

PERSONAL INFORMATION

Mayssa Rekhis



✉ mayssarekhis@gmail.com

Sex Female | Date of birth 26/04/1989 | Nationality Tunisian

PERSONAL STATEMENT

Medical doctor and PhD scholar, with interest and expertise in global health, health and human rights, health and migration, mental health, and sexual and reproductive health and rights;

International trainer with 6 years of experience in the fields of Human Rights Education, Health, Gender, Democracy and Participation;

Human rights defender with more than 8 years of extensive experience working in human rights and peace initiatives in the field, and in leadership positions;

WORK EXPERIENCE

Oct 2016–Present

PhD researcher

Phoenix Erasmus Mundus in Dynamics of Health and Welfare

Research project: "Populations mobility: An opportunity for health equity."

Sep 2011–Present

International trainer and consultant

Independant

- Designed and delivered more than 1,200 hours of training sessions in the fields of human rights, health, gender, participation, inclusion and democracy with national and international NGOs and institutions.

- Extensive experience in training (current and future) health professionals in health and human rights.

- Carried consultancies to produce strategies, to document, or to evaluate youth projects and programs.

- Member of the Council of Europe pool of trainers since October 2013.

- SALTO youth trainer: <http://trainers.salto-youth.net/MayssaRekhis/>

Business or sector Human rights, gender, participation, intercultural dialogue, inclusion, sexual and reproductive health and rights, health and human rights

Oct 2015–Jun 2016

Member of the experts review committee of the Quality Rights capacity building project

World Health Organization

- Review and feedback the capacity-building modules and material of the Quality Rights project: human rights of people with psycho-socio disabilities.

Business or sector Health and human rights, mental health, psycho-social disabilities

Aug 2015–Oct 2015

Youth Program Consultant

United Nations Population Fund (UNFPA), Tunis (Tunisia)

- Developed a new strategy for the peer education component of the youth sexual and reproductive health and rights program.

Nov 2012–Oct 2014

Medical intern

Ministry of Health, Tunis (Tunisia)

Carried full-time clinical duties in 7 departments : Psychiatry, Gynecology and Obstetrics, Pediatrics, Neonatology, Endocrinology, Surgery and Internal Medicine.

Business or sector Health care, Medicine

EDUCATION AND TRAINING

Oct 2016–Present

PhD in Dynamics of Health and Welfare

EHESS-Paris, Linköping University, Evora University, National School of Public Health - Lisbon

- Research project : "Populations mobility: an opportunity for health equity"

- Awarded the Erasmus Mundus Joint Doctorate Scholarship for outstanding students (2016-2019)

Sep 2007–May 2015

Medical Doctorate

Faculty of Medicine - University Tunis El Manar, Tunis (Tunisia)

Thesis 'Rights of people with mental disorders: realities and perceptions'

Very honorable distinction with the jury praise and proposal to the best thesis prize.

Sep 2003–Jun 2007

Scientific Bacallaureate

Pioneer High School of Ariana, Ariana (Tunisia)

Very good distinction: 19.52/20 (Ranked second at the national level).

PERSONAL SKILLS

Mother tongue(s)

Arabic

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
French	C2	C2	C2	C2	C2
English	C2	C2	C1	C1	C2
TOEFL iBT score: 108					
Spanish	A2	B2	A2	A2	A2
Swedish	A1	A1	A1	A1	A1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user
Common European Framework of Reference for Languages

ADDITIONAL INFORMATION

Memberships

December 2014 - Present

Co-founder and secretary general of The Young Republic: a non-governmental organization working with young Syrians in the diaspora aiming to empower them to foster their participation in the democratic structures of their host communities and prepare them to build a new democratic republic in post-war Syria.

Volunteering experience

- Focal point of the Youth Peer Education Network (Y-PEER) since 2011- Elected Focal Point in Charge for 2012-2013:

Led the national peer education program for youth about sexual and reproductive health and rights,

with a special focus on HIV/STIs prevention.

- Volunteer in the Tunisian Medical Students Association: Associamed: 2007 - 2015. Elected national officer of human rights and peace for 2010-2011:

Initiated the Human Rights committee, and the Human Rights Education program for medical students;

Coordinated two awards winning national projects: Rev&volution and Libraries in Our Schools, both got the first price in the Rex Crossley Awards Competition in 2011 and 2012;

Participated in the exchange program as volunteer in the asylum seekers center of Bucharest with the Medical Students Association in Romania - 2009.

- Think Global initiative: Eastern Mediterranean Region coordinator : IFMSA (International Federation of Medical Students Associations) initiative to integrate Global Health in medical curricula - 2011

Certifications Certification in Health Workers, Conflict and Peace - Medical Peace Work - Online - 2015

Certification in Medicine, Health and Human Rights - Medical Peace Work - Online - 2014

Training of trainers in Human Rights Education - Council of Europe - Budapest - 2012

Training of trainers in Health and Human Rights - International Federation of Health and Human Rights Organizations (IFHHRO) - Copenhagen - 2011

Gender and women rights - The Feminist University Ilhem Marzouki - The Tunisian Association of Democrat Women (ATFD) - 2010/2011

Advanced training of trainers in peer education about sexual and reproductive health and rights of youth - Y-PEER - 2010

Publications Rights of people with mental disorders: realities and perceptions.

WHO Quality Rights project http://www.who.int/mental_health/policy/quality_rights/QR_Tunisia.pdf?ua=1

Educate people about, in and for democracy. Zocalo Public Square

<http://www.zocalopublicsquare.org/2015/05/13/will-tunisias-arab-spring-reach-full-bloom/ideas/up-for-discussion/#Mayssa+Rekhis>

Novels:

- 'Femmes-en-ciel' (In French) - Edilivres - France - 2013

- 'Damaat El Adara' (In Arabic) - Essanabel Editions - Tunisia 2006