



## Esther Vallado

Freelance trainer specialised in environmental education,  
nature connection & personal development

Head of Educational Programmes at (and Founder of) Biodiversa:  
“Conserving nature through education and awareness-raising”

### Background:

Academic: BSc Environmental Sciences – Coventry University, UK  
Natural Resources Management Technician – IES Luces, Spain

Professional: Head, Project Manager and Lead Trainer at Asociación Biodiversa, Spain, 9 years  
Environmental Adviser for the regional Green Party, Spain, 2 years  
Coordinator of WWF (World Wildlife Fund) local group, Spain, 2 years  
Project Officer, IUCN (International Union for the Conservation of Nature), Belgium, 2 years  
Environmental/Sales Engineer, Lenntech water treatment, The Netherlands, 1 year 2 months

Main competences/skills	Main values	Passions
<ul style="list-style-type: none"> <li>✓ Constructive</li> <li>✓ Cooperative</li> <li>✓ Creative</li> <li>✓ High emotional intelligence</li> <li>✓ Practical</li> <li>✓ Resilient</li> </ul>	<ul style="list-style-type: none"> <li>✓ Empathic</li> <li>✓ Honest</li> <li>✓ Resourceful</li> <li>✓ Respectful</li> <li>✓ Responsible</li> <li>✓ Sensible</li> <li>✓ Trustworthy</li> </ul>	<ul style="list-style-type: none"> <li>✓ Environmental education</li> <li>✓ Non-formal, transformative and experiential life-long learning</li> <li>✓ Inspiring and motivating others to achieve their dreams/goals</li> <li>✓ Discovering new landscapes/places/people/cultures</li> </ul>

### Pools of trainers I belong to:

- ✓ Spanish National Agency (internal database)
- ✓ SALTO: [www.salto-youth.net/tools/toy/esther-vallado.2848/](http://www.salto-youth.net/tools/toy/esther-vallado.2848/)
- ✓ International Young Nature Friends (IYNF): [www.iynf.org/senior-trainers/](http://www.iynf.org/senior-trainers/)
- ✓ Youth and Environment Europe (YEE) (internal database)
- ✓ Youth@Work: <https://youthatworkpartnership.org/team/esther-vallado/>

### Training education: Trainings for trainers I attended

Year	Title/topic	Organiser	Country
2011	Organization of European Projects under the Youth in Action Programme	Asturias Youth Council	Spain
2012	V ToT "100% Non-Formal Learning: Practical Strategies for Youth Work"	Vasque National Agency	Spain
2012	IX ToT "Working with Volunteers"	Castilla la Mancha National Agency	Spain
2014	Advanced Training on Group Processes and Facilitation	Icelandic National Agency	Iceland
2015/ 2016	SALTO (Support for Advanced Learning and Training Opportunities) ToT	SALTO	Bulgaria, Germany, Belgium
2016	Special Effects: Simplicity, Depth and Nature-Based Methods in Youth Work and Training	Play It Big	Slovak Republic
2018- 2019	Co-creating the Emerging Future 2018: The Schumacher Certificate in Leadership and Facilitation	Schumacher college	United Kingdom

**Training experience:** Full-time international training courses, 6-7 days long (specified if otherwise) which I designed and delivered, in multicultural trainers teams.

Year	Training title/topic	Promoter	Country
2012	Small Foot: How to Reduce your Ecological Footprint	Biodiversa	Spain
2013	Youth for Rivers	Youth and Environment Europe	Armenia
2013	Transition Communities: Alternatives for a Sustainable City Life	Biodiversa	Spain
2014	Ruralise Yourself!	Biodiversa	Spain
2014	Follow-up and Impact of International Projects	Youth and Environment Europe	Latvia
2015	Environmental Training for Eco-Trainers	YEE/Föj-Aktiv	Germany
2015	Supporting Youth Creating Green Start-ups	Youth and Environment Europe	Spain
2015	Connecting with Nature	Biodiversa	Spain
2016	Wake Up, Green Up! (5 days)	French National Agency	France
2016	Transatlantic Summer Academy on Sustainability (3 weeks)	University of Bremen, AFS Intercultural Programmes and Intercultur	Germany
2017	Wake Up, Green Up! II (5 days)	Spanish National Agency	Spain
2019	Patterns of Activism	International Young Naturefriends	Latvia
2019	Live Sustainably: how to live the present without compromising the future	Biodiversa	Spain
2020	Building Eco-Literacy in Youthwork	Youth@Work platform	Spain

**Training experience:** Loose sessions I designed and delivered under request.

Year	Sessions topic and duration	Context	Organiser	Country
2013	Environmental education (4h)	Training course for leisure-time instructors	Youropía	Spain
2013	European Youth Programmes and Youth Employability (1h)	Conference on Youth Employability	Asturias National Agency	Spain
2014	Entrepreneurship in rural areas (2 h)	Jean Monnet workshops	University of Oviedo	Spain
2014	Transformative learning (4h)	International Young Nature Friends Networking Conference	International Young Nature Friends	Italy
2018	Working on the environmental field (1h)	Vocational guidance programme	Youth Department of Gijón's cityhall	Spain

**Relevant life-experience and awards:**

Year	Experience or Award	Country/ies
2008	Youth delegate in the Ship for World Youth Programme	Japan, Singapore, Oman, India
2008/2009	Youth delegate in 2 United Nations Framework Conferences on Climate Change	Poland, Denmark
2009	European youth representative in the Youth Summit on Energy and Climate Change (IYSECC)	China
2011	"Outstanding Entrepreneur" Award by Félix Rodríguez de la Fuente Foundation	Spain

**Contact details and more information:**

E-mail: [esther.vallado@gmail.com](mailto:esther.vallado@gmail.com) Telephone number: +34 636 204 237 (on Telegram and Whatsapp)  
 Professional profile: [linkedin.com/in/esthervallado](https://www.linkedin.com/in/esthervallado) Personal website: [about.me/esther.vallado](https://about.me/esther.vallado)  
 Website of the organisation I founded and currently manage: [asociacionbiodiversa.org](https://asociacionbiodiversa.org)

*"Learning is experiencing. Everything else is just information". Albert Einstein.*