
- Molly Haas Valentine Graduate Award for exhibiting dedication and determination in the pursuit of excellence (2002)
- P.E.O. Sisterhood's International Peace Scholarship for female graduate students (2001 – 2002)
- A.G. Leventis Foundation's Educational Grant for the pursuit of graduate studies (2000 - 2003)
- Traditional J. Fulbright Undergraduate Scholarship for non-US students (1998 – 2000)

EDITED PUBLICATIONS

- "Together we can do it better! – Handbook of 156 Activities for Social-Emotional Learning", 2020.
Available for purchase in Greek, ISBN: 978-9925-7640-0-6.
- "Performing their Story – Handbook of Activities", 2019. EU-funded project combining Global Education with Theatre.
Available to download at: <https://www.salto-youth.net/tools/toolbox/tool/activities-handbook-for-global-citizenship-education-and-theatre-performing-their-story-project.2575/>

WORK REFERENCED IN PUBLICATIONS

"On Track - Different youth work approaches for different NEET situations", 2015. European Commission – SALTO Inclusion Resource Centre. Available to download (pages 75-79) at: <https://www.salto-youth.net/downloads/4-17-3266/OnTrack.pdf>