



To whom this may concern,

It is my pleasure to write this recommendation letter for Alvydas Opulskis. I have got to know him professionally while he was doing a 4 months long internship and working as a trainer in our multinational association.

Our organisation was in need of a person able to help us create and subsequently implement three separate projects under the European Union's Erasmus+ programme; and this was when we have turned to Alvydas, a bright and experienced former creative. To be more exact, we were looking for opportunities to organise a week long international youth exchanges for 40 people (from 6 countries) on the topics of youth participation, volunteering & career and food waste. The candidate suited us perfectly: motivated, ambitious and open-minded person with the much needed creativity. Not to mention his written and oral fluency in English.

Alvydas has proven to be brilliant at presenting ideas. He would do so in an easy-to-understand manner and hence we employed his skills extensively when preparing pitches on the projects. These were praised as professional and up to the point by our partner organisations and participating experts; and the credit for this goes to Alvydas.

The candidate has also been making the schedule and creating the activities for the project. For this, Alvydas has been working along with the other members of our association. As a team worker, Alvydas was outstanding – calmly thinking things through, yet always sure when in need to make decisions. Furthermore, he is one of those persons, who can successfully carry out a task without any supervision. Owing to these features, we could entirely entrust Alvydas with a responsibility.

While leading the planned activities he have once again shown excellence. Alvydas' ability to make simple learning interactive and employ innovative methods for that are mostly to thank. Yet, his charisma and easy going character have also played a role. Anonymous participants' assessments carried out at the end of each of the projects have revealed the best grades for him as a trainer.

The set of skills and competences he has, certainly distinguish Alvydas Opulskis from the others. I see him as a type that has all the required capabilities for a successful professional/trainer. Therefore, I can strongly recommend Alvydas to your company/organisation. Please do not hesitate to contact us if you have any further questions regarding the candidate.

**The candidate has:** made a schedule and created content for international youth exchanges, translated from and to English; learned how to write projects under the Erasmus+ programme, as well as how to interact with private and public institutions; led numerous activities for international groups in 3 different projects; filmed and made videos.

**Main strength:** creativity.

Yours faithfully,

Gediminas Kondrackis  
Director



**Asociacija „Aktyvus jaunimas“**

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