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**PARTNER IDENTIFICATION FORM**

**PARTNER ORGANISATION**

| PIC | 925017318 |
| --- | --- |
| Organisation ID | E10060759 |
| Full legal name (National Language) | Fundacja Wspierania Rozwoju MEDEINA |
| Full legal name (Latin characters) | **MEDEINA FOUNDATION** |
| Country | **Poland** |
| Address | Sosnowiec city 41-200, ul. 3 maja 11 |
| Email address | medeinafoundation@gmail.com |
| Facebook Fan Page | https://www.facebook.com/medeinafoundation |
| Registration number KRS | 0000544247 |
| VAT number | PL6443509792 |
| National Identification number / REGON/ | 360817788 |
| Website | [www.medeina.pl](http://www.medeina.pl) |
| Twitter | - |

| Type of Organisation | **non-profit organization** |
| --- | --- |
| Is the partner organisation a public body? | **NO** |
| Is the partner organisation a non-profit? | **Yes** |
| Total number of staff | 8 |
| Total number of learners | 700 |
| Number of followers on FB | 681 |

**ACCREDITATION**

Has the organisation received any type of accreditation before submitting this application?

| Accreditation Type | Accreditation Reference |
| --- | --- |
| **Quality Label European Solidarity Corps** | **2019-1-PL01-ESC52-077473** |

**LEGAL REPRESENTATIVE**

| Title | Miss |
| --- | --- |
| Gender | Female |
| First Name | Monika |
| Family Name | Sobańska |
| Department | Transnational Cooperation |
| Position | President |
| Email | medeinafoundation@gmail.com |
| Telephone 1 | +48602314431 |
| If the address is different from the one of the organisation, please fill in | |
| Address | Sosnowiec 41-200, ulica 3 maja 11 |
| Country | Poland |
| Region | Silesia |
| P.O. Box | - |
| Post Code | 41-200 |
| CEDEX | - |
| City | Sosnowiec |
| Telephone 2 | - |

**CONTACT PERSON**

| Title | Ms |
| --- | --- |
| Gender | Female |
| First Name | Halina |
| Family Name | Sobańska |
| Department | Transnational Cooperation |
| Position | project coordinator |
| Email | youth.awa@gmail.com |
| Telephone 1 | +48 606 9764674 |
| If the address is different from the one of the organisation, please fill in | |
| Address | N/A |

**BACKGROUND AND EXPERIENCE**

***Please briefly present the partner organization***

The aim of the Foundation is to promote sustainable human and community development in accordance with the natural environment. It is to be achieved through physical, sport, outdoor adventure projects and educational innovations.

The goals are reached by the following means:

* encouraging sustainable development of an individual and society in accordance with natural environment
* organizing educational projects aiming at sustainable development solutions, e.g circular economy, responsible fashion, food sharing, etc.
* popularizing physical activities, sport, outdoor adventure and responsible, mindful tourism
* promoting cultural and biodiversity
* encouraging the development of culture and the arts; preserving cultural heritage
* publishing goal-based materials
* encouraging community participation in social and volunteering work locally and worldwide
* elaborating programs, curricula and innovations on ecology and nature-based non-formal education
* production of the educational movies
* fostering young people’s interest in green labour market and green lifestyle

Medeina’s expertise covers areas of non-formal ecological education and local eco-activism. We cooperate with different stakeholders to provide the holistic approach to ecological transformation which include joint efforts of third sector, public institutions and private entities. Our main contribution to the change is a green education and activation of young people in the schooling process and after that. We are experts in networking, non-formal education and building alliances between parties. Currently, we are involved in three European-level partnerships regarding circular economy, permaculture and active adaptation and mitigation of climate change. Medeina is working to boost responsible and inclusive entrepreneurship in accordance with the needs of the environment in a spirit of win-win-win approach. We closely cooperate with local activists and monitor new tendencies in agriculture, patterns of consumption (rise of consumer cooperatives), economy (including sharing and local economy) and city gardening. Our staff members have international experience in development projects, including those targeted at sustainable agriculture, development of agri-cooperatives, responsible agritourism and permaculture. We do observe and evaluate national and international food sovereignty and peasants rights initiatives, offering a crosscut approach which include not only the promotion of certain modes of production, but also political and social rights of producers including the right to quality jobs.

The Foundation has been set up to foster connectivity with nature, personal resilience by prevention of “nature deficits disorder”. It operates a mainstream sustainable approach in the development of communities worldwide. The methodology organization elaborates is based on an approach where nature plays an important role and is present as the environment, tool and content. The outdoor education promoted by MEDEINA is innovative due to a comprehensive combination of non-formal education methods, sport, outdoor adventure perspective, games and innovations with a wide range of self-development tools connecting participants with their “inner nature” and natural environment, such us:

- nature-awareness, wilderness, eco-coaching, nature elements workout, mountain therapy, empowerment hikes, survival.

- community building: group circles, Way of Council, outward bounds activities, energizers/team games, art of celebration, Rites of Passage, ceremonies, tools of group's empathy&care building, games, community making music

- body work: sport, physical activity, hiking, cycling, massage, active meditations, sensual/sensory workout, life energy flow/ high vibration states, breathwork

- mindfulness in outdoor

- creativity: natural art/land art, spontaneous dancing, choreotherapy, singing, community making music, sketches and drama, live performances, amateur/intuitional painting, body painting, world music&art festivals, networking with worlds famous/grassroot artists

- ICT innovations and gamification

- NFE youth work for sustainability and green solutions in communities

In 2019 Foundation acquired Quality Label and now implements volunteering projects within the European Solidarity Corps, sending fewer opportunities to youth to cooperate and work in eco-villages, eco-communities all over Europe.

***Activities and experience of the organization.***

**Erasmus+, Strategic Partnerships KA2:**

**-**as Applicant KA2 Strategic Partnership Youth “**Youth ́s BIO Learning-Empowering-Nurturing-Sharing”** 2020-2022. Exchange of good practices in the topic of the adaptation to climate change for youth workers in the non-formal and informal education sector

and innovations production / transversal e-guide for youth workers about climate change/.

- as Applicant KA2 Strategic Partnership Youth **“Join the Circle with Erasmus+ Programme”** – 2019 - 2021. Exchange of good practices and innovations production of e-book about solutions for sustainable development - partnership project of Poland and Spain. Publication of the results: [*Planning for Sustainability: A starter guide!*](https://drive.google.com/file/d/1q21yLuLhFzGrvtV8uf3A9LRQ1EhCqF2C/view?usp=sharing)

- as partner - Strategic Partnership Erasmus+ Youth **“PARTE Permaculture: A way to Renovate Traditional Entrepreneurship”** with Italian and Spanish youth organisations. 2019 - 2021. Exchange of good practices about permaculture, Dragon Dreaming and sustainable solutions. Publication of the results: [*Lands of plenty: An introduction to Permaculture Design*](https://drive.google.com/file/d/1JI2ZInLtgov7RFIrCKXaJQftVrxnglif/view?usp=sharing)

- as Applicant: **“EURO-hike – youth empowerment through sport and nature”**, Action: Small Collaborative Partnership SPORT Erasmus+: Latvia, Portugal, Spain, Poland. 2019-2020. Within this project we work on an innovative methodology of **“Empowerment hikes”** within local and international projects. The methodology presents a program of outdoor activities that we can employ during the projects on the way, so as to empower participants, strenghten their personal, social, interpersonal competencies, self-agency and connect them more to the natural world and basic needs. Documentary movie presenting green empowerment methods of empowerment has been produced: <https://www.youtube.com/watch?v=Vw-Y327L0xM>. Publication of the results: [***Euro-Hike – youth empowerment through outdoor sport - manual with the green methods.***](https://ec.europa.eu/programmes/erasmus-plus/project-result-content/c6024430-4328-4c5c-88f9-e775b4f9ba1b/Manual_Euro_Hike_compressed.pdf)

**Outdoor Adventure Trips:**

- as partner in 2016 Medeina implemented project **«Nature Elements of Madeira Island – empowerment trekking »** for 15 participants with the use of mountain therapy, deep ecology, wilderness and nature elements approach.

- 2015-2016 as partner: **“Arte-Maroko - women empowerment trekking to the highest peak of North Africa”** /6 editions/: intercultural activities, grass root learning, mindful tourism, African music&dance festival, empowerment trekking for self-development in High Atlas, artetherapy and creativity activities with locals

**-** as partner 2015-2016 Medeina implemented a sport empowerment project **“Arte-Cycling Trip Arte Bornholm”**. Arte Bornholm project joins both: bike trekking across Danish Island Bornholm, art of celebration, creativity development and art therapy outdoors. Except for wandering across the island participants created natural art in Scandinavian landscape - on the cliffs, stone rings, valleys and Vikings’ castles. The expedition was addressed not only to the muscles / cycling as a sport and physical activity/, but also to imagination, to people who like wandering and discovering their ability to create in nature. The project was a great success.

**Support and projects in developing countries:**

- Since 2017 Medeina Foundation support as well education and development of local youth and children in Ghana, by volunteering work, music&dance grass activities, grass root sport projects, non-formal education and schools’ support. Here we can disseminate the tools and methods of stimulating grass root sport activities in Ghana.

**KA1 Erasmus+:**

-As a Training Course partner Erasmus+ “ **Wanderful - Pilgrimage and outdoor guided activities as a tool for personal development, learning and transformation”** with video shooting components

- As a Training Course partner Erasmus+ **“Game of wellness**” which aims to introduce and explore the concept of “wellness” as a state of complete physical, mental, social and spiritual well-being and introduce practical and fun tools and strategies of promoting holistic health and personal development in young people and youth workers. Performed: December 2016.

- As a Training Course partner Erasmus+ “**Power of Circle”** granted. Project implemented in July 2017

- As a Training Course partner Erasmus+ **“Smile to life - positive psychology in youth work under the Erasmus+ Programme” ,** prepared in 2017, resubmitted in October 2018, February 2019.

- as applicant Training Course Erasmus+ **“Nature as a teacher 2”** prepared and submitted in 2017, to be resubmitted in October 2018, February 2019.

**-** As a Training Course partner Erasmus+ **“Kinestetic Learning Tools for youth work”,** prepared and submitted in 2017

- As a Training Course partner Erasmus+ **“Eat, play and sleep”**, prepared and submitted in 2017.

-As a Training Course partner Erasmus+ “**HeART - Healing through art (Art therapeutic practices for social inclusion)”,** prepared in 2017, resubmitted in February 2019.

- as Applicant: **“Re-connect - eco-centric youth non-formal education in Europe”**, KA2 Youth E+, preparation of the project launched in 2016, resubmitted in February 2018 /6 partners/.

- As a Training Course partner Erasmus+ **“Still in movement”**, submitted in February 2018.

- As a Training Course partner Erasmus+ **“Road to Wholeness”,** submitted in February 2018.

- as partner Youth Exchange E+ **“ECO vs EGO - Personal and social sustainability via Eco-centric development “,** prepared in 2017, resubmitted in October 2018.

- as Training Course Partner Erasmus+ “**Core of the leadership - leadership, tango and hiking”** - submitted in February 2018, Granted.Implementation in June 2018.

- as Training Course Partner Erasmus+ **“Entertaining financial literacy”** – granted. Implemented in July 2018 in Bulgaria.

- as Partner of Erasmus+ Youth Exchange “**Youth Promoting sustainability 2.0”** - submitted in February 2018 and October 2018

- Training Course Partner Erasmus+ **“Gamefication4Youth”** - granted in 2019. Foundation is a Partner. organised on April 2019 in Bulgaria.

- Training Course Erasmus+ **“Storytelling for Global Education”** granted. Organised in February 2019 in Italy.

- as a partner - Training Course Erasmus+ - **“EARTH, WIND AND FIRE”**, granted. Organised in September 2019 in Spain.

- as a partner - Training Course Erasmus+ **“Eco-centric development for inclusion and empowerment”**, granted. Organised in August 2019. um Agrarium”

- as a partner - Youth Exchange Erasmus+ in Romania **“Forum Agrarium”**, granted, organised in August 2021

- as a partner - Youth Exchange Erasmus+ **“Shapes of Water”** in Hungary, granted, organised in August 2021.

- as a partner - Training Course Erasmus+  **“Nature for all”**  in Romania, granted, organised in August 2021.

- as a partner - Youth Exchange Erasmus+ **“Slow Life rural Camp”** in Spain, granted, organised in August 2021.

- as an applicant - Training Course Erasmus+ **“Join the Circle with Erasmus+”** in Spain, granted, organised in June 2021.

- as a partner - Youth Exchange Erasmus+ **“Reconature”** in Spain, granted, organised in June 2021.

- as a partner - Youth Exchange Erasmus+ **“Waste! From global challenges to local solutions”** in Croatia, granted, organised in June 2021.

- as an applicant - Training Course Erasmus+ **“BIO learning, empowering, nurturing, sharing”** in Spain, granted, organised in June 2021.

- as a partner - youth exchange - **“Mind full or mindful?”** in Slovenia, 2020-3-SI02-KA105-015773, March 2022.

- as a partner - youth exchange - “**Wild camping”** in Lithuania, May 2022.

- as a partner - youth exchange “**Green heroes fighting for climate change”** - in Portugal, June 2022.

- as a partner - youth exchange “**We are the change”** - Spain, June 2022.

- as a partner - youth exchange “**Out of signal**” - Spain, August 2022.

- as a partner - youth exchange **“Be the change”** - Slovenia, August 2022.

- as a partner - training course **“Breathe for a second”** - September, Spain, 2022.

**Local/national/regional projects:**

- as Applicant - **“Civic Academy of active seniors 60+ - active citizenship participation in Sosnowiec city**” funded by Institute of Freedom in the Ministry of Social Affairs in Poland. 2019-2020. In the frame of this senior active citizenship project Medeina co-organised Cycling Marathon in Sosnowiec city, using the tool of “**bike participation**” as an efficient way of advocacy for senior interest in the city. There were 300 participants in the event.

- Since 2019 Medeina Foundation runs “**European Club of Non-formal Education for youth and youth workers”** with the aim of fostering engagement in local and European youth initiatives. The Club gathers 90 youngsters and youth workers who are interested in social/educational/sport projects, European active NFE and are willing to engage in educational projects. Clubs enable youth with the opportunities of European education.

- Medeina runs a local project of  **“Mini-expeditions' ' in** and out of the city. Local trips organised for the local groups to explore the natural environment and opportunities for leaisure time. It is organised by the means of special methodology and tools.

- We work on an innovative methodology of **“Empowerment hikes”** within local and international projects. The methodology presents a program of outdoor activities that we can employ during the projects on the way, so as to empower participants, strenghen their personal, social, interpersonal competencies, self-agency and connect them more to the natural world and basic needs.

- organisation of the activities of the **Winter Swim Group** in the city of Sosnowiec. Regular practice with 150 people. The group promotes benefits of this practice for the body and psyche.

**European Solidarity Corps volunteering projects**:

In 2019 Medeina Foundation got Quality Label accreditation that enables us to support youth volunteering projects of European Solidarity Corps all over the world. The goal of these youth projects is to increase the interests of young people in working and engaging in green communities, eco-villages, natural production agriculture organisations, to widespread the green lifestyle among youth and reinforce the European green labour market.

In autumn 2020 Medeina started cooperation with eco-village Kurkum Farm in Spain /Eco-vida association/, where coordinates sustainable development ESC youth project for 2 years, supporting local community in Aragon region and raising life opportunities of young migrants residing in Poland on the green labour market. Project number: 2020-2-PL01-ESC11-082938.

**European Solidarity Corps - local solidarity youth projects**

Medeina Foundation between May 2020 - august 2020 implemented the youth project **“Male case - when a boy becomes a man”.** which was run by the group of local youth with the support of the foundation. The project introduced the Rites of Passage for boys, so as to enable a healthy step into adultery, diminish the endangerment of social exclusion and risky behaviours among youth. Project number: 2020-1-PL01-ESC31-080664.

May 2020 - April 2021 - implementation of the youth project **“EKO-Zagłębie”** with the aim of raising youth’s interests in ecological attitudes and sustainable development solutions and promotion of healthy lifestyle among youth in Silesia. Project number: 2020-1-PL01-ESC31-080527

**Topic: New Technologies, IT projects, gamification**

Every year we take part in the national conference “**3.0 sector. New technologies for NGO**” in Warsaw, where we learn about innovations and new technologies for our organisation.

We take part in “**Women in Technology University**” in Warsaw, where we can debate and learn about IT innovations and women participation in this branch. This is a great occasion to promote new IT / Gender projects, devices, solutions and ideas about promotion of women in IT. In cooperation with “Women in Tech” our colleague Natalia Habrajska had also organized meetings/workshops with professional VR designer and artist - Tomasz Wełna “Virtual Reality for beginners? Potential of VR Technology” in Kraków.

- 2020 onward. In the beginning of the year we set up **EDUGames Club**, which elaborates new educational games to solve social issues and raise awareness about them. The Club gathers games designers, games facilitators and youth workers willing to cooperate together for the game innovations in educational projects we run.

***Information on the key staff/persons involved in this application and on the competences and previous experience that they will bring to the project.***

The organization gathers management and education staff: psycho-terapeutists, coaches, eco-trainers, non-formal education trainers, activists, instructors of eco-psychology and physical activities. They regularly acquire new skills and competences on the training, conferences and courses worldwide.

**Monika Sobańska** - president, founder of the foundation, graduated in Interdisciplinary Studies for Humanities at Warsaw University, MA in sociology, social activist, international project coordinator, staff supervisor and organization development manager; youth educator and certified non-formal education trainer with 19 years of experience in adult and youth non-formal education: fundraising, project planning, gender equality, creativity development, NGO management, PR and dissemination; lecturer at Warsaw University and Silesian University.

She has coordinated almost all European and transnational initiatives in the Medeina Foundation, working in Africa, Asia, Middle East /Afghanistan/, Europe and US. Expertise in outdoor and nature-based education, IT innovations, gender equality, empowerment, crowdfunding and campaigns, organization management, personal development and holistic non-formal education.

Fundraiser with 19 years of experience and 145 project applications submitted.

**Agnieszka Naudeer** - holds a sociology and law Master degrees. She has more than 5 years of work experience in education. Agnieszka has recently worked on the Knowledge transfer strategy for the Lukasiewicz Research Network project and has coordinated and supported ESL teachers throughout the process of gaining qualification and experience. At Medeina she coordinates European Solidarity Corps’ projects.

**Marlena Kaczmarek -** PR and dissemination manager, Erasmus+ KA1 EU mobility recruiter, Bachelor of Journalism and Mass Communication, Master in Sports and Tourism Management. Studied in Warsaw, Krakow and Barcelona. Lived in Spain and Greece. She was head of PR at the nationwide student radio station UJOT FM, where she established the Ujotum Forum - meetings with media people that brought together 1,200 people at a time. She took part in many initiatives from the Erasmus program, which broadened her horizons and discovered new opportunities.

**Wiktoria Grelewicz** - European project coordinator at national level. She is also employed as an administrative assistant at the Sosnowiec City Hall. Graduate of the Bachelor's degree in national and international security studies at Silesian University. Currently a master's student in international political science and diplomacy at the University of Silesia in Katowice. Former president of the Student Government at the Faculty of Social Sciences. Active in several academic circles, including chairing the circle for equality and diversity and animal rights. A social and political activist, she serves as a social assistant to a Member of the Polish Parliament and Vice Marshall.

Author of the scientific articles and publications on equal opportunity, feminism, inclusion of minorities.

Medeina Foundation staff attended a great number of national and European trainings, seminars and meetings developing their skill and competences in training adult and youth learners, coaching, project coordination and management, mentoring, team management, partnership and networking, new media, ICT and finances. Medeina staff includes: trainers of non-formal education, coaches and counselors, ESC mentors, European projects coordinators and managers, office/administration staff, teachers, local leaders, local youth and adult politicians, physical activity and sport instructors, entrepreneurs, social workers, lawyers.

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***Dissemination and impact***

MEDEINA (PL) will count for a wide network of public institutions in Silesia Region in Poland:

Education and Community Development Commissions in Sosnowiec Municipality, Youth Council in Sosnowiec city and Katowice, Senior City Council in Sosnowiec city.

We work with different municipality units, such as: Promotion City Center, Center of Volunteer Service, NGO Center in Sosnowiec city - SCOP. We use their resources and networks as well / mailing lists, websites, FB/.

At international level, around 40 active NGOs from European countries will be contacted /Medeina transnational network via mailing and FB/.

Medeina runs its activities in Ghana as well cooperating with Start from Ghana foundation, so there is possibility to disseminate results outside Europe, in developing countries, especially those based on creative youth work.

Medeina Foundation currently develops the network of cooperating green organisations all over Europe and established relevant contacts with the umbrella organisation GEN /Global Eco-Villages Network: [www.ecovillage.org](http://www.ecovillage.org/)/ with the aim of mainstreaming green, sustainable communities ideas.

Medeina just joined the youth participation DYPALL Network (Developing Youth Participation at Local Level)which is a European platform of over 60 civil society organizations and local authorities from more than 30 countries, that aims to involve young people in decision-making processes at the local level, and thus enable municipal and regional authorities to address the needs and interests of youth, engage young people as active actors of problem-solving and increase the level of ownership, commitment and involvement of an important part of our communities.

YP Lab is a resource and mobility centre within DYPALL Network with the focus on research development and capacity building in the field of local youth participation.For more information: [http://dypall.com](http://dypall.com/)

Medeina has important contacts with organisations and partnerships that will be involved in the dissemination of results:

* public and private universities in Poland /Silesian University in Katowice, Warsaw University, Private Humanitas University in Sosnowiec – some of the Medeina staff works there/, 4 Universities of the Third Age in Sosnowiec city
* teachers and heads of 13 schools in Upper Silesian Metropolitan Area and in Poland- 2 Schools of Special Needs in Sosnowiec, High School of Fine Art in Dąbrowa Górnicza, Wild Democratic School in Tychy city Alternative Primary School “Our Good School” in Katowice city, Democratic School in Gliwice city, Free School Bullerbyn in Warsaw, Free School in Warsaw, Free School in Cracow, Natural Free School in Tychy.
* We have strong links with 4 Senior Universities of the III Age in Sosnowiec, a few Seniors Clubs in Sosnowiec city and Senior City Council in Sosnowiec, that we established with senior activists in the local community.
* Foundation closely cooperates with educational organizations all over Poland in the areas of: non-formal education, sustainability, permaculture, nature awareness, circular economy, self-development, eco-psychology, deep ecology, social inclusion of vulnerable groups: women, seniors, disadvantaged groups. Dissemination of the project results will be addressed to those organisations, their staff and learners.

**Organisations for NFE staff:**

Academy of Holistic Trainers in 5 Polish cities / 22 staff and 230 learners - non-formal education trainers/

Meritum School of NFE trainers / network of 700 graduates active in NFE sector/

**NGOs:**

Living Education Foundation in Katowice

Ecology Think Thank in Katowice,

All Living Creatures Foundation/ in Katowice

Educational Center “W Polu”

The Wild Foundation in Tychy

Wild Side of the City Association in Katowice

Spread the Wings Foundation from Sosnowiec

Women Congress in Poland and Women Congress in all the regions in Poland /16/

Opus Humanum Association from Sosnowiec

Carusel Foundation from Warsaw

Foundation Ambrosia from rural commune in Silesia region - Ormontowice

BEZ - non-formal eco-group in Katowice

PTTK - Polish Society of Tourism - the biggest sport organization in Poland

**Green youth informal movements**:

Youth Green Strike /national, regional and local structure of young activists/, Primal Forest Camp

Silesian Climate Movement

* Medeina will disseminate results and info about the project in a very large network of experts, youth trainers, youth workers, teachers, coaches, educators, activists, facilitators, staff of the youth organizations and large network of our youth learners and youth projects’ participants.

Number of people who can be informed about results: 17000

Number of learners: since 2015- 700 participants

Dissemination and promotion channels:

* Website: [www.medeina.pl](http://www.medeina.pl)
* Few FB Fan Pages that we run:

[https://www.facebook.com/medeinafoundation](https://www.facebook.com/medeinafoundation/)/ / 624 fans/

<https://www.facebook.com/EVSinAWA/> / 9000 young people in Poland/

<https://www.facebook.com/WyprawaMocy/> / 4250 people interested in outdoor trips/

<https://www.facebook.com/europeanvolunteerspoland/> FB of European Solidarity Corps /1172 fans/

* Instagram Medeina Foundation: [https://www.instagram.com/medeina.foundation](https://www.instagram.com/medeina.foundation/)/ /56 fans/
* Instagram of European Solidarity Corps volunteers which cooperates with Medeina Foundation

<https://www.instagram.com/esc_volunteers/> /320 fans/

* Instagram of our partner organisation, <https://www.instagram.com/okno_na_swiat_eks/> /123 fans/
* About 250 Facebook thematic groups
* Newsletter to 800 subscribers
* Network of 130 European educational organizations - e-mailing
* Network of 32 transnational organizations / Africa, Afghanistan, Asia, Scandinavia, US, Caucasus/ - e-mailing
* Direct contacts with local/regional organizations/institutions in Poland
* We run European Club of NFE for youth and youth workers - 130 members, we ll reach them by emails and social media, direct meeting in the seat of the organization
* we ll disseminate results of the project in local and regional media by the means of excellent media relations in Silesia region in Poland / network of 24 journalists cooperating with Medeina/
* Medeina has got at the disposal Google Adwords Grant that enable to runs promotional and dissemination internet campaigns at very large scale

Write the number of disadvantaged people among your staff: 4

Difficult situations these people are facing:

Economic obstacles

Geographical obstacles

Educational difficulties

Health problems

Social obstacles

**How we can support participants with fewer opportunities:**

Participants with economical problems - will need full reimbursement of the costs of the participation.

Participants with geographical obstacles will definitely need at least one day for travel and support in buying the tickets.

Participants with educational problems will need a support person to prepare them before the trip and to deliver them educational materials/manuals - how to prepare and what they may encounter.

Participants with social obstacles /from single-parent families, divorced families, self-sufficient mothers/ , due to the high level of insecurity - will need that somebody from the partner organisation support them individually and directly, so as to make sure everything will be ok.

Participants with health problems - will have to announce their obstacle before the trip and ensure that they will take all the medecins with them. Hosting organizations will have to know about the nature of the health problem, so as to be prepared for the potencial emergency situation. They will need to deliver a medical statement from the doctor to the organisers.

***Target groups that Medeina is working with:***

1) Since 2019 we have been running “**European Club of Non-formal Education for youth and youth workers”** with the aim of fostering engagement in local and European youth initiatives. The Club gathers 90 youngsters and youth workers who are interested in social/educational/sport projects, European active NFE and are willing to engage in educational projects. Clubs enable youth with the opportunities of European education. In the Club there are gathered youth leaders and youth workers who participate in our youth projects, e.g. Solidarity Projects within the European Solidarity Corps.

2) **Local Youth with fewer opportunities** from the special needs schools in Sosnowiec city - these are people with light mental disability, coming from families endangered with social exclusion, families at risk.

3) **Youth Workers** 18-30 years old from Poland and other European countries, Caucasus, Carribean, Turkey cooperating with the special needs and alternative free schools in Silesia region in Poland within the projects of European Solidarity Corps - former participants and current ones - network of 330 people.

4) )**Youth green activists from NGOs and informal green movements** - we cooperate with this group running local European Solidarity Projects and by networking and common implementation of the youth projects.

5) **Local, regional and national politicians and decision-makers in Poland** - some of them are among our members and cooperate in frame of Medeina projects: Senator Office of Mrs Joana Sekuła, President of Sosnowiec Municipality Council Mrs Ewa Szota, Member of the Regional Council in Katowice city - Mrs Alina Bednarz, EU MP and candidate for the president position in the last elections - Robert Biedroń, Vice-president of the Senate - Mrs Gabriela Morawska - Stanecka.

Medeina staff is a member of the women's network in politics.

**6) Staff of Green NGOs, parties and informal organisations** - we have a network of 22 cooperating green NGOs and informal groups resulting from our previous common actions, study visits, training courses, including political parties

**EU Fundings / granted in green/ , submitted as applicant - in orange**

| **List of the previous projects / 5 years/** | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **EU Programme** | **Year** | **Date** | **Project Identification or Contract Number** | **Applicant/Beneficiary Name** | **MEDEINA role /Partner/Applicant** | **Project title** | **Grant requested** |
| Erasmus+ KA1 | **2022** |  | **KA152-YOU-59B6E899** | **Medeina Foundation** | **Applicant** | **Bee to Bee** |  |
| Erasmus+ KA1 | **2019** | **01/08/2019- 29/02/2020** | **2019-2-IT03-KA105-016453** | **Associazione Teatro invisibile** | **cobeneficiary** | **Conscious Body** | **-** |
| Erasmus+ KA1 | **2019** | **01/07/2019- 31/01/2020** | **2019-1-ES02-KA105-012873** | **harmonii coaching** | **cobeneficiary** | **EARTH, WIND AND FIRE** |  |
| Erasmus+ KA1 | **2020** | **01/03/2021- 31/10/2021** | **2020-3-ES02-KA105-016104** | **Asociación ARTmosfera** | **cobeneficiary** | **Slow Life Rural Camp** |  |
| Erasmus+ KA1 | **2020** | **01/09/2020- 30/06/2022** | **2020-1-IE01-KA105-065925** | **DEVELOPMENT PERSPECTIVES COMPANY LIMITED BY GUARANTEE** | **cobeneficiary** | **Change the Story, Change the World** |  |
| Erasmus+ KA1 | **2019** | **11/01/2020- 10/10/2021** | **2019-3-FR02-KA105-016622** | **Association Wonderfools** | **cobeneficiary** | **Still in movement** |  |
| Erasmus+ KA1 | **2020** | **01/07/2020- 31/12/2021** | **2020-1-RO01-KA105-078502** | **Asociatia Dreams for Life** | **cobeneficiary** | **Nature for all** |  |
| Erasmus+ KA1 | **2019** | **01/04/2020- 30/06/2022** | **2019-3-ES02-KA105-014086** | **Asociación Eco Vida** | **cobeneficiary** | **We are the change!** |  |
| Erasmus+ KA1 | 2021 | 31/05/2021-30/07/2022 | 2020-3-SI02-KA105-015773 | VIAJE A LA SOSTENIBILIDAD S.Coop Pequeña | Partner | RecoNature | — |
| Erasmus+ KA1 | 2021 |  | 2021-1-LT02-KA152-YOU-000018913 | VšĮ "Solidarumo fondas" | Partner | Happiness is Contagious | – |
| Erasmus+ KA1 | 2020 | 31/05/2021-30/08/2022 | 2020-3-UK01-KA105-094014 | Coyote Initiatives CIC | Partner | Wellbeing 101 | -- |
| Erasmus+ KA1 | 2020 | 01/01/2021-31/12/2022 | 2020-3-IT03-KA105-019965 | Associazione Volontariato e Solidarietà | Partner | VAI\_Volontario Anch'Io | -- |
| Erasmus+ KA1 | 2020 | 01/04/2021-30/09/2022 | 2020-3-LT02-KA105-007270 | VšĮ Aktyvi kultūra | Partner | Wild Camping | -- |
| Erasmus+ KA1 | 2020 | 01/01/2021-31/12/2021 | 2020-3-RO01-KA105-095173 | Asociatia Kilato | Partner | Forum Agrarium | -- |
| Erasmus+ KA1 | 2021 |  | 2020-3-SI02-KA105-015773 | ZAVOD SOFIZ | Partner | Mind full or Mindful? | --- |
| Partnerships for Creativity (KA227) | 2020 |  | KA227-22A7E848 | MLADIINFO SLOVENSKO | Partner | SCULPTURE |  |
| Erasmus+, Partnerships for Digital Education Readiness (KA226) | 2020 |  | KA226-22ECE321 | Asociación Raíces |  | Educación Percusión |  |
| Erasmus+ Ka105 | 2020 |  | 2020-2-HU01-KA105-078989 | Euniors Ifjusagi es Sportegyesulet |  | A VÍZ FORMÁI | ---- |
| Erasmus+ Ka105 | 2020 |  | 2020-2-SI02-KA105-015609 | Zavod Aspira- zavod za razvoj posameznika in družbe |  | "Kinetic youth-move to grow" | ---- |
| Erasmus+ KA3 | 2020 |  | 624799-EPP-1-2020-1-PL-EPPKA3-EU-YTH-TOG. | Medeina Foundation |  | GreenME | 500 000 Eur  rejected |
| Erasmus + KA105 | 2020 |  | 2020-2-HR01-Ka105-077977 | Outward Bound Croatia |  | Waste! From global challenges to local solutions | 18.700,00 EUR |
| Erasmus+ KA105 | 2020 |  | 2020-2-PL01-KA105-082862 | Medeina Foundation |  | PEACE GAMES 2020 | 24 695 EUR  rejected |
| Erasmus+ KA105 | 2020 |  | KA105-C63E8B52 | One Terrene International |  | Jobs of the Decade Ahead | --- |
| Erasmus+ KA205 | 2020 |  | KA205-58797D7E | MEDITER - RESEAU EURO-MEDITERRANEEN POUR LA COOPERATION A.I.S.B.I. |  | Promoting planetary health education as a means to protect Earth’s natural systems | rejected |
| ESC, Volunteering | 2020 | 01/12/2020 - 30/11/2022 | 2020-2-PL01-ESC11-082938 | Medeina Foundation |  | Eco-Life - youth for sustainable development in Europe | 84 918 Eur |
| Erasmus+ KA205 | 2020 | 01/08/2020-31/12/2021 | 2020-1-PL01-KA205-080293 | Medeina Foundation |  | Youth´s BIO Learning-Empowering-Nurturing-Sharing | 123840,00 EUR |
| ESC, Solidarity Projects | 2020 |  | 2020-2-PL01-ESC31-082752 | Medeina Foundation |  | Dance - dialogue between generations | rejected |
| Erasmus + KA105 | 2020 |  | 2019-3-PT02-KA105-006397 | ASSOCIACAO EDUCATIVA NACIONAL DE INCLUSAO E INOVAÇAO NAS ESCOLAS |  | Dance, Hope and Beyond between Youth | ---- |
| Erasmus + KA105 | 2020 |  | 2020-1-ES02-KA105-014953 | ASOCIACION CULTURAL Y MEDIOAMBIENTAL PERMACULTURA CANTABRIA | Partner | BAILE "Herramientas para la salud mental en la juventud" | — |
| Erasmus+ KA204 | 2020 |  | 2020-1-PL01-KA204-081741 | Medeina Foundation |  | KOMPAS: methodologies and tools for collective entrepreneurship and social activism | 158980 eur |
| Erasmus+ Sport | 2020 |  |  | Active Society NGO |  | "The city is our arena" | rejected |
| Erasmus+ Sport | 2020 |  | 622829-EPP-1-2020-1-TR-SPO-SCP | Innovative Education Center, Austria |  | PARKS ARE HOME FOR NATURE AND SPORTS (PARKNEST) | rejected |
| Erasmus+ | 2020 |  | 2019-3-IT03-KA105-017509 | Associazione Teatro invisibile |  | Integration map |  |
| Erasmus+ | 2020 |  | 2020-1-PL01-KA104-079553 | Medeina Foundation |  | "Rural development through Adult Education" | rejected |
| European Solidarity Corps | 2020 | 01/06/2020-30/11/2020 | 2020-1-PL01-ESC31-080664 | Medeina Foundation |  | “Male Case - how a boy becomes a man” | 3444 eur |
| European Solidarity Corps | 2020 | 01/06/2020 - 31/05/2021 | 2020-1-PL01-ESC31-080527 | Medeina Foundation |  | Direction: Eco-Zaglebie | 7588 eur |
| Erasmus+ | 2019 |  | 2019-3-CZ01-KA105-077018 | VICE VERSA CZ ZS |  | Start Acting Up! - Exploring theatre as a tool for youth participation and social change |  |
| Erasmus+ | 2019 |  | 2019-2-ES02-KA2015-013620 | Asociación cultural y medioambiental Permacultura Cantabria |  | PARTE  Permaculture: A way to Renovate Traditional Entrepreneurship |  |
| Erasmus+ | 2019 |  | 2019-2-ES02-KA105-013785 | Asociación cultural y medioambiental Permacultura Cantabria |  | Dinámicas Adaptadas para Nuevos y Colaborativos Espacios para la Juventud |  |
| Erasmus+ | 2019 |  | 2019-1-RO01-KA105-062071 | Asociatia Dreams for Life |  | Eco-centric development for inclusion and empowerment |  |
| Erasmus+ KA204 | 2019 |  | 2019-1-PL01-KA204-065196 | Medeina |  | KOMPAS: metodologia i narzędzia dla Kolektywnej Przedsiębiorczości i Aktywizmu Socjalnego. | rejected |
| Erasmus+ | 2019 |  | 2018-3-BG01-KA105-061185 | NARODNO CHITALISHTE BADESHTE SEGA 2006 |  | Въвеждане на гемификация и геймсторминг в младежката работа, KA1 |  |
| Erasmus+ | 2019 |  | KA105-4144B1E8 | Medeina |  | Youth mobility (KA105) Escape Bulgaria |  |
| Erasmus+ | 2019 |  | KA105-FEE585AD | Medeina |  | Youth mobility (KA105) Core of Leadership 2 |  |
| Erasmus+ | 2019 |  | KA105-0A429F28 | Medeina |  | Youth mobility (KA105) Nature as a teacher 2 - eco-centric education for youth green empowerment and sustainability |  |
| Erasmus+ | 2019 |  | KA105-A3CF45E1 | ASS A RUOTA LIBERA ONLUS |  | Youth mobility (KA105) PlayFORinclusion |  |
| Erasmus+ | 2019 |  | KA105-E4808A6E | Asociatia Dreams for Life |  | Youth mobility (KA105) Eco-centric development for inclusion and empowerment |  |
| Erasmus+ | 2018 |  | KA105-2C279C25 | Coyote Initiatives CIC |  | Youth mobility (KA105) Storytelling for Global Change |  |
| Erasmus+ | 2018 |  | KA105-DE96A97B | Harmonii coaching |  | (KA105) EARTH, WIND AND FIRE |  |
| Erasmus+ | 2019 |  | 2018-3-CZ01-KA105-059886 | ViceVersa team |  | Training Course E+“Storytelling for Global Action”. |  |
| Erasmus+ | 2019 |  | 2018-3-PL01-KA205-061049 | Medeina |  | KA2 Strategic Partnership „Dołącz do CIRCLe z programem Erasmus +” | 118010,00 |
| Erasmus+ | 2019 |  | KA105-253C3219 | NC Future now Bulgaria |  | Training Course E+“Gamefication4Youth” |  |
| Erasmus+ | 2018 |  | 603554-EPP-1-2018-1-PL-SPO-SSCP | Medeina |  | Euro-HIKE - youth empowerment through outdoor sport, Sport Action Erasmus+ | 55 000 Euro |
| Erasmus+ | 2018 |  | 2018-2-DE04-KA105-016867 | **Eden** |  | Training Course E+ “Growth Embodied” |  |
| Erasmus+ | 2018 |  | 2017-03-BG01-KA105-46768 | NC Future now Bulgaria |  | Training Course E+ “Entertaining financial literacy” |  |
| Erasmus+ | 2017 |  | 2017-3-LI02-KA105-000054 | Symbiose Gemeinschaft |  | Training Course E+ “Core of leadership “ |  |
| Erasmus+ | 2016 |  | 2017-1-SK02-KA105-001304 | Preles |  | Training Course E+ “Game of Wellness” |  |
| Erasmus+ | 2016 |  | 01-KA105-024234 | Dobroti |  | Training Course E+ “Power of circle” |  |