

Matera, 12-20 April 2023

# GRIN Youth Exchange

Youth, environment, participation



**GRIN** stands for **Green Influencers**, people who want to influence positively their surrounding through sharing green best practices in person and on online platforms. With this Youth Exchange we want to gather young people from Italy, Spain, Greece, Portugal, and France to share and talk about topics related to environmental sustainability and raise their ability to act as active green citizens.

This **Youth Exchange** was born on the wish of Associazione Link who is active in citizenship processes since 20 years, and aiming to contribute in the fight against climate change with the encouragement of young people on the field.

We aim to unite European young people who have in common the objective to **activate concrete actions** for the protection of the environment, **sharing** knowledge and passion. Instead they will gain capacities in social media and communication through online radio, taking also inspiration of the materials realized through the KA2 project *Green Influencers* and the Youth Participation project *GRIN*.

Check out here on instagram. <https://www.instagram.com/greenfluencers/>



This exchange is part of the Erasmus+ strategy of LINK NGO, funded by the Italian National Youth Agency within Erasmus+ accreditation.

The project will be hosted on an organic farm called **Masseria La Fiorita**, in the countryside of **Matera**.



Surrounded by nature and wildlife, participants will share **dormitory rooms**, bathrooms with showers, a big living room for rainy days and many outdoor spaces.

The food will be provided by a staff member, with the support of all participants who will engage in cleaning teams.

Every national group will be in charge of organising one dinner and cultural evening.



**Location and  
hosting space**

**Participants profile**



Each partner NGO needs to create a gender balanced group of **5 young people (18-25 years) and one leader (20+)**. The participants involved should be interested in the topic of environmental education and they should wish to become an active citizen who want to promote sustainability to their peers, being interested in social media and communication as a tool. Young people with fewer opportunities are more than welcome!.

Each national group needs to prepare a workshop (1,5h) about a topic which they will be assigned to: Air and Pollution, Earth and Food production, Wind and Energy production, Waste management and Radio as a tool for citizenship. For example: Water - the Italian Team will explain you, through a city visit, on how the ancient water collection system worked and how still today it is activate.

**Matera, hosting city**

Matera is a city in the region of Basilicata, in Southern Italy. As the capital of the province of Matera, its original settlement lies in two canyons carved by the Gravina River, a complex of cave dwellings carved into the ancient river canyon.

By the late 1800s, Matera's cave dwellings became noted for intractable poverty, poor sanitation, meager working conditions, and rampant disease. Evacuated in 1952, the population was relocated to modern housing, and the Sassi (Italian for "stones") lay abandoned until the 1980s. Renewed vision and investment led to the cave dwellings becoming a noted historic tourism destination with a vibrant arts community. Known as la città sotterranea ("the underground city"), the Sassi and the park of the Rupestrian Churches were named a UNESCO World Heritage Site in 1993. In 2019, Matera was declared a European Capital of Culture.

Source: wikipedia

# Travel

We invite you to use green travel options, as far as possible. You can search for options which arrive to the city of ALTAMURA or to MATERA as final stop.

Check out this website to help you find a good train trip:

<https://www.thetrainline.com>



In the case you search for flight options, the closest airport is Bari. If you fly to Bari, from the airport you have the following solution:

- take a shuttle going to Matera (a few buses a day, see if you are lucky to catch one!)

<https://www.aeroportidipuglia.it/bus-pugliairbus->

- take a train to Bari Centrale and then a train with FAL to Matera Villalongo stop:

<https://www.ferrovienordbarese.it/>

<https://ferrovieappulolucane.it/>

You can also fly to Rome and take a bus to Altamura: [www.marinobus.it](http://www.marinobus.it) or a train to Bari [www.trenitalia.com](http://www.trenitalia.com) and then FAL train to Altamura.

Ask us for support, and dont buy tickets before Link did not give the OK.

# Reimbursement

Reimbursement to the sending NGO will be done under the conditions of Erasmus+ Program Guide, following the standard travel table, if ...

- all participants of the group fully attended the activities
- all the documents (invoices, tickets, boarding pass) have been produced and accompanied by the reimbursement sheet provided by Link;

Keep in mind, the reimbursement cannot exceed the maximum amount granted by the program according to the distance calculator as foreseen in the Users' Guide.



Distanze di viaggio	Importo	
	Viaggio normale	Viaggio ecologico
10 – 99 km	23 EUR	
100 – 499 km	180 EUR	210 EUR
500 – 1 999 km	275 EUR	320 EUR
2 000 – 2 999 km	360 EUR	410 EUR
3 000 – 3 999 km	530 EUR	610 EUR
4 000 – 7 999 km	820 EUR	
8 000 km o più	1 500 EUR	

Food, Accommodation local transportation, materials and facilitation is financed by ...



Erasmus+

# What will we do?

Lunch time: 13:30 - 14:30  Daily Evaluation 17:30 - 18:00	The programme is provisional. It's composed of 3 sessions, 2 in the morning, 1 in the afternoon and 1 in the evening				
	Morning Session		Afternoon Session		Dinner
	09:30 - 11:00	11:30 - 13:00	15:30 - 17:30	18:00 - 19:30	20:00
Wednesday 12 April	ARRIVAL DAY				
Thursday 13 April	Get to know each other	Rules of co-living E+ and Youthpass	Social Media Workshop	Human Library - Sharing of best practices	Welcome to ITALY
Friday 14 April	Green Speed Date	Workshop about air and pollution	Workshop about earth and food production	Free Time	Intercultural Dinner from Portugal
Saturday 15 April	Visit of Matera Workshop about water consumption		Free Time in the city	Back to the farm	Intercultural Dinner from Spain
Sunday 16 April	Workshop about wind and energy production	Workshop about waste management	Active citizenship through podcasts	Free Time	Intercultural Dinner from Greece
Monday 17 May	Manual Workshops x upcycling of clothes x flashmob preparation		continue of Manual Workshops	Free Time	Intercultural Dinner from France
Tuesday 18 May	Preparation of the Flashmob	Preparation of the Flashmob	Rehearsals and transfer to Matera	Flash Mob	Pizza
Wednesday 19 May	Evaluation Session and Youthpass Delivery		Packing and Crying	Action plan for Dissemination	Barbecue Goodbye Dinner
Thursday 20 May	DEPARTURE DAY				

## Why to join this Youth Exchange?

- learn about environmental education and how to become an activist
- gain social media skills, learn how to make a podcast and gain digital skills
- get friends from different EU countries
- speak in English, learn about cultures and teach about your own culture
- learn about italian culture, food and life style
- experience life on an organic farm
- share community life
- smile and have fun!

All participants will receive a Youthpass Certificate!

**Youthpass**

## Application

Contact the sending partner from your country (you have to be resident in one of the partner countries to join!)

After you are selected please fill out this form:

TO BE COMPLETED

## Contacts

e-mail: [esc@linkyouth.org](mailto:esc@linkyouth.org)

Person in charge:

Birgit +39 3339830467 (whatsapp and phone)



## Partners and countries involved in the project

La Vibria - Spain

Ajeter - Portugal

Eko - Greece

- Romania

**TO BE COMPLETED**