



## Marco Adda

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**Gender:** Male **Date of birth:** 27/07/1975 **Nationality:** Italian

### ABOUT ME

Independent Researcher | Consultant | Theatre Director | Educator | Tutor | Trainer | Program Creator | Digital Teacher | Author | Wellness Coach | Animal Advocate

Relevant interest in Drama, Animal Behaviour, Human Development, Enterprise Training, Integrative Wellness and Community Health, Mindfulness, Bodymind Practices, Environmental Awareness

Extensive background in youth and adult education. Accredited Trainer by the [European Commission \(SALTO Program\)](#) for Sport, Education and Social Inclusion.

### PROFILE

#### Summary

I have been broadly involved in projects of Drama, Education, Anthrozoology, Innovative Entrepreneurship, Wellness and Human Development. Since 2009 I have been living and working around Europe, South East Asia, Oceania and America. Further reflective of an international presence, I have been collaborating with universities, organisations, schools and wellness centres in Rome, Paris, Novisad, Budapest, Iasi, London, Kuala Lumpur, Singapore, Koh Phangan, Bali, San Francisco, Hobart, and others. Due to a broad spectrum of interests, I am actively engaged in a wide range of educational and professional contexts.

#### Background

I studied education since my High School Degree in Pedagogy and School Teaching. I focused on training and education in some of my academic studies, and I integrated formal education with the powerful tools of Theatre Pedagogy, Project-Based Learning, Outdoor Training, Experiential Learning and Digital Learning.

Co-Director and Project Manager at Furio Camillo Theatre in Rome (2000-2009) as Chief of the Department of Drama, Training, Education and Community Building, I directed projects of drama and education in nearly all school grades, from infancy to Master Degree students. I have relevant participation in social theatre as a tool of integration for people with social and clinical difficulties.

I have been studying Meditation, White Crane Silat, Qigong, Traditional Singing, Guided imagery, Mindfulness practices, and Situational Awareness, with a strong focus on human development and healing. In 2014, I founded Integral Neurosoma, a comprehensive approach to somatic experiences targeting individuals' and groups' training and wellbeing. That includes neuroscience, clinical psychophysiology, integrative medicine and nutrition.

Animal behaviour and anthrozoology represent an important part of my research and action. Further, I explore the interconnection between animal behaviour and actor training, movement techniques, martial arts and bodymind practices, and I integrate elements of anthrozoology in my coaching and wellness activities.

Featured on:

The Stanislavsky Research Centre / Psychology Today / DoYouBelieveInDog? / The Bark / The Chronicle of Dogs / American Dog Writers Associations / The Conversation / Animal & Society / Barks From The Guild / Dog Spies / The Outline / Talking Animals / Holistic Dog Podcast / The Pet Professional Guild / BARKS From The Guild

## LANGUAGE SKILLS

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**Mother tongue(s):** Italian , Neapolitan

**Other language(s):**

### English

**LISTENING** C2 **READING** C2 **WRITING** C1

**SPOKEN PRODUCTION** C1 **SPOKEN INTERACTION** C1

### French

**LISTENING** C1 **READING** C1 **WRITING** A1

**SPOKEN PRODUCTION** B1 **SPOKEN INTERACTION** B2

### Portuguese

**LISTENING** B2 **READING** C1 **WRITING** A1

**SPOKEN PRODUCTION** A2 **SPOKEN INTERACTION** B1

### Spanish

**LISTENING** B2 **READING** C1 **WRITING** A1

**SPOKEN PRODUCTION** B1 **SPOKEN INTERACTION** B2

### Indonesian

**LISTENING** A2 **READING** A1 **WRITING** A1

**SPOKEN PRODUCTION** A1 **SPOKEN INTERACTION** A2

## MANAGEMENT AND LEADERSHIP SKILLS

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### Bio-Psycho-Social approach

Decision Making | Empowerment | Engagement | Execution | Process-Goal Orientation | Presentations | Conflict Management / Resolution | Delegation | Translational skills (conjugating science to good practices)

## DIGITAL SKILLS

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### Blockchain

Blockchain Fundamentals | DeFi (Decentralised Finance) | Cryptocurrency | Digital Wallets

### Video/Photo

Documentary Shooting and Editing | Graphic treatment and photo editing | Video & Photo editing software

### Digital Contents / Writing / Presentations

Learning management systems - LMS | Online content creation/editing tools | Video Conferencing (Zoom, Cisco Webex, Skype) | Microsoft Office (Word, Excel) | Presentation software (PowerPoint, Keynote) | Google Drive | LAtex | podcasting | Social Media

### Academic / Peer Reviewed Publications

- Adda, M. (2022). Dogs of a Post-Human World can Teach us a Lot Today. [Review of the book *A Dog's World: Imagining the Lives of Dogs in a World without Humans*, by J. Pierce & M. Bekoff]. *Society & Animals*. Brill. (Q1 2023)
- Adda, M. (2022). Recognising *Anthrozoalgia* on the way to the *Symbiocene*. In Frasin I., Bodi G., Dinu Vasiliu C. (Eds), *Anthrozoology Studies, Animal Life and Human Culture*. PPRESA UNIVERSITARĂ CLUJJEANĂ, Romania. [ISBN 978-606-37-1599-0](#)
- Adda, M. (2022). Martial Art-Acting in Dictatorial Indonesia: Antigone (1974) and Lysistrata (1975) directed by W.S. Rendra. *Theatre, Dance and Performance Training*, Special Issue 13.3. Routledge. [Doi: 10.1080/19443927.2022.2046631](#)
- Adda, M. (2022). "Leaving the cave". A postcard in Training Ground. *Theatre, Dance and Performance Training*, Special Issue 13.3. Routledge. [DOI: 10.1080/19443927.2022.2102737](#)
- Adda, M. (2021). Foreword, in J., Pierce, M., Bekoff (Ed.) *I cani senza di noi*. [Foreword]. Haqihana. Como, Italy. [ISBN 978-8889006-55-9](#)
- Adda, M. (2021). 'From Dogs Domestication To Covid-19: Reconsidering Human-Dog Co-Existence In The Anthropocene' in Studii de antrozologie Etica și lumea non-umană. PPRESA UNIVERSITARĂ CLUJJEANĂ, Romania. [ISBN 978-606-37-1203-6](#)
- Adda M., (2020). "Free-ranging dogs for a multispecies landscape: a paradigm shift in an essential piece of human-animal coexistence". In Frasin I., Bodi G., Dinu Vasiliu C. (Eds), *Anthrozoology Studies. Thinking Beyond Boundaries*, Bucharest, Pro Universitaria, pp. 117-134. (In Romanian) [ISBN 978-606-26-1212-2](#)
- Adda, M. (2019). 'Rendra 2.0', in Zarrilli, P.B., Sasitharan, T., Kapur, A., (eds.) *Intercultural Acting And Performance Training*. UK: Routledge, 217-245. [ISBN 9781138352148](#)
- Corrieri L, Adda M, Miklósi Á, Kubinyi E (2018). *Companion free-ranging Bali dogs Environmental links with personality traits in an endemic dog population of South East Asia*. US: PLoS ONE. <https://journals.plos.org/plosone/article/authors?id=10.1371/journal.pone.0197354>
- D'Alisa, G., Kallis, G. (2014). 'Post-normal Science', in D'Alisa (ed.) *Degrowth. A vocabulary for a new Era*. Audiobook. Chapter 33, narrated by M. Adda. UK: Routledge, 217-19. ISBN 9781138000773 <https://degrowthaudiobook.wordpress.com/>

### Other Publications

- Adda, M. (2020) *Domestication*. In Advanced Diploma Curriculum, chapter 1. ISCP, The International School for Canine Behaviour & Psychology, UK.
- Adda, M. (2019). *Integrating the shadow*, in Warta Bangau. Indonesia-Bogor: PGB.
- Adda, M., (2018). *Lifestyle On Dog Behavior*, in Chronicle of Dogs, US: APDT, Fall, pp. 70-71.
- Adda, M. (2017). *The Dogs in the Fire*, in Chronicle of Dogs, US: APDT, Fall, pp. 38-41. Special Mention Dog Writers Association of America 2017.
- Adda, M. (2016). *On Brain Waves*, in Warta Bangau. Indonesia-Bogor: PGB.
- Adda, M. (2015). *Animal Movement*, in Warta Bangau. Indonesia-Bogor: PGB.

### Academic Portals

Researchgate: <https://www.researchgate.net/profile/Marco-Adda>

Academia: <https://independent.academia.edu/MarcoAdda>

ORCID: <https://orcid.org/0000-0002-2752-1039>

### Areas of Research and Teaching

- Acting and Actor Training for Stage and Live Performance: Stanislavsky, Meyerhold and Biomechanics, Boleslavsky, Modern acting, Peter Brook, Phillip Zarrilli, Tapa Sudana, J. Grotowski, postmodern dance, physical theatre, sacred dances, improvisation techniques, Commedia dell'Arte, dramatic text analysis, masks, among others

- Martial arts in actors training, dramaturgical composition and actor's score-underscore
- Animal behaviour and movement integrated in actors' training. Ethnoscenology
- Animal behaviour
- Human-animal studies
- Anthropocene studies
- Acting and Actor Training for Camera and Screen Performance: Method acting, M. Keaton, M. Chekhov, H. Mastrogeorge, others
- Stage Combat, Stunt Performance, Fighting Choreography
- Visual Arts: video, filmmaking, photography, painting, sculpture
- Light Design: project and realisation
- Voice: psychophysiological modelling, traditional chanting, singing, choir
- Team Building, Team Development, Communication

## CONFERENCES AND SEMINARS

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### Presented

- 2023 **IPPT International Platform for Performance Training**. 9th International Meeting - Fondazione Orizzonti D'arte, Chiusi, Italy / University of Kent, School of Arts / Uniarts Helsinki / Tempere University
- 2022 **Non-human Animals in Open Societies**. Anthrozoology Symposium 5th ED. - Gh. Zane Institute of Social and Economic Research / Romanian Academy, Faculty of Biology Al. I. Cuza University of Iași / Faculty of Psychology and Educational Sciences, Babeș-Bolyai University, Cluj-Napoca - Romania
- 2021 **Animal Life and Human Culture**. Anthrozoology Symposium 4th ED. - Gh. Zane Institute of Social and Economic Research / Romanian Academy, Faculty of Biology Al. I. Cuza University of Iași / Faculty of Psychology and Educational Sciences, Babeș-Bolyai University, Cluj-Napoca - Romania
- 2020 **Ethics and the Non-human World**. Anthrozoology Symposium 3rd ED. - Gh. Zane Institute of Social and Economic Research / Romanian Academy, Faculty of Biology Al. I. Cuza University of Iași / Faculty of Psychology and Educational Sciences, Babeș-Bolyai University, Cluj-Napoca - Romania
- 2019 **Thinking Beyond Borders**. Anthrozoology Symposium 2nd ED. - Gh. Zane Institute of Social and Economic Research / Romanian Academy, Faculty of Biology Al. I. Cuza University of Iași / Faculty of Psychology and Educational Sciences, Babeș-Bolyai University, Cluj-Napoca - Romania
- 2009 **Teatro In formazione and Theatre Pedagogy Congress**. Provincia di Roma, Department of Culture / Regione Lazio, Department of Social Affairs, Rome, Italy.

### Attended

- 2022 **TaPRA**. Theatre and Performance Research Association annual conference
- 2022 **Animals in Wars & Disasters Symposium**. Global Research Network
- 2022 **Bold Wolves**. The European project Life 18 NAT/IT/000972 Life Wolpals Eu, funded by the European Commission
- 2022 **Somatic Trauma Healing Summit**. The Embody Lab. US. Virtual
- 2020 **ABS Animal Behavior Society**. 57th Annual Conference 2020. Virtual
- 2020 **One Health, One Welfare: Wellbeing for all in human-animal interactions**. ISAZ International Society for Anthrozoology Annual Conference, University of Liverpool. Virtual
- 2018 **Canine Behavioural Genetics**. SPARCS Conference, Society for The Promotion of Applied Research in Canine Science, National Canine Research Council, Amenia, NY. Virtual
- 2019 **Good Practice Services: Promoting Human Rights & Recovery in Mental Health**. WHO Collaborating Centre for Research and Training, Mental Health Dep., ASUI, Trieste, Italy
- 2014 **ABS Animal Behavior Society**. 51st Annual Conference 2014. Princeton University, US.

### **Academic Certificates**

- *Introduction to Decentralised Finance - DeFi* (University of Nicosia)
- *Introduction to Digital Currencies* (University of Nicosia)
- *Diploma In Persian Medicine For Wellbeing* (University of Teheran)
- *An Intro To Contemplative Care* (The Univ. of Arizona College Of Medicine – Tucson)
- *A Strategic Planning Approach to Suicide Prevention* (Harvard T.H. Chan Sc. Pub. Health/ Suicide Prev. R.C.-US)
- *Integrative Health Specialisation* (University of Minnesota – US) Includes programs on Herbal Medicine, Guided Imagery, Aromatherapy, Mindfulness and Healing practices.
- *Human Anatomy: Musculoskeletal and Integumentary System* (University of Michigan - US)
- *COVID-19: Psychological Impact, Wellbeing and Mental Health* (NHS)
- *COVID-19: Psychological First Aid* (Public Health England – UK)
- *Anxiety in Children and Young People during COVID-19* (Uni East Anglia - US)
- *Transforming Digital Learning* (Deakin University - AU)
- *Autism Spectrum Disorder* (UC Davis - US)
- *Vital Signs* (University of Pennsylvania - US)
- *CPR Animal Cardio Pulmonary Recovery* (Cornell University - US)
- *Evidence-Based Optimal Nutrition* (Harvard T.H. Chan School of Public Health - US)
- *Exercise Science* (Colorado Boulder University - US)
- *Biodiversity* (Tomsk University - RS)
- *Animal Behavior* (University of Melbourne - AU)
- *Dog Cognition* (Duke University – US)
- *Animal Welfare* (University of Edinburgh - UK)

### **BA Hons 1St in Theatre and Performing (2007) - Faculty Of Humanistic Sciences University of Rome La Sapienza**

### **HS Magistrale Pedagogy Degree Infant & Primary School Teacher. Accredited (1994)**

### **Other Qualifications/Competences**

- Usui Ryoho Reiki Master
- Animal Reiki Practitioner
- Zoopharmacognosy Practitioner
- Kung Fu-Silat Bangau Putih Instructor
- Qi Gong Instructor
- Chi-Self Taoist Massage
- Fitness Instructor
- Tae Kwon Do – Red Belt/Assistant Instructor
- Healing Sound – The Healing Power Of Voice, Diphonic Chant And Traditional Singing
- Elements of TCM
- Elements of Permaculture
- Dognition® Certified Evaluator
- Professional Dog Trainer Certificate – APDT (US)

### **Other Skills**

Fundamentals of *Whole Food Plant-Based Nutrition* | *Movement-Based Intervention* | Calisthenics Training | Art Therapy | Painting | Hand Making Activities | Wing Chun - Intermediate level | Tai Chi – Intermediate level | Soccer and other Team Based Sport/ Recreational activities

## MEMBERSHIPS

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### Memberships | Affiliations | Boards

- TaPRA Theatre and Performance Research Association (UK)
- Board Organisation for the International Anthrozoology Symposium (Romania)
- Animal Behaviour Society (US)
- International Society for Anthrozoology (US)
- The International School for Canine Psychology & Behaviour (UK)
- Without Worry Canine Education (UK)
- WADA Western Australia Dingo Association
- Qigong Institute (US)
- International Association Of Therapists (UK)
- WWF
- PGB Bangau Putih Silat (Indonesia)
- SRF Self Realization Fellowship of Paramahansa Yogananda (US)

## #FEATURED: INTERVENTIONS

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### Wellness and Recovery

Autism Spectrum Disorder, Down Syndrome, Mental Health, Addiction, Sense Theatre Intervention, Movement Based Intervention, Integrative Health-Wellbeing

### Sport, social inclusion and drama

In primary and secondary schools, international schools and university drama departments

### Social Work

Immigration, prostitution, children and teenagers at risk and other related contexts.

## WORK EXPERIENCES BY ROLE

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### Project Manager

- Project Manager for TIF "Teatro In-Formazione" (2009-2006) - *Ministero dello Spettacolo*, Rome, Italy.
- Artistic director and chief executive for TFC "Teatro Furio Camillo" (2009-2000) - Comune di Roma, Provincia di Roma, Regione Lazio

### Team Building-Development / Innovative Entrepreneurship (some relevant experiences)

- BNP Paribas (2021/ 2020/ 2007/ 2006), Rome, Italy
- Seni (2018-2013) Bali, Indonesia
- Bentara Budaia (2016-2013) Bali, Indonesia
- Uni Malay (2015-2014) Kuala Lumpur, Malaysia
- Uni Novisad (2011), Novisad, Serbia
- Banca D'Italia (2006), Rome, Italy
- Toyota (2002), Rome/Milan, Italy
- Microsoft (1998), Rome, Italy

### Educator and Teacher

- Ait School/Buddhist Temple Wat Sri Thanu – Thailand (2016)
- Sunrise School International - Indonesia (2015)
- Bali Hati School Indonesia (2014)
- SALTO European Commission Brussels (since 2010)
- Furio Camillo Theatre - Italy (2009-2001)
- International School of Brussels – Belgium (2003)
- Post-School Teacher – Italy/other Countries (since 1997)
- Other infancy and primary schools – Italy/other countries (since 1992)

## Founder, Co-Founder and/or Director/CEO

- [Marco Adda AEDC](#) (Global, currently-2017)
- [Integral NeuroSoma©](#) (Global, currently-2014)
- [Portugal Focus Animal Help](#) (Portugal, currently-2017)
- WeDOG Non-Profit (US, 2017-2014)
- PerformerZen© (Italy, 2010-2007)
- REAS, International Multidisciplinary Group Of Research (Paris, 2011)
- Liber Theatre (Novisad, 2010)
- Tempesta Theatre (Italy, 2005)
- Putateatro (Italy, 2004)

## Theater Director, Drama Instructor, Actor Trainer, Community Builder

Italy, Australia, Indonesia, Malaysia, Thailand, and others (since 1995)

## Lecturer / Trainer / Coach / Facilitator

- Why are we interested about animals? Lecture for MS students. Faculty of Psychology and Educational Sciences, Babeş-Bolyai University, Cluj-Napoca - Romania, 2022.
- Kung Fu International Retreat. Sonoma University, California, 2018
- Kung Fu International Retreat. Bogor, Indonesia, 2016
- From Painting To Movement. Malay University, Kuala Lumpur, Malaysia, 2016
- Qi Gong. Workshop Series. Koh Phangan, Thailand, 2015
- The Art Of Movement – Rotari Club, Bali, Indonesia, 2014
- WIW Wholistic Integrative Wellness, US, since 2014
- Kung Fu International Retreat. BIDTEC, Bali, Indonesia, 2012
- Theatre Anthropology Practical Lectures. University La Sorbonne, Paris, France, 2011
- Actor Training and Performing Practices, Kulturny Institut, University of Novi Sad, Serbia, 2010
- Special Olympics. Rome, 1998, 2004
- Numerous projects in Sport and Education, since 1998
- Numerous projects in Movement and *Movement-Based Intervention*, since 1998
- Army Service - Sport Department, Naples, Italy, 1996
- Army Service - IFOR Mission Injured Transportation, Caserta, Italy, 1996

## Actor, Performer, Mime

Numerous Productions (since 1993)

## Movie - Video Production

SANTO RESTE (2009); Valis (2001); Back Blue (1997); others.

## Light Designer

Indonesia (2015), Tasmania (2014), Denmark (2013), France (2011), Italy (1997-2001)

## PODCAST

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### In the Mouth of the Wolf PODCAST

Launched in 2020, the **In the Mouth of the Wolf PODCAST** revolves around animal ethics, human-animal interaction and conflict, canine science, ecology, sociology, and politics. The podcast can be listened on all major platforms.

<https://podcasts.apple.com/us/podcast/in-the-mouth-of-the-wolf-podcast/id1499600275>

## ONLINE TEACHING

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### **AEDC Academy**

AEDC - Anthrozoology Education Dogs Canines - Academy was funded in 2017. It is globally present and proposes courses on dogs, wolves and human animal interaction. As of 2022, about 3000 students from around the world attended programs of the AEDC Academy.

<https://aedc.thinkific.com>

<https://www.udemy.com/user/5b098caa-c4a9-4879-b2b1-19f77604e3e3/>

### **INS Academy**

Funded in 2014, (previously PerformerZen), INS Integral Neurosoma integrates different disciplines into training and educational programs.

<https://ins-academy.thinkific.com/>

## DRIVING LICENCE

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**Motorbikes:** A  
**Cars:** B  
**Trucks:** C1  
**Others:** D1