



VOLUNTEERING TO BETTER ALL

Our programs

Teaching program



In Kenya, the volunteer will be able to find the programs in different regions across the country.

In the coastal region (Diani Beach) the volunteers will work in kindergarten/child care, teaching, medical and special needs. In Mombasa (Likoni) volunteers will be placed in an orphanage program. In Watamu you will be placed in a turtle conservation program while in Kwale you will be in an environmental conservation program

In Nairobi you will be placed in teaching program, Special needs program and medical program

Volunteers will support local teachers, encourage students to learn and play, always instilling a good study or learning dynamic.

Activities:

- Assist teachers in classroom work
- Contribute to developmental
- Teach basic arithmetic and grammar

Volunteers collaborate with the local staff members by helping them while they teach their class. But you will also have the opportunity to lead groups and create your own activities, such as drawing, coloring, playing games, poem recitation and story telling



Childcare/Kindergarten Program



Medical Program

Volunteers share with doctors and other health personnel in a local medical center depending on the needs at the time of your arrival. Your level of experience, skill, and ability will determine what tasks you will be assigned.

Activities:

- Helping local medical staffs
- Engage in Community jigger's project
- Clinic visits and Home Based Care

Special needs program

This is your opportunity to volunteer in Kenya with disadvantaged children and help to provide them with the attention, love, friendship, and basic necessities that they need and deserve.

Activities:

- Psycho physical stimulation / Physiotherapists
- Help in feeding children/young people
- Sports and recreational activities help in the kitchen
- Gardening
- Laundry
- Teaching basic writing and reading skills



What do i need to know?



✓Accommodation Volunteer houses

VACK has made arrangements to host you in different volunteer houses/project locations located in safe areas. Those arrangements include a daily cleaning service and complimentary Wi-Fi. Furthermore, every accommodation venue has its own pricing, terms and conditions. The accommodation venues are close to shops and ATMs.

By default, the bedrooms are shared. If you would like a private bedroom, please contact us so that we can make the necessary arrangements. Please note that the costs may be higher.

When you have agreed to do your internship or volunteer work with us, we will pre-book your bed in the volunteer house

✓Program Fee

The program fee is in Euros for ease of planning for your stay. Since the exchangerate between the Euro and the Kenya shillings fluctuates widely.

Program fee helps the team to prepare for your stay, including the logistical and administrative work it takes to assure you a

COMMUNITY INITIATIVES

Vack works with the community to promote and achieve sustainable developments at holistic levels. The engagements are on the stated fields which volunteers are welcomed to participate.

- Women empowerment
- Teen mother's mentorship
- Youth empowerments
- Sports and Theatre Arts

project place, a good start, appropriate guidance, and a pleasant stay. Included are the following services:

- Fetching you from the airport, if necessary, on arrival(One way transport)
- A township tour (mandatory)
- An introduction on: your safety in the house, local travel and in the projects (mandatory)
- Visiting you at the projects you are working in, offering guidance and mentoring if necessary.
- Contact with your university or volunteering organization if applicable.
- Support in case of an emergency
- Medication in case of problems,
- Accommodation and meals at the assigned house.



✓ Transport and Travels

Volunteers will be using local transport: Tuktuk/Matatu/Motorbike to arrive to their projects and other designated places. The transport cost is flexibly cheap minimum 30shs to maximum 100shs.

There are a lot of beautiful spots you can visit. Some of the things that previous volunteers have done during their weekends or free time are:

Visit Masai Mara (at the beginning or end of your stay)

Visit Kongo River, Visiting Shimba Hills, Swimming in the ocean, Spend a weekend in Mombasa, Spend a weekend in Wasini Island and much more.

