

RESUMÉ

Sarah Maria Herold
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My motivation...

...is to motivate others!

Due to a very intercultural and eventful childhood I am used to adapting quickly and with flexibility to new situations. I have learned how to rise to new challenges and that success (or the lack of it) depends upon the enthusiasm that one is able to convincingly direct toward any situation

My attributes include the ability to recognize room for improvement very rapidly and also to develop and enhance the communication skills needed in a team. It is typical for me to approach people openly and persuasively in order to get a good creative mix into new ideas. I would be delighted to bring these qualities to your business too

Global Experience

2008 – 2009

Prague, Czech Republic
Freelance Trainer & Coach

2006 – 2008

Eastern Europe
HR Manager for the Region EE
(Czech Republic, Slovakia,
Hungary, Bulgaria, Poland &
Russia)

2005

Sabbatical
(USA, Fiji, New Zealand, Australia,
Singapur, Thailand, Cambodia and
Vietnam)

2003

Curitiba & Sao Paulo, Brazil
Project Lead

2002

Puebla, Mexico
Project Lead

1986 – 1991

Montevideo, Uruguay
Living & Studying

1982 – 1986

Er-Riad, Saudi Arabia
Living & Studying

Formal Education

2000 – 2003 Studies and graduation in Business Administration (Management & Business Academy (VWA) in Wuppertal, Germany)

Topic of Thesis: "Efficient communication within large international businesses – needs, conditions & problems"

Relevant Courses & Certifications

2014 Practicing Coaching at the Olde Vechte Foundation in Ommen, Netherlands

2011 IRC-Certification in Amsterdam, Netherlands

2008 – 2010 Distance Study for Psychological Advisory (ALH Academy in Haan, Germany)

2007 – 2008 Formation as trainer for communication & behavior (Artop- Training Institute of the Humboldt University in Berlin, Germany)

2007 Certification as DISC-Trainer (Persolog GmbH, Remchingen, Germany)

2004 – 2005 Certification as Six Sigma Greenbelt (JC-Master Program in Wuppertal, Germany)

2003 Supervisor Exam at the Chamber of Commerce & Industry in Wuppertal, Germany

Languages

Fluent in German, Spanish & English. Good knowledge of Portuguese and basic of French and Czech

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Referrals

Colleague & Business Partner
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Client
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Client
Scholz & Friends
HR Development
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Business Partner
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Tel: +421 918 711 632

HR Director Eastern Europe
Johnson Controls
Jindrich Krestan
jinrich.krestan@jci.com
Tel: +420 602 245 074

Countries of expertise

Germany, Austria, Netherlands,
Spain, Italy, Czech Republic,
Slovakia, Poland, Hungary, Russia,
Bulgaria, Brazil, Mexico, Uruguay,
Argentina, Chile

Work Experience

since 2009 Managing Partner of itim international, for the Czech Republic (www.itim.org) I counsel and advise leaders (at all levels) of international teams regarding their communication style and the choice of appropriate situational leadership behavior

since 2008 Executive Trainer & Coach, Director of Learn4Effect. s.r.o located in Prague, Czech Republic (www.learn4effect.com)

My training & coaching focus is based in the area of communication and cooperation for individuals and teams in international and dynamic environments

2006 – 2008 Regional Leadership Development Manager for Eastern Europe at Johnson Controls, Czech Republic

2003 – 2005 HR Professional & Training Officer at Johnson Controls, Germany

2003 Project Lead for Best Business Practice Sharing concerning international applicable learning systems at Johnson Controls, Brazil

Selected Clients



SCHOLZ & FRIENDS

