

# CHARIS CHARALAMBOUS

## CONTACT INFORMATION

**E-mail:** charalca@hotmail.com    **Mobile Phone:** +357 99318625    **Address:** 8 Evridikis Str., Apt. 102, 2101 Nicosia, Cyprus  
**Website:** www.withcharis.com    **Linkedin:** <https://www.linkedin.com/in/withcharischaralambous>    **Nationality:** Cypriot

## PROFILE SUMMARY

A Psychologist, Trainer and Learning Design Consultant that combines her expertise with creativity, unconventionality and global awareness, to deliver meaningful support and learning experiences to individuals, groups and organizations.

## MAIN PROFESSIONAL EXPERIENCE

### Learning Design Consultation [2018 – Today]

*Main Tasks: Consultation, preparation support and feedback to educators and organizations on how to structure and improve their training and meeting events (examples below).*

- \* EU-Interreg Entrepreneurship Education seminar / SDGs in Business meeting / TEDx event / Startup networking event/ Mountain Leader training / Elevator Pitch workshop / Business Coaching launch meeting / SALTO Drop-In Training Course

### Training / Facilitation [2003 – Today]

*Main Tasks: Design, preparation and delivery of seminars, workshops and courses on various topics to different target groups, in local and European programs, using traditional and experiential learning methods. Design and/or implementation of novel educational programs for youth and adults/professionals (examples below).*

- \* Imagine Peace Education bicommunal program for students and teachers (October 2018 – Today)
- \* Cyprus Pedagogical Institute (March 2014 – Today)
- \* Lead in Practice (Learning Design in Practice) Erasmus+ 9-month project (September 2017 – June 2018)
- \* Nicosia Preparatory Apprenticeship Unit, personal and social development activities for youth at-risk of abandoning education (November 2012 – June 2016)
- \* Cyprus Youth Council Pool of Trainers (November 2011 – November 2015)
- \* Association for the Development of Life Skills (February 2008 – December 2013)
- \* Foundation "Multifunctional Municipality Center of Strovolos Municipality" (February 2005 – January 2014)

### Counseling Psychology / Mental Health [2002 – Today]

*Main tasks: Assessment and provision of psychological support to individuals, couples, youth and families with various bio-psycho-social concerns, using a systemic and dialogical approach. Registered as a Counseling Psychologist in Cyprus.*

- \* DRASE (Actions for Educational and Social Inclusion in public schools), Nicosia, Cyprus (March 2018 – Today)
- \* New Modern Apprenticeship, Nicosia, Cyprus (November 2012 – June 2018, 731 hours of contact with clients)
- \* Aglantzia Municipality Counseling Center, Nicosia, Cyprus (September 2011 – February 2016, 1180 hours of contact with clients)
- \* Strovolos Municipality Counseling Center, Nicosia, Cyprus (December 2003 – January 2011, 978 hours of contact with clients)
- \* Northwestern Human Services of Montgomery County, Pennsylvania, USA (May 2002 – June 2003, ≈ 400 hours of contact with clients)

## OTHER PROFESSIONAL EXPERIENCE

### Grant Proposal Writing and Evaluation [2012 – Today]

*Main Tasks: Full or partial involvement in writing successful grant applications for educational programs funded by the European Lifelong Learning and Erasmus+ programs. Evaluation of Erasmus+ funding applications.*

- \* Sailing for Peace Education, Learning at the Hearth, Lead in Practice, Life Skills Development in Outdoor Settings (April 2012 – February 2018)
- \* Cyprus Youth Board (National Agency) Erasmus+ Evaluator (April – November 2015, 33 applications reviewed)

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## Social Welfare Services [2003 – 2011]

*Main Tasks: Preventive support and counselling to families at risk or in crisis, protection of In-Care children, preparation of reports for Child Custody court cases. Advocacy and guidance for families of preschool-age children with developmental delays/disorders.*

- \* Cyprus Social Welfare Services (public service), Nicosia, Cyprus (February 2005 – December 2011, Social Services Worker for: Family Guidance, Children In-Care of the state, Child Custody, School-based Social Work)
- \* Early Intervention Coordinating Service, Nicosia, Cyprus (November 2003 – February 2005, Early Intervention Officer)

## EDUCATIONAL TRACK

### Continuing Professional Development

Conferences, Seminars, Courses and Workshops in Cyprus and overseas, July 2002 – Today

### Academic Degrees

**Master of Arts in Counseling (Psychology)**, Arcadia University, Pennsylvania, USA (September 2000 – May 2002)

**Bachelor of Arts in Psychology**, Miami University, Ohio, USA (August 1998 – May 2000)

**Associate Degree in Liberal Arts**, Intercolleage, Nicosia, Cyprus (September 1996 – May 1998)

## POSITIONS OF RESPONSIBILITY / MEMBERSHIPS

- \* Member of the Board – Current: EOS Nicosia Hiking Club. Former: Association for the Development of Life Skills, Rooftop Theatre Group, Cyprus Youth Council Pool of Trainers, Cyprus Society of Family Therapy
- \* Memberships: International Association of Facilitators, Cyprus Society of Family Therapy

## LANGUAGE SKILLS

**Greek:** Native (C2)      **English:** Fluent (C2)      **Spanish:** Intermediate (B2)

## PERSONAL SKILLS

- \* Enthusiastic and energetic team-player with a positive attitude and good sense of humor
- \* Experience in learning project management, delivery and evaluation
- \* Experience in networking and cooperation with other professionals from various backgrounds
- \* Ability to effectively manage information and produce written and oral reports within set time limits
- \* Ability to evaluate training needs, possibilities and difficulties and apply appropriate interventions
- \* Keen social awareness and judgment
- \* Competence in most Microsoft Office programs and Web 2.0 navigation

## SCHOLARSHIPS AND AWARDS

- \* Grundtvig / European LLP Grants to participate in adult education training activities (2004, 2007, 2011)
- \* Cyprus-America (Fulbright) Scholarship Program - Short Term Training Grant (2008)
- \* Molly Haas Valentine Graduate Award for exhibiting dedication and determination in the pursuit of excellence (2002)
- \* P.E.O. Sisterhood's International Peace Scholarship for female graduate students (2001 – 2002)
- \* A.G. Leventis Foundation's Educational Grant for the pursuit of graduate studies (2000 - 2003)
- \* Traditional J. Fulbright Undergraduate Scholarship for non-US students (1998 – 2000)

## AVAILABLE PORTFOLIOS

- \* Experience in Training Delivery (target populations: youth, adults and professionals)
- \* Continuing Professional Development