

# ELIZA ZADŁUŻNA

## PERSONAL INFORMATION

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## EDUCATION

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**2011-2012:** Aft Leadership Coaching School, Wrocław

**2007-2008:** The Warsaw School of Social Psychology, Warsaw

**Post-graduate studies:** Group Trainer

**1995 – 2000:** Adam Mickiewicz University, Poznań

**Department:** Law and Administration

**Faculty:** Management and Marketing

- Average grade of five years of studies: 4,8 (in 5.0 scale)
- Ministry of Education Scholarship for the academic year 1999-2000
- Master degree with very good mark
- Two scientific publications

**1991-1995:** Secondary School, Choszczno

## PROFESSIONAL EXPERIENCE

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**10.2004-until now: SOLID- SOLutions for Learning, Innovation and Development**

### Trainer and coach

- Preparing and leading international training courses on coaching: "Coach2Coach"; multiculturalism: "Cultural Everest" and "How to create intercultural project" in Czech Republic; change management: "Factory of change" and "Mentoring for change": dissemination and exploitation of project results: "Spread the word" in Finland as well as working with rural youth: "Rural youth" in Austria
- Designing and leading module Leadership Training for girls, non-formal education and creativity trainings for teachers, as well as TC for facilitators working with girls and women on how to develop their leadership potential; supervision of work of reading and writing clubs in 30 JHS in Shama district, Ghana (in the frame of "Polish Aid" programme)
- Preparing and conducting trainings for volunteers leaving to developing countries (in the frame of "Polish Aid" programme)

- Preparing and co-ordinating trainings in the frame of "Non-formal Academy of Project Quality" (two trainings per year for youth workers and youth leaders focusing on different issues connected with projects quality)
- Preparing and conducting 5 international training modules in the frame of "Intercultural Navigators" programme of British Council
- Preparing and conducting trainings for youth leaders and youth workers on non-formal education, coaching, group work, trainings for trainers, communication, creativity, change management, youth participation and media relations
- Preparing and conducting trainings for the Polish European Voluntary Service (EVS) volunteers leaving abroad as well foreign volunteers coming for EVS projects to Poland (approximately 150 trainings within 10 years)
- Leading individual Skype coaching sessions

**10-12.2006:** College Presentation de Marie, Manakara, Madagaskar

- Preparing and running international trainings for teachers on communication and conflict management

**11.2005:** Croix-Rouge, Hollenfels, Luxembourg

- „Dancing beauties, dancing beasts" –co-ordinating the project on dance as an alternative way of communication with youth from disadvantaged background

**04.2004 – 03.2005:** Jugend Forum Młodych, Opole

**Project co-ordinator of „Young Volunteer Academy" (YOU. VA)**

- Preparing and conducting trainings for YOU.VA volunteers
- Coaching project participants

**03.2003- 12.2003 :** SOLID Asbl, Luxembourg

**Project Manager**

- Organising and co-ordinating first two Service Civil International workcamps in Luxembourg
- Finding the partners and fundraising
- Conducting the workshops about refugees, stereotypes and tolerance
- Filming and editing two video documentaries about workcamps in Luxembourg

**05. 2002 - 02.2003:** Youth Centre Eisenborn, Luxembourg

**EVS Volunteer**

- Filming short stories with children and youngsters and video-editing
- Making photography documentation of the events of Service National de la Jeunesse
- Preparing the Interarts Magazine (texts, photographs, lay-out)

**12.2001 – 04.2002:** School of English, Barlinek

**English teacher**

- Preparing and running the English classes for children and teenagers

**07. 2001 - 11.2001:** Multimedia Agency Mayhem, Szczecin

**Advertising Specialist**

- Preparing creative assumptions of multimedia projects and supervising their completion
- Building and maintaining long-lasting relationships with foreign clients

**02. 2001 – 07. 2001:** DCS Advertising Agency, Szczecin

**Public Relations Specialist**

- Taking part in creating and realising PR strategy for different clients
- Building and maintaining long-lasting relationships with journalists (writing press articles, preparing folders and catalogues)
- Collecting materials, writing articles as well as supervising the publishing of internal magazine of KOMFORT Ltd.

**10.1998 – 10. 2000:** One World Association, Poznań

**Committee Member**

- Co-ordinating and supervising work of foreign long-term volunteers
- Preparing and leading trainings for volunteers

**03.2000 – 08.2000:** International Artistic UNESCO camp, Barlinek

**Project Manager**

- Fundraising and media relations
- Leading the workshops on tolerance, stereotypes and the culture of peace
- Preparing the brochure: "Artistic means used for the culture of peace"

**08.1999 – 09.1999:** Volunteer Camp, National Park of Wigry

**Project co-ordinator**

- Co-ordinating work of foreign volunteers

**05.1998-08.1998:** KVT-Finland, Helsinki

**Placement officer**

- Placing foreign volunteers at Finnish workcamps
- Visiting camps and doing presentation about Service Civil International history

**TRAININGS**

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- "Drama and theatre pedagogy" - training for trainers

- "Different ways and approaches to supporting participants" – training for trainers
- "Conflict managements in intercultural trainings" - training for trainers
- "Diversity management in trainings" – training for trainers
- "Team-building" – training for trainers by Polish Ericskon Institute
- "The experiment of alternative training" - training for trainers

## **LANGUAGES**

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- English - advanced level (Certificate in Advanced English)
- French - intermediate level
- German - intermediate level

## **COMPUTER PROGRAMMES**

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On-line learning Moodle platform, MS Word, MS Excel, MS Publisher, Power Point, Rex Edit, Rex Audio, Internet, Adobe Premiere, Adobe Photoshop

## **HOBBY**

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Travelling, photography, reading, social psychology, alternative theatre, trekking