



## NATALIA CHARDYMOVA

I do believe in challenge as a driving force for personal growth. All my training work is about development through challenge and cooperation. My motto is — «It's just a right moment 4 challenge!».

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**TOY profile:** <http://trainers.salto-youth.net/NataliaChardymova/>

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### LANGUAGES:

Russian (native), English (fluent), French (almost alive)

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### FORMAL EDUCATION:

2014 – 2015 **Erickson College / Coaching**

2012 – Onwards **PHD Student at Nizhny Novgorod State University (Social Psychology)**

Sep 2002 - June 2007 **Specialist (5 years) in Pedagogy, Nizhny Novgorod State University**

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### TRAINING EXPERIENCE WITH MULTICULTURAL GROUPS:

February – April 2017	<b>HOME – LTTC on refugee issues in Europe ( training course + Study Visit, Armenia and Luxembourg)</b>
November 2017 – May 2018	<b>“Gendered” – gender mainstreaming in youth work, LTTC, follow up of Gender seminar of the CoE (June 2016)</b>
October 2016	<b>EUDY Study Session, EYCB, Budapest</b>
October 2016 – March 2017	<b>QStand – reflecting on quality in international youth work, long-term project</b>
July – December 2016	<b>inFormal – integration of NFE approach to the formal system, LTTC for trainers and educators coming from formal and non-formal background ( Russia and Czech Republic, 7 working days each TC + online phase 5 modules)</b>
May 2016, 5 working days, 2d seminar	<b>Strategic mentoring, meeting of mentors, Armenia</b>
February 2016, 6 working day, 1 <sup>st</sup> seminar	<b>Strategic mentoring LTTC, training course and peer meeting on mentoring in EVS, Czech republic</b>
February 2016, 7 working days, 1 <sup>st</sup> seminar	<b>Coaching4change LTTC, training on coaching for youth work, Armenia</b>
January 2016, 7 working days	<b>Experientiality – experience and reflexivity contributing to youth participation, Czech Republic, training for trainers</b>
December 2015	<b>Training in Human Right Education for with the Young people in the Russian Federation, Conference on launching COMPASS</b>
April – October 2015	<b>Long-term partnership-building project on Social Diplomacy (Austria, Armenia)</b>

- 17- 22 July 2015 **International Youth Camp “Dialogue”, organised by Youth Department of CoE and National Youth Council of Russia**
- 6-11 April 2015 **“Bookmarks –combatting hate speech through HRE”, Tatarstan, Russia, organised by Youth Department of CoE**
- 7-9 March 2015 **EVS Coordinators meeting, Nizhny Novgorod, Russia, Organized by SALTO EECA**
- 1-6 Dec 2014,  
Antalya, Turkey **Contact-making event ERASMUS + Intro, organized by SALTO EECA and Polish, Hungarian, Austrian, German, French and Turkish NAs of Erasmus+ YiA**  
<https://www.salto-youth.net/tools/european-training-calendar/training/contact-making-event-erasmus-intro.4368/>
- 16-20 Nov 2014 **International Youth Forum “For mutual understanding in the Caucasus”, organized by Youth Directorate of Council of Europe and National Youth Council of Russia.**  
Chechen Republic, Russia  
[http://www.coe.int/t/dg4/youth/Source/News&Calls/2014\\_Call\\_Forum\\_Caucasus.pdf](http://www.coe.int/t/dg4/youth/Source/News&Calls/2014_Call_Forum_Caucasus.pdf)
- 15-20 July 2014 **International youth forum “Selet” for Tatar –speaking young people**  
Izge Chishme, Tatarstan republic, Russia  
<http://selet-forum.ru/>
- June 2014, July 2013, Kaluga region, Russia **4-working days International Youth Camp “Dialogue” organized by Youth Directorate of Council of Europe and National Youth Council of Russia.**  
<http://www.edu-active.com/camps/2014/apr/24/2014-international-youth-camp-dialogue-russian-fed.html>
- 13-21 June 2014 **Training of trainer of Emmaus International**  
Paris, France
- 18 – 28 May 2014 **Prague School on youth participation and initiatives**  
Sazava,, Czech Republic  
<http://pragueschool.ru/>
- 03-17 May 2014 **Selet Prague School on Human Rights and Intercultural Dialogue, organised in cooperation with Mistry of Education of Tatarstan Republic**  
Sazava, Czech Republic  
<http://pragueschool.ru/>
- 27 Oct – 3 Nov 2013, Gyumri, Armenia **“East-West Dynamo! empowering youth across borders”, training course on youth empowerment**
- 15 Sep 2013 – 20 Dec 2013 **“North Dialogue” LTTC on intercultural dialogue and human rights, organized by RosMolodezh (Russian Youth) NGO**  
Khanty-Mansiysk  
<http://www.my-molodye.org/index.php/244-obrazovatelnyj-proekt-severnyj-dialog>
- 14 Sep – 20 Sep 2013 **“Volga Experience” – Partnership-building activity with Study Visit elements for EVS organizations, organised by SALTO EECA**  
<https://www.salto-youth.net/tools/european-training-calendar/training/volga-experience-partnership-building-activity-with-study-visit-elements.3534/>
- 15-23 Aug 2014 **International Youth Forum “Selet” on youth participation and project management**  
**Organised by Selet foundation in Tatarstan Republic, Russia and Ministry of Education and Ministry of youth and sport.**  
<http://selet-forum.ru>
- 18-23 July 2013 **International Youth Forum “Tim Biryusa” on project management for local development**  
Russia  
<http://timbiryusa.ru/>
- 30 May – 6 June 2013 **"Creating strategies that address the current and future challenges of youth participation" - international seminar, organized by Coordinating Committee for International Voluntary Service**  
Versailles, France  
[https://ccivs.org/health\\_seminars\\_trainings.php](https://ccivs.org/health_seminars_trainings.php)
- 21-28 April 2013 **“Dare to be creative” - and advanced training course for mentors**

<https://www.salto-youth.net/tools/european-training-calendar/training/dare-to-be-creative-an-advanced-training-course-on-mentorship-for-evs-projects.3298/>

- 02-07 March 2013  
Jan 10 – Mar 20 2013  
**International training of trainers for “Yes you can” informational campaign, organized by SFERA Movement with support of European Youth Foundation**  
“Yes, you can” informational/educational campaign on social rights in 26 regions of Russia
- 23-29 September 2012  
**Partnership-building activity with Study Visit elements "Between Ladoga and Onega**  
<https://www.salto-youth.net/rc/eeca/activitieseeca/prevactivities/thematic/ladoga-onega/>
- 8-16 Sep 2012  
Amarant, Portugal  
"ATYPIC - Advanced Training on Local Youth Participation in High Diversity Contexts" Organised by DINAMO Association. Supported by EYF  
<https://www.salto-youth.net/tools/european-training-calendar/training/atypic-advanced-training-on-local-youth-participation-in-high-diversity-contexts.2519/>
- 14-20 June 2012  
Tusson, France  
**Leadership and Media training” for World Heritage Volunteers campaign of CCIVS, Organised by Coordinating Committee of International Voluntary Service (CCIVS) with support of European Youth Foundation**  
[http://www.ccivs.org/view.php?code=ccivs\\_news&search\\_string=&pageNo=1&seq=6](http://www.ccivs.org/view.php?code=ccivs_news&search_string=&pageNo=1&seq=6)
- 23-29 May 2012  
"Lead me to peace" youth leaders training course focused on Human Rights and Intercultural dialogue, organised by SFERA Movement in Nizhny Novgorod region, Russia and supported by EYF  
<http://dobrovolets.ru/eng.php?id=M4yLjQ=&thread=17>
- 6-12 May 2012  
UNESCO headquarters  
**Capacity-building: Towards a gender sensitive approach to international voluntary work, organised by Coordinating Committee of international voluntary service**
- 25 – 29 Jan 2012  
UNESCO headquarters  
**Capacity-building workshop for young music professionals and Meeting of the IMC Youth Advisory Group**  
[http://www.imc-cim.org/programmes/MEGY/Jan\\_programme.pdf](http://www.imc-cim.org/programmes/MEGY/Jan_programme.pdf)
- 03-11 Sep 2011  
Sintra, Portugal  
**Training of Trainers dealing with multicultural youth work at the field of youth participation at local/regional level**  
<https://www.salto-youth.net/tools/european-training-calendar/training/training-of-trainers-dealing-with-multicultural-youth-work-in-the-field-of-youth-participation.2109/>
- 19-25 Sep 2011  
**Alliance Post Camp Event 2011 “New Volunteering in XXI century” – annual evaluation meeting**  
<http://www.alliance-network.eu/wp-content/uploads/2014/04/Alliance-Annual-Report-2011.pdf>
- 21-30 July 2011  
Baikal Lake, Russia  
**“ULTRA: beyond exclusion” International training course for youth workers on inclusion in voluntary projects**  
<http://dobrovolets.ru/eng.php?id=M41&thread=14>
- 21-27 May 2011  
**FreeSbee – be free from stereotypes” International training course for active volunteers and youth leaders**
- 10-16 May 2011  
Nizhny Novgorod  
**“Volunteer Messenger Project – training for trainers/ basic level” Organised by Alliance of European Voluntary Organisations and SFERA Movement and supported by YiA Programme,**  
<https://www.salto-youth.net/tools/toy/reference/volunteer-messenger-project-training-for-trainers-basic-level.3067/>
- 8 – 15 Feb 2011  
EYC Strasbourg, France  
**Alliance Study Session on Mentoring and Peer Support**  
<http://www.alliance-network.eu/wp-content/uploads/2014/04/Alliance-Annual-Report-2011.pdf>
- May 2010 – July 2013  
Kazan, Russia  
**Long-term training for trainers working with volunteers in the frame of Iniversiade 2013, organized by the Executive Committee of the 27th Summer Kazan Universiade 2013**  
*Events:*

- 1st international Youth Volunteer Camp – “Forward for Universiade 2013” aimed to prepare volunteers who will work at Universiade in 2013, Kazan, June 2010
- Training for trainers working in the field of sport volunteering, July 2011, Kazan, Russia.
- 2d International Youth Volunteer Camp – “Forward for Universiade 2013” aimed to prepare volunteers who will work at Universiade in 2013, Kazan, August 2011
- On-line education programme
- Trainer and supervisor at certified training for trainers for Universiade 2013, November 2012
- Coaching sessions and supervision along the whole process
- Training on motivation strategies, January 2013
- Training on evaluation, February 2014
- Directorate of Universiade in Kazan on 22-27 November 2012.

Publications : - Hand book on Non-formal Education, Hand book on volunteer education, Handbook on motivation strategies, hand book on Evaluation

**My role:** trainer and educational advisor

02-10 Feb 2010  
Nizhny  
Novgorod  
regions, rural  
areas  
2005 -2010

**Training of trainers in the frame of “Komanda 2020” regional project, on rural youth participation run in cooperation with Ministry on Youth and Sport**

[http://www.moeobrazovanie.ru/partners/nizhegorodskiy\\_molodezhniy\\_portal](http://www.moeobrazovanie.ru/partners/nizhegorodskiy_molodezhniy_portal)

**Trainings, educational sessions, seminars and workshops for local and international groups on the topics of volunteering and volunteer related issues, EVS training cycles run on behalf of SALTO EECA**

## **WORK EXPERIENCE**

- 2014 – onwards      **Director of Academy of innovation**
- 2013 – onwards      **Co-founder and programme director of “Education and Art”, training and consulting**
- 2012 – onwards      **Member of Council of Europe Pool of trainers**
- 2010 – onwards      **Member of SALTO EECA RC Pool of trainers**
- 2010-2012            **Training needs working group coordinator of Alliance of European Voluntary Service organisations, member of management committee.**
- 2011 – 2012        **EVS volunteer in Coordinating Committee of International Voluntary Service**
- 2007 – 2013        **Trainer and International voluntary project coordinator at SFERA Movement**
- 2010 – 2013        **The Executive Committee of the 27th Summer Kazan Universiade 2013**
- 2006 – 2007        **International voluntary project coordinator at Nizhny Novgorod Voluntary Service**
- 2004 – 2005        **Chair of Student Council of Nizhny Novgorod State University**
- 2002 – 2004        **Member of Student Council of Nizhny Novgorod State University**

## **NON-FORMAL EDUCATION**

- 10-18 June 2008      **Training for youth leaders organised by Service Civil International in Helsinki, Finland**
- 02-08 Aug 2008      **Seminar on ecological issues and waste management organised by Service Civil International in Osterode, Germany**

31 May – 08 Jun 2009	<b>“FLY – Facilitating Learning for Youth” international training for trainers, level I, run under YiA Programme in Dilijan, Armenia</b>
15-21 Feb 2010	<b>TC for facilitators in non-formal education with young people in the field of social inclusion, organised by EYC Budapest</b>
08-16 July 2010	<b>“FLY - lab phase”, international training for trainers, level II, run under YiA Programme in Dilijan, Armenia</b>
16-24 Aug 2013	<b>“1001 Bazaar of excellence – a festival of learning, sharing and inspiration for educational practitioners in youth work”</b>
19-25 May 2015	<b>COMETS ICC - Training for Trainers on Intercultural Competence based on the ETS competence model, Denmark</b>
28-30 May 2015	<b>“The end of the beginning – evaluation and follow up conference of NHSM”, Strasbourg, France</b>

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#### **VOLUNTEERING:**

Jan – Feb 2013	<b>International Olympic Committee Assistant, Olympic games, Sochi, Volunteers coordinator, International Olympic Committee Department</b>
2011 – 2012	<b>EVS volunteer in Coordinating Committee of International Voluntary Service</b>
2006 – 2012	<b>Participation in the short-term voluntary projects, workcamps and others in different countries of the world (France, the UK, Czech Republic, India, South Korea). As a volunteer I was working with young people from disadvantage and marginalized groups of people, was working at natural parks, promoting health issues and lifestyles.</b>

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#### **COMPETENCES:**

**Communication skills:** As I work as a coach and trainer I have good communication skill, both – verbal and verbal expression. I think I can adopt myself easily to the different personalities and to find “common language”. I can make myself clear and understood, as well as I have developed active listening skills.

**Flexibility,** ability to work under pressure and meet strict deadlines and prioritize multiple tasks;

**Willingness** to work as part of a team in a multicultural environment with people coming from different cultural ethnic and social background

**Facilitation skills** – ability to support group discussions, debates and sharing the experience, tracking and balancing skills, as well as good analysing skills, skills in finalising ,making logical and fare conclusions out of the group discussion

**Knowledge and experience of youth work and volunteering;** practical experience of work in local, national and international NGOs and their young volunteers on different topics such as youth participation, employability, youth empowerment, leadership, volunteering, Human Right and intercultural dialogue, personal and professional growth etc.

**Understanding of complexity of volunteering and identity of youth work,** practical experience of being a volunteer and youth work

**Organisational / managerial skills:** Leadership, ability to manage groups of different size (from 10 till 250), good HR management skills and project management skills.

**Job-related skills:** Ability to assess needs of participants, ability to develop training programme based on those needs, ability to implement and to evaluate the educational activity, conflict transformation skills, equal-to-equal approach, good communication skills, facilitation skills, debriefing skills, ability to give and receive feedback, learning-to-learn skill, methodological skills, creativity;.

**Responsibility,** respect for dealines, good time-management;

**Computer skills:**good command of Microsoft Office™ tools, mind mapping tools, prezi, word press, user of several on-line education and webinar platforms; blogging.

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#### **REFERENCES:**

**Tomasz SZOPA** - SALTO EECA Resource Centre (Tomasz.Szopa@frse.org.pl)

**Olga POPOVA** - Vice-chair of National Youth Council of Russia (popova@youthrussia.ru)

**Dora HALASZ** - Programme officer of Hungarian NA of YiA 1.2, E+ KA1- youth exchange, KA2 (dora.halasz@ncsszi.hu)

**Bogdan IMRE** - Ex-director of Coordinating Committee for international voluntary service (bogdyap@yahoo.com)