



## YOUTH EXCHANGE ERASMUS PLUS

**Name:** Rural Up & Inclusion (popular music and traditions).

**Hosting organization:** Associació obre't'ebre. Carrer del canal, 11, 1r pis. 43520 Roquetes. Tarragona. [www.obretebre.org](http://www.obretebre.org)

**Dates:** from 30th June to 10th July 2023 (30th June arrival and 10th July departure).

**Number of days:** 11 (9+2 travelling days).

**Participating countries:** Spain (Gran Canaria and Terres de l'Ebre), Portugal, Ukraine.

**Number of participants per country:** 5 participants (2 special needs vacant spot) + 1 group leader + 1 accompanying person.

**Profile:**

- young people between 16 and 25 years old,
- young people between 18 and 25 years old with mild intellectual disability,
- 1 accompanying person, depending on the group's needs.

**Place:** Jesús, Roquetes and Móra d'Ebre, Catalonia, Spain.

**Links:**

- <https://goo.gl/maps/xLJX2sxdMJSxoeTj7>
- <https://goo.gl/maps/EWwbqncbkbs4EgW58>

**Lodgment:**

- The young people will sleep in shared rooms in bunk beds or mattresses on the floor.
- The lodgment is not adapted to people with wheelchair or reduced mobility.
- There is a kitchen. Some days, the participants will cook themselves in groups.

**Price per person for travelling:** accordingly to the EU distance band.

**What are the commitments?**

- Attend to previous meetings with organizers and people involved in the exchange.
- Prepare the groups itself and meet online with all the participants.
- Have an active role in preparing workshops during the exchange.
- Have an insurance for all the participants.
- Be responsible and committed.