

# Esther Vallado

Freelance trainer in the fields of environmental issues, sustainability,  
nature connection & personal development

Founding Manager and Project Coordinator of the NGO Biodiversa:  
“Conserving nature through education and awareness-raising”

## Background:

Academic: BSc Environmental Sciences – Coventry University, UK  
Natural Resources Management Technician – IES Luces, Spain

Professional: Founding Manager, Project Coordinator and Lead Trainer at Biodiversa, Spain, 12 years  
Environmental Adviser for the regional Green Party, Spain, 2 years  
Coordinator of WWF (World Wildlife Fund) local group, Spain, 2 years  
Project Officer, IUCN (International Union for the Conservation of Nature), Belgium, 2 years  
Environmental Customer Service, Lenntech water treatment, The Netherlands, 14 months

Main competences/skills	Main values	Passions
<ul style="list-style-type: none"> <li>✓ Constructive</li> <li>✓ Cooperative</li> <li>✓ Creative</li> <li>✓ High emotional intelligence</li> <li>✓ Practical</li> <li>✓ Resilient</li> </ul>	<ul style="list-style-type: none"> <li>✓ Empathic</li> <li>✓ Honest</li> <li>✓ Reliable</li> <li>✓ Resourceful</li> <li>✓ Respectful</li> <li>✓ Responsible</li> <li>✓ Sensible</li> </ul>	<ul style="list-style-type: none"> <li>✓ Environmental education</li> <li>✓ Non-formal, transformative and experiential life-long learning</li> <li>✓ Inspiring and motivating others to achieve their dreams/goals</li> <li>✓ Discovering new landscapes, places, people and cultures</li> </ul>

## Pools of trainers I belong to:

- ✓ Greenr (by the Green European Foundation): [www.greenr.eu/experts/esther-vallado/](http://www.greenr.eu/experts/esther-vallado/)
- ✓ International Young Nature Friends (IYNF): <https://www.iynf.org/pool-of-trainers/>
- ✓ SALTO: [www.salto-youth.net/tools/toy/esther-vallado.2848/](http://www.salto-youth.net/tools/toy/esther-vallado.2848/)
- ✓ Spanish National Agency (internal database)
- ✓ Youth and Environment Europe (YEE) (internal database)
- ✓ Youth@Work: <https://youthatworkpartnership.org/team/esther-vallado/>

## Training education: Trainings for trainers I attended

Year	Title/topic	Organiser	Country
2011	Organization of European Projects under the Youth in Action Programme	Asturias Youth Council	ES
2012	V ToT "100% Non-Formal Learning: Practical Strategies for Youth Work"	Vasque National Agency	ES
2012	IX ToT "Working with Volunteers"	Castilla la Mancha National Agency	ES
2014	Advanced Training on Group Processes and Facilitation	Icelandic National Agency	IS
2015/2016	SALTO (Support for Advanced Learning and Training Opportunities) ToT	SALTO	BG, DE, BE
2016	Special Effects: Simplicity, Depth and Nature-Based Methods in Youth Work and Training	Play It Big	SK
2018-2019	Co-creating the Emerging Future 2018: The Schumacher Certificate in Leadership and Facilitation	Schumacher college	UK

**Training experience:** Full-time international training courses, 6-7 days long (specified if otherwise) which I designed and delivered, in multicultural trainers teams.

Year	Training title/topic	Promoter	Country
2012	Small Foot: How to Reduce your Ecological Footprint	Biodiversa	ES
2013	Youth for Rivers	Youth and Environment Europe	AM
2013	Transition Communities	Biodiversa	ES
2014	Ruralise Yourself!	Biodiversa	ES
2014	Follow-up and Impact of International Projects	Youth and Environment Europe	LV

2015	Environmental Training for Eco-Trainers	YEE/Føj-Aktiv	DE
2015	Supporting Youth Creating Green Start-ups	Youth and Environment Europe	ES
2015	Connecting with Nature	Biodiversa	ES
2016	Wake Up, Green Up! (5 days)	French National Agency	FR
2016	Transatlantic Summer Academy on Sustainability (3 weeks)	University of Bremen, AFS Intercultural Programmes and Intercultur	DE
2017	Wake Up, Green Up! II (5 days)	Spanish National Agency	ES
2019	Patterns of Activism	International Young Naturefriends	LE
2019	Live Sustainably	Biodiversa	ES
2021	Climate Justice – Just a Game?	International Young Naturefriends	Online
2021	Let the Climate Game Begin	International Young Naturefriends	FI
2021	Let's Play	International Young Naturefriends	DE
2021	Building Eco-Literacy in Youthwork	Youth@Work platform	ES
2022	Time for Youth to Speak Climate (5 days)	Youth and Environment Europe	EE
2022	Youth & Mental Health	International Young Naturefriends	GR
2022	Youth Digital Communication (5 days)	Youth and Environment Europe	AT
2022	Stories for a New World	Art Kruh	SK
2022	Live Sustainably II (9 days)	Szatyor Association	HU
2023	Greening International Youth Mobilities	Naturfreunde Jugend Deutschlands	ES
2023	The Gift of Re-Membering: Awakening Ecological Consciousness	Learning for change	BG

**Training experience:** Loose sessions I designed and delivered under request.

Year	Sessions topic and duration	Context	Organiser	Country
2013	Environmental education (4h)	Training course for leisure-time instructors	Youropía	ES
2013	European Youth Programmes and Youth Employability (1h)	Conference on Youth Employability	Asturian National Agency	ES
2014	Entrepreneurship in rural areas (2 h)	Jean Monnet workshops	University of Oviedo	ES
2014	Transformative learning (4h)	International Young Nature Friends Networking Conference	International Young Nature Friends	IT
2018	Working on the environmental field (1h)	Vocational guidance programme	Youth Department of Gijón's cityhall	ES
2021	Facilitating the wellbeing of young people (10h)	Asturian Youth Institute	Youth Department of Gijón's cityhall	ES
2021	Citizens and the environment (6h)	Jean Monnet workshops	University of Oviedo	ES
2022	Green Up your projects (4,5h)	ToolFair on Sustainability	French National Agency	FR

**Relevant life-experience and awards:**

Year	Experience or Award	Country/ies
2008	Youth delegate in the Ship for World Youth Programme	JP, SG, Oman, IN
2008, 2009	Youth delegate in 2 United Nations Framework Conferences on Climate Change, with Young Friends of the Earth Europe (YFoEE)	PL, DK
2009	European youth representative in the Youth Summit on Energy and Climate Change	CN_X_HK
2011	"Outstanding Entrepreneur" Award by Félix Rodríguez de la Fuente Foundation	ES
2021	Panelist at the IV "Offenburg Talks". Topic: "environment, climate change, sustainable development – how green is youth work?"	DE
2021	Jury member at the SALTO Awards, Environment and Climate Action category	Online
2023	Sent by the Council of Europe – EU Youth Partnership as an expert to the "Sustain-Mobility" EPLM (European Platform on Learning Mobilities) conference	DE