

## CURRICULUM VITAE

Name: **Tímea Sófalvi**

Address: 5, Bukarest street, Budapest H-1114

E-mail: [sofalvi.timi@gmail.com](mailto:sofalvi.timi@gmail.com)

Date of birth: 25. 08. 1973

Phone: +36-20/3620-936

LinkedIn: <https://hu.linkedin.com/in/timisofalvi>

TRAINER'S PROFILE IN SALTO: <http://www.salto-youth.net/tools/toy/timea-sofalvi.1188/>

---

---

### STUDIES:

**MBA** – Central European University, 2016

**Social worker** - Bárczi Gusztáv Teacher's Trainee College for Handicapped **General Social worker**, mental hygiene specialization, 1991-1996

**Non-profit manager**- Állampolgári Tudományok Központja (Centre of Civic Sciences), 1997-1999

**Drama player**- Hungarian Dramapedagogical Society, 1998-1999

### KNOWLEDGE:

**English**– fluent

Computer studies: Word, Excel, PowerPoint, Internet

### WORKING EXPERIENCES:

**Freelancer coach and trainer** – BeeTree Expert Group, 2014-

I **coach** both individual job-seekers or social entrepreneurs and NGOs and other informal initiatives.

I run organisational development, project management, skill-improvement and team-building trainings, teach leadership skills, soft skills for job seeking, time-management and entrepreneurial skills and competences. I give mentoring and counselling for young civil leaders, youth workers and non-profit managers.

**Trainer, Job Counsellor** – Jövőkerék Foundation, 2014-2018

I ran job clubs, job-seeker trainings and provide personal carrier counselling for immigrants from the third countries. I helped them to find a job or start an entrepreneurship and write business plans with them.

**CEO** - Egyesek Youth Association, 2012-2013

I led the back-office of the organisation. I gave back-office support for the applications, report. I created a full organisation flow-chart, with unified documents. I was responsible for the HR tasks.

**Trainer, CFO** - Csoport-téka Association, 2001-

I have done project management, economical leading of the social enterprise. I run social skill development, job-hunting and prevention and drama groups. As a counsellor I worked at the Job Club, using solution focused brief consultation as a method. I do financial and social skill development training for kindergarten teachers. I ran trainings, partnership building activities as a facilitator in international level too. I participated in the Intercultural Navigator project of British Council and later at Romaversitas as a facilitator. I have taken part in the Structured Dialogue - Youth Employability as a facilitator of young people and as an expert for the National Working Group.

**Trainer**- Student Service Association– Ability Park, 2007-2008

My task: Social skill development, rehabilitation employment for people with disabilities and psychiatric problems. Creating and support the mentor system. Job interviews. Creating educational programs, running trainings. Writing applications, organizing international trainings and EVS programs.

**Job counsellor**– Erzsébetvárosi Job Club, 2001-2007

Social skill development, case and group work with job-seekers and unemployed people from disadvantaged, social background. Methods: short, dynamic solution-orientated consultation.

**Co-leader, counsellor**- Family Counselling and Child welfare Service, Törökbálint, 1998 – 2000

Case work, social group work with families, youth and children in a small village at the countryside. Writing applications, creating the service structure from the very beginning.

**Counsellor** – Family Centre, Újpalota, 1996-1998

Case work, social group work with families and youth. Organizing summer camps for homeless children

**Counsellor** - Sziget Youth Help Service, 1992 – 1996

Case work with drug and alcohol addict youngsters, doing prevention programs at schools

### PERSONAL FEATURES

I have initiative, organizing, making contact and communication skills. In my job congruency and reliability are important things for me. I prefer challenging tasks. I am many-sided, inquiring; I deal problems focusing on the solution. I love working as a part of a team, I do my job with responsibility, independently and flexible. I think in a task-orientated way, I have experiences in building structures, working with NGOs and social enterprises and also in doing or coaching projects from the first thought during the fundraising to the realization.

## REFERENCES

- ❖ As a member of **BeeTree** Expert Group we support individuals, groups and organisations who want to start change. We do coaching type of support: organization development and project management.
- ❖ I was a delegated expert to the **Expert group on Peer-learning on creative and innovative potential of young people** ("Promoting the creativity and innovative capacity of young people by identifying competences and skills acquired through non-formal and informal learning relevant for employability") organised by the *European Commission*, 2012-2014. We did a research and collected good practices in the EU from the NGO, social entrepreneurship and non-formal education field.
- ❖ As a drama teacher I led drama groups for teenagers, adults, and as a therapic method I used drama in groups for drug and alcohol addict youth and patients with psychiatric problems for 10 years.
- ❖ Experience in applications to the local governments, ministries, Youth in Action and Erasmus+
- ❖ Organizing EU job-road-show and information programs for people in the countryside together with Pillar Europe Club. I lead team-building, took part in creating multicultural youth programs.

INTERNATIONAL TRAININGS I WAS LEADING		
Budapest – Gödöllő, Hungary	March, 2011	<b>EU Youth Conference and DG meeting.</b> I was one of the 17 facilitator of the conference, where there were almost 250 participants, and the topic was youth unemployment and the Structured dialogue.
Lebork, Poland	December, 2010	<b>Working on youth employability</b> , a training organized by EDUQ. I was running workshops about how to write CV and motivation letters for a job. Co-trainer: Tsvetina Zaharlieva, Bulgaria, Alina Fegler-Kotkiewitz, Poland, YiA
Guimaraes, Portugal	June, 2009	<b>"I am unemployed, but I am working on it"</b> Unemployment among young people – training for youth workers. Co-trainers: Miguel Angel Garcia Lopez, Germany-Spain, Marius Ulozas, Lithuania, Ülly Enn, Estonia – Belgium ( <b>SALTO Inclusion</b> ), Jorge Christino (Portugal NA)
Budapest, Hungary	October 2008 – May - 2009	<b>Intercultural Navigator project of British Council.</b> I am one of the facilitators in Hungary. We had got three facilitator development course for it: in Krakow, in Budapest, and in Oxford. Program is continuing in <i>Romaversitas</i>
Kosice Slovakia	June 2008	<b>"Let's learn together"</b> - Diversity training for <i>Roma youth leaders</i> in EU. Co-trainers: Agnieszka Szczepanik, Poland and Michal Slachta, Slovakia. Organized by Iuventa and the Slovak National Agency.
Gdansk Poland	May 2008	<b>East&amp;West Included.</b> Partnership Building Activity for 22 NGOs in disability field from program countries and Easter Europe & Caucasus region organized by SALTO and the Polish National Agency. Co-trainers: Anna Yeghoyan, Armenia & Wojciech Szczepanik, Poland
Budapest, Hungary	March, 2008	<b>Youth for people with disabilities</b> – short study visit for youth workers from 6 countries in equal opportunity topic at the Ability Park. As a trainer I did the methodological part of the training. And I lead the drama workshop with the help of methods of Augusto Boal.
Római-fürdő Hungary	2000	<b>Project InterEurope, International Research about minorities.</b> Youngsters form 15 different countries did research in the topic of minorities. As a teamer I was leading the drama workshop about how to deal with prejudices and stereotypes. I also took part in the organizing part together with the Pillar Foundation

I WAS A PARTICIPANT IN THE FOLLOWING COURSES		
Luxembourg	2018	<b>Go visual, go online:</b> training course about online visual tools: infographics, photos and movies
Yerevan, Armenia	2018	<b>Another peace:</b> study visit about minorities, peace-building and human rights
Kouvola, Finland	2010	<b>Paths to working life:</b> training for youth workers working with unemployed youth
Budapest	2009	<b>Coach to coach</b> training
Győr, Hungary	2008	<b>Open Your eyes</b> –Training course on intercultural diversity as a hidden potential fo inclusionorganized by MOISZ
Czech, Slovakia, Poland	2007-2008	<b>"V4 Future" Training of trainers</b> – organized by the four national agencies. Oct. 2007. Litomysl: <b>Active citizenship</b> Feb. 2008. Banska Štiavnica: <b>Cultural diversity</b> Aug. 2008. Poland: <b>Refugees</b>
Vilnius, Lithuania	2007	<b>The power of difference– alliance</b> , disabled students in higher education: privilege or a right–conference. I did the <i>Ability Park workshop</i> . I participated in the <i>Forum Theatre</i> , where the topic was the prejudices and aggression.
Tallin, Estonia	2003	<b>Documentary theatre</b> method
Utrecht, Holland	2002	Drama methods of <b>Augusto Boal</b> organized by EngageInteract: <b>Forum theatre, Invisible theatre, Image theatre</b>
Tomar, Portugal	2001	Drama methods in dealing with prejudices