



## Eleni Stamouli

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### WORK EXPERIENCE

26/11/2024 – 29/11/2024 Tallinn, Estonia

**FACILITATOR FOR THE PARTICIPATION FORUM** ESTONIAN AGENCY FOR E+ & ESC PROGRAMMES, YOUTH BOARD HARNO AND SALTO PARTICIPATION AND INFORMATION

-Co-designed, prepared and facilitated a **cross sectoral Forum on Participation**

-**150 participants** from National Agencies and organisations working on democratic participation

-Participants came from **6 different sectors** (School education, Higher Education, Adult Education, Vocational training, Youth Sector and ESC Programme).

-**Onboarded and prepared key note speakers, presenters, panelists and facilitators for many different parallel sessions**

-Prepared the final report of the event.

14/10/2024 – 18/10/2024 Rotterdam, Netherlands

**TRAINER IN "SPARKING CHANGE: ENHANCING COMMUNITY IMPACT IN ESC ACTIVITIES" TRAINING COURSE.** DUTCH NATIONAL AGENCY FOR ERASMUS+ YOUTH AND SPORT FOR E+ AND ESC PROGRAMMES AND SALTO ESC

- cooperating with the logistic team online and on-site

- facilitating the preparatory meetings (online)

-**preparing the methodology and the design of the training**, taking into account that participants had different levels of background knowledge and experience with the topic of Impact

-**providing tools to participants like the Impacttool and Design Thinking Methodology to enhance the way they plan impact of their projects**

-implementing the 3 full days of the training in collaboration with a colleague

-evaluating the meeting and creating a final report.

23/09/2024 – 27/09/2024 Leusden, Netherlands

**TRAINER IN "DIVE INTO YOUTH PARTICIPATION" TRAINING COURSE** DUTCH AND ESTONIAN NATIONAL AGENCIES FOR E+ AND ESC PROGRAMMES & NEW POWER IN YOUTH PARTNERSHIP.

- updating and improving the training methodology of the first edition of the "Dive into Youth Participation" Training, based on the **Youth Participation Strategy and the Youth Participation Toolkit**.

- building competences of learners on **understanding the elements of quality youth participation projects** (in Erasmus+ context and beyond) and youth participation in democratic life, as a priority.

- being involved in the selection of participants.

- designing and facilitating one online meeting - preparatory session before the residential training.

- **designing and delivering the full methodology of the training.**

- designing the evaluation for the participants .

- submitting a final detailed and descriptive narrative report.

11/06/2024 – 14/06/2024 Sofia, Bulgaria

**FACILITATOR IN COMMUNITY IMPACT CONFERENCE** SALTO ESC & BULGARIAN NATIONAL AGENCY

-Actively facilitated and attended the preparatory meetings (online)

-Prepared the methodology and the design of the conference

-Identified and communicated with key note speakers

-Implemented the 3 full days of the conference with more than 60 participants

-Evaluated the meeting

-Created a recommendation document for future events

23/10/2023 – 27/10/2023 Limmasol, Cyprus

**TRAINER IN "EXPLORING AND CELEBRATING IMPACT IN ESC ACTIVITIES" TRAINING COURSE** CYPRIOT NATIONAL AGENCY FOR THE ERASMUS+ AND EUROPEAN SOLIDARITY CORPS PROGRAMMES

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- Actively facilitated and attended the preparatory meetings (online)
- Prepared the methodology and the design of the meeting
- Implemented the 3 full days of the meeting
- Evaluated the meeting
- Created a final report

18/09/2023 – 22/09/2023 Budapest, Hungary

**TRAINER IN THE "HARVESTING CONFERENCE" ORGANISED BY THE STRATEGIC PARTNERSHIP FOR INCLUSION** STRATEGIC PARTNERSHIP FOR INCLUSION, SALTO INCLUSION & DIVERSITY

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- Participated in preparatory meetings online and in Budapest.
- Programme design and implementation for **100 participants** (Youth Workers, Young People and NA Officers).
- Facilitated the event in Budapest
- Designed and implemented evaluation of the event
- Prepared the final report

28/08/2023 – 30/08/2023 Warsaw , Poland

**TRAINER ON THE "TEC FORUM FOR TRAINERS"** SALTO ESC, POLISH NATIONAL AGENCY & SALTO EASTERN EUROPE AND CAUCASUS

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- Participated in preparatory meetings online.
- Programme design and implementation (in cooperation with the prep.team)
- Facilitated the event in Poland 28th to 30th of August 2023 for **70 participants** (Trainers and NA Officers).
- Development and implementation of the agenda of the "TEC Forum for trainers"
- Designed and implemented the evaluation of the event
- Prepared the final report

16/01/2023 – 24/02/2023 Online

**MENTOR FOR ONLINE CHALLENGE: PROJECTS FOCUSING ON YOUTH PARTICIPATION** ESTONIAN NATIONAL AGENCY

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- Mentored two teams to apply for Solidarity Project and Participation Activities.
- Initiated a weekly contact with each team and agreed on the form of communication
- Reminded participants to prepare their weekly social media updates
- Supported teams in creating their project idea
- Actively commenting on the application form that each team prepared to submit to their National Agency.

02/03/2023 – 05/03/2023 Vilnius, Lithuania

**SOLIDARITY PROJECT MEET-UP** SALTO EUROPEAN SOLIDARITY CORPS RESOURCE CENTER

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- Actively cooperated with the organising team in planning and designing the meet-up
- Actively facilitated and attended the preparatory meetings
- Prepared the methodology and the design of the meeting
- Implemented the 2 full days of the meeting and designed an informal welcome for the arrival day
- Evaluated the meeting and created a final report

19/10/2022 – 22/10/2022 Tallinn, Estonia

**TRAINER AND WORKSHOP FACILITATOR FOR THE YOUTH WORKER FORUM** ESTONIAN NATIONAL AGENCY

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- Facilitator of round table discussions
- Facilitator of Workshops
- Reporter for the results of the sessions
- Support and mentoring on the networking between Youth Workers from different countries in Europe.

10/01/2020 – 14/11/2022 Athens & Online, Greece

**TRAINER FOR YOUTH FOR LOVE PROGRAMME** ACTION AID HELLAS

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- Training for students of secondary education on School Violence and Gender based Violence.

- Training for teachers of secondary education on School Violence and Gender based Violence.
- Supporting the generation of ideas for awareness raising activities for young people.**
- Facilitating online events on the subject.
- Training on cyberbullying and safety issues.
- Training for students and teachers on school violence and ways to prevent it.
- Training for parents on Prevention of School violence.

05/05/2019 – 30/04/2023 Nicosia, Cyprus

### **EVALUATOR FOR ERASMUS+ AND ESC PROJECT REPORTS YOUTH BOARD OF CYPRUS/NATIONAL AGENCY**

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I worked as an external evaluator for project reports. I work with a criteria grid and write an assessment of the reports assigned to me.

01/01/2021 – 20/07/2022 United States

### **FACILITATOR FOR ERASMUS+ VIRTUAL EXCHANGE SOLIYA**

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#### **- Facilitator of international intercultural dialogue**

- Supporting diverse groups of international young people express opinions and attitudes on Values
- Online events

21/02/2013 – CURRENT Athens, Cyprus

### **MEMBER OF THE POOL OF TRAINERS OF THE GREEK (2013-2022 & 2024), THE CYPRIOT (SINCE 2014) AND THE BULGARIAN (SINCE 2019) NATIONAL AGENCIES HELLENIC, CYPRIOT AND BULGARIAN NATIONAL AGENCY FOR THE ERASMUS+ AND ESC PROGRAMMES**

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- Preparation, implementation and Reporting for seminars of the Training and Evaluation Cycle (On Arrival, Mid Term Evaluation, Annual Event) for the ESC volunteers.
- Preparation, Implementation and Reporting of TCA seminars on different subjects.
- Consulting for ideas for TCA seminars.
- Training for beneficiary organisations of the two programmes.
- Evaluating and reporting

#### **ONLINE WORK**

- Preparation, implementation and Reporting for online seminars of the Training and Evaluation Cycle (On Arrival, Mid Term Evaluation, Annual Event) for the ESC volunteers.
- Online Training for Organisations and Youth Workers on competences, networking, innovative tools, digital tools, communication channels and exploring the different opportunities of the Erasmus+ and ESC Programmes.**
- Researching online tools and transforming face to face trainings into online trainings and vice versa.
- Creating course structure and content on **HOP Platform** (Moodle based) for asynchronous learning.

28/09/2013 – CURRENT Athens, Greece

### **FREE LANCE TRAINER THE BRITISH COUNCIL**

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- Facilitator of the Schools Partnerships (from EU & UK) of the Stronger Together Programme. The result is a **common action project**.
- Trainer for the Programme "Core Skills" for Teachers and "Skills Clubs" for Students (also **member of the writing team of the educational manual**) <https://www.britishcouncil.gr/sites/default/files/skills-clubs-activity-manual-en.pdf>
- Online facilitator for "Stronger Together for climate" focus groups. Dialogue facilitation between artists, researchers and activists from Europe and Africa.**
- Online Trainer for teachers in "Life Skills II: Encouraging Young Entrepreneurs". (Support of groups in idea generation and mentoring into the implementation stage).
- Online trainer for the Programme "Active Citizens" - Actions on Climate Change (Support of groups in idea generation and mentoring into the implementation stage)
- Facilitator for the LCoy (Local Conference of Youth on Climate Crisis) - Supporting young people draft recommendations of proposals for Local stakeholders)**
- Trainer of International Trainers for the Programme "Inclusive Schools".
- Trainer for the Programme "Life Skills: Creating Active Citizens" in Schools and for Educators and Teachers.
- Trainer for the Programme "Living Together", for Teachers on Refugee issues.

18/10/2013 – CURRENT Athens, Greece

### **FREE LANCE TRAINER UNHCR (THE UN REFUGEE AGENCY)**

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- Moderator of the simulation programme "Passages", simulating the experiences of refugees, for teachers and educators.

08/09/2011 – CURRENT Athens, Greece

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## **MEMBER OF THE FEMALE WORK COLLECTIVE "LACANDONA" FAIR TRADE SHOP & CAFE SELF EMPLOYED**

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- One of five female members of the fair-trade and coffee shop **Lacandona**, a **social enterprise** with impact in all three levels of influence: Culture, Society and Environment.
- Communicating with local producers and fair trade organisations in Greece and in Europe.
- Organisation of events in the shop and communication in the social media.
- Preparation and serving of drinks.
- Overview of accounting and economic activity of the shop.
- Support of local and small scale producers
- **Support of work collectives in Greece in opening and in building up their initial idea.**

25/04/2020 – 07/05/2020 Online, Greece

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## **TRAINER FOR ONLINE WORKSHOP ON MEDIA ACTIVISM ACTION AID ΕΛΛΑΣ**

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- Research of online Tools
- Workshop on Fake News, misinformation of young people and ways of raising awareness.**
- Preparation, Implementation, Reporting and Follow up of the Workshop
- Supporting participants to **implement actions** as a result of the workshop

05/05/2008 – 03/07/2010 Athens, Greece

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## **PROGRAMME MANAGER AND VOLUNTEER COORDINATOR FAIR TRADE HELLAS**

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- Writing applications, Implementing and reporting programmes for raising awareness on fair trade and ethical consumption issues.
- EVS Coordinator for the hosted volunteers and for sending volunteers abroad.
- Writing and implementing educational programmes on fair trade and ethical consumption issues.
- **Good knowledge of the opportunities that the Programmes offer to young people.**
- Organising and participating in events to promote the fair trade movement in Greece.

26/05/2006 – 04/05/2008 Athens, Greece

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## **COUNCELOR FOR IMMIGRANTS AND REFUGEES THE CENTRE OF ATHENS LABOR UNIONS (EKA)**

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- Councelling immigrants and refugees on working and legal rights.
- Communicating with labour unions and immigrant associations.

01/03/2004 – 27/11/2004 Athens, Greece

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## **FUTURE CAPITAL PROGRAMME YOUTH PROGRAMME - NGO "ARSIS"**

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- Running a day centre for young people with fewer opportunities.
- Co-organising events with the young people.

02/09/2002 – 28/02/2003 Cardiff

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## **EVS VOLUNTEER WHITCHURCH PSYCHIATRIC HOSPITAL**

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- Volunteering in the hospital ward for people with brain damage.
- Creating a database for organisations that support people with brain damage, throughout Wales (Personal Project).
- Running activities for the patients, playing board games, doing crosswords.
- Accompanying them to outdoor activities, excursions, lessons, outings.

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## ● **EDUCATION AND TRAINING**

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01/09/2014 – 16/09/2019 Patras, Greece

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## **MASTER DEGREE IN ADULT EDUCATION** Hellenic Open University

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- Principles and theories of Adult Education
- New trends in Adult Education
- Structure and organisation of Adult Education Facilities
- Research in Education
- Evaluation techniques
- Thesis (September 2019) on Self Directed Learning in non-formal education.

Facilitator Skills, Intercultural Dialogue, Conflict Transformation, Neutrality and Multi-partiality of Facilitators, Cooperation skills, Empathy and Sensitivity, Digital skills, Tolerance of Ambiguity.

04/04/2017 Athens, Greece

**LICENCE TO WORK AS AN ADULT EDUCATOR** National Organization for Certification of Skills & Career Guidance

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Participation in national exams to acquire a work licence

15/09/1997 – 01/06/2005 Athens, Greece

**DEGREE COMMUNICATION AND MASS MEDIA - COMMUNICATION AND CULTURE DEPARTMENT**  
Panteion University Athens

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- Communication theories and practice
- Cultural management

19/09/1996 – 28/06/2001 Athens, Greece

**DEGREE IN PSYCHOLOGY** Deree, The American College of Greece

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- Principles of General Psychology
- Educational Psychology
- Developmental Psychology
- Abnormal Psychology
- Behavioral Psychology
- Social Psychology
- Reserch and Experimental Psychology

10/09/2008 – 28/06/2009

**TRAINING OF TRAINERS SALTO YOUTH**

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- Non formal Education
- Self Directed Learning
- Personal Development
- Experiential Methodology
- Practice Seminar
- Reflection and Evaluation Techniques

## ● LANGUAGE SKILLS

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Mother tongue(s): **GREEK**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
<b>ENGLISH</b>	C2	C2	C2	C2	C2
<b>GERMAN</b>	B1	B1	B1	B1	A2
<b>SPANISH</b>	B2	B1	A2	A2	A2

*Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user*

## ● ORGANISATIONAL SKILLS

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### Organisational Skills

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- I have excellent facilitation skills and I work very well in a team.
- I have organised and managed events and organisations, but my preference is in working and collaborating with people.
- I am very good in time keeping and setting deadlines.

- I am very reliable, when I undertake an assignment.

## ● **COMMUNICATION AND INTERPERSONAL SKILLS**

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### **Communication and interpersonal skills**

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- Excellent communications skills, gained both from my academic studies and my practical experience of working with people for many years.
- A lot of energy and ability to motivate participants as a trainer, that derives from the fact that I love and believe in non-formal education.
- Ability to understand the atmosphere of a group, whether they need a break or an energiser or if there is tension between the members and do something to encourage the group dynamics.
- I enjoy the contact with young people and appreciate the opportunity to support their learning and learn myself with them.

## ● **JOB-RELATED SKILLS**

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### **Job-related skills**

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- **Great mentoring and coaching skills, when working with young people.**
- I know the field of Youth Organisations, E+ and ESC Programmes and Opportunities for youth very well.
- Enormous toolbox of non-formal education activities, both for physical and online use.
- Large experience in working as a trainer with different groups (in terms of number, age, education, motivation and background).
- Passionate for Non-formal Education and belief in its' principles.