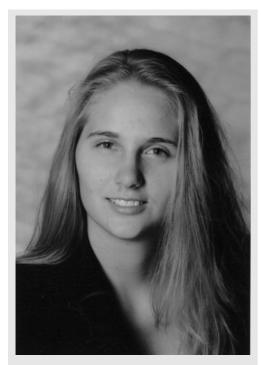
RESUMÉ

Sarah Maria Herold email: smh@learn4effect.com cell: +49 176 969 992 54



Global Experience 2008 – 2009 Prague, Czech Republic Freelance Trainer & Coach

2006 – 2008 Eastern Europe HR Manager for the Region EE (Czech Republic, Slovakia, Hungary, Bulgaria, Poland & Russia)

2005

Sabbatical (USA, Fiji, New Zealand, Australia, Singapur, Thailand, Cambodia and Vietnam)

2003

Curitiba & Sao Paulo, Brazil Project Lead

2002 Puebla, Mexico Project Lead

1986 – 1991 Montevideo, Uruguay Living & Studying

1982 – 1986 Er-Riad, Saudi Arabia Living & Studying

My motivation...

... is to motivate others!

Due to a very intercultural and eventful childhood I am used to adapting quickly and with flexibility to new situations. I have learned how to rise to new challenges and that success (or the lack of it) depends upon the enthusiasm that one is able to convincingly direct toward any situation

My attributes include the ability to recognize room for improvement very rapidly and also to develop and enhance the communication skills needed in a team. It is typical for me to approach people openly and persuasively in order to get a good creative mix into new ideas. I would be delighted to bring these qualities to your business too

Formal Education

2000 – **2003** Studies and graduation in Business Administration (Management & Business Academy (VWA) in Wuppertal, Germany)

Topic of Thesis: "Efficient communication within large international businesses – needs, conditions & problems"

Relevant Courses & Certifications

2014 Practicing Coaching at the Olde Vechte Foundation in Ommen, Netherlands

2011 IRC-Certification in Amsterdam, Netherlands

2008 – 2010 Distance Study for Psychological Advisory (ALH Academy in Haan, Germany)

2007 – 2008 Formation as trainer for communication & behavior (Artop- Training Institute of the Humboldt University in Berlin, Germany)

2007 Certification as DISC-Trainer (Persolog GmbH, Remchingen, Germany)

2004 – 2005 Certification as Six Sigma Greenbelt (JC-Master Program in Wuppertal, Germany)

2003 Supervisor Exam at the Chamber of Commerce & Industry in Wuppertal, Germany

Languages

Fluent in German, Spanish & English. Good knowledge of Portuguese and basic of French and Czech

RESUMÉ

Referrals

Colleague & Business Partner itim international Dr. Perizat Daglioglu perizat.daglioglu@itim.org Tel: +49 (0) 152 018 782 28

Client

Vienna Insurance Group Risk Manager, Asset Management Stoyan Angelov stoyan.angelov@vig.com Tel: +43 (0) 50 100 - 75348

Client

Scholz & Friends HR Development Anke Landmark anke.landmark@s-f.com Tel: +49 (0) 176 572 520 10

Business Partner Katarina Sabolova sabolova.katarina@hotmail.com Tel: +421 918 711 632

HR Director Eastern Europe Johnson Controls Jindrich Krestan jinrich.krestan@jci.com Tel: +420 602 245 074

Countries of expertise

Germany, Austria, Netherlands, Spain, Italy, Czech Republic, Slovakia, Poland, Hungary, Russia, Bulgaria, Brazil, Mexico, Uruguay, Argentina, Chile

Work Experience

since 2009 Managing Partner of itim international, for the Czech Republic (www.itim.org) I counsel and advise leaders (at all levels) of international teams regarding their communication style and the choice of appropriate situational leadership behavior

since 2008 Executive Trainer & Coach, Director of Learn4Effect. s.r.o located in Prague, Czech Republic (www.learn4effect.com)

My training & coaching focus is based in the area of communication and cooperation for individuals and teams in international and dynamic environments

2006 – 2008 Regional Leadership Development Manager for Eastern Europe at Johnson Controls, Czech Republic

2003 – 2005 HR Professional & Training Officer at Johnson Controls, Germany

2003 Project Lead for Best Business Practice Sharing concerning international applicable learning systems at Johson Controls, Brazil

Selected Clients

