



YOUTH EXCHANGE ERASMUS PLUS

Name: ECO FRIENDS (exchange of natural cosmetic, food plants, cooking)

Project Description: The "Eco Friends" project is an ambitious Erasmus+ initiative dedicated to promoting sustainability and raising awareness of ecological issues.

Hosting organisation: Associació obre't'ebre. Carrer del canal, 11, 1r pis. 43520 Roquetes. Tarragona. www.obretebre.org

Dates: 18th-24th July 2024

Number of days: 7 (5+2)

Number of countries: 4

Number of participants: 5 participants per country+ 1 leader.

Total participants and leaders: 24

Profile:

- ✓ Age between 18 and 25 years old.
- ✓ Interest in Ecology: Participants should possess a genuine and fervent interest in ecological issues, environmental conservation, and sustainability.
- ✓ Motivation: We seek individuals who exhibit a strong desire to learn, engage, and actively contribute to eco-friendly initiatives.
- ✓ Open-Mindedness: An open-minded attitude is crucial. Participants should be receptive to new experiences, alternative perspectives, and innovative solutions.

Place: Jesús, Tortosa, Catalonia, Spain.

Link: <https://goo.gl/maps/TCdwQJVqY938Bpxa9>

Lodgement:

- ✓ The young people will sleep in shared rooms in double beds or mattresses on the floor and also in tents.
- ✓ The lodgement is not adapted to people with wheelchairs or reduced mobility.
- ✓ There is a kitchen. Somedays the participants will cook themselves in mixed groups.

Price per person for traveling: according to the EU band.

Which are the compromises?

- ✓ Attend previous meetings online with organizers and people involved in the exchange.
- ✓ Prepare the groups itself and also meet online with all the participants.
- ✓ Have an active role in preparing workshops during the exchange.
- ✓ Have insurance for all the participants.
- ✓ Be responsible and compromised.

If interested write us to : obretebre@sinergia.org add theme (Eco friends)

Deadline for sending PIF: 18th September 2023