



PARTNER INFORMATION

Organisation ID	E10240763
Promoter's legal name (latin characters)	European Initiative for Youth Empowerment, Mindfulness and Wellbeing "GO Alive"
Promoter's legal name (national language)	«Ευρωπαϊκή Πρωτοβουλία για την Ενδυνάμωση, Ενσυνειδητότητα και Ευεξία της Νεολαίας»
Address	N. Klada 18
Country	GREECE
Region	Dytiki Makedonia
P.O. Box	-
Post Code	50300
City	Siatista, Kozani
Web site	https://www.GOAlive.eu
E-mail	info@goalive.eu
Telephone	+306981818181

Profile

Type of Organisation	Youth Organisation
Is the partner organisation a public body?	No
Is the partner organisation a non-profit?	Yes

Acreditation

Has the organization recieved eny tipe of acreditation before subliming this aplication?	No
--	----

Background and Experience

Brief description of the Organisation

The values, vision and aims of the Organisation are:

- The educational, professional, cultural and mental empowerment and development of young people (especially those with fewer opportunities due to social, economic or geographical obstacles) and the improvement of their skills and competences, by facilitating their active citizenship, employment and transition to the job market.
- The support of the mobility of young volunteers, trainees and employees by promoting youth work and youth initiatives.
- To promote mindfulness, self-awareness, wellbeing, a healthy and a balanced lifestyle, with an emphasis on prevention and active / healthy aging.
- The spreading of volunteerism, freedom, democracy, human rights, gender equality , social inclusion and solidarity, human dignity, the role of the active citizen and the whole European ideal in order to create a better future for the European youth, through the cooperation of different social groups of different nationalities, in the context of serving the society.
- The dissemination and support of the European Youth Card.
- To promote the mobility of young people outside and outside the borders, organizing local actions and interventions, as well as the use of new media.
- The promotion of the values of non-formal learning and education, which contributes to the socio-educational development of individuals, but also to education at all levels, especially to people who have dropped out.
- To develop action plans against poverty, unemployment and social marginalization, especially for people belonging to vulnerable groups (immigrants, Roma, refugees, people with disabilities).
- The implementation of programs to upgrade the quality of human life and protect the social and natural environment.
- To foster social entrepreneurship, as well as research, specialization and innovation.

What are the activities and experience of the organisation in the areas relevant for this application?

“GO Alive” youth organisation is a new established NGO that was started its official function on January 2020. Just on before the expansion of the CO-VID19 virus. The general lockdown the was implemented by the greek government, prevented us from further actions and activities. However, the Organisation constitutes of the members of an informal group of young people that have been very active in the field of youth empowerment the last 5 years. Some of the activities that we have implemented during the last months are described bellow.

Our first local workshop on Mindfulness took place on 19th of January 2019 at the Event Hall of the Public Library of Siatista, Greece. There were the initiates of our Organisation as well as 13 young participants from the local area who came close to each other and set the basis for the future of our activities and workshops.

The second local workshop took place on 23rd of March 2019, where the local youngsters were familiarised with guided meditation and active listening and they had the chance to test their senses and underwent a flashback to important moments in their lives.

On 25th of May 2019, the day before the European elections, young people from Siatista met at the Local Library to analyze the existing situations in 4 areas of daily life in the city and to work n 4 committees to propose solutions and ideas for their improvement!

On 9th of August 2019, the G.O. Alive team organised a sport activity in Siatista, based on the ideas of the sport committee during the “Democracy and Me” event.

On 10th of August 2019, G.O. Alive team organised a hiking trip on Bourinos Mountain with more than 30 youngsters from Siatista where activities for fostering community building as well as leadership competences were implemented.

On 28th of September 2019, we organized a kids activity about Environmental Protection and Recycling. The event was inspired by the Environment Committee during an earlier event in May 2019. More than 20 children aged 10-15 as well as young people from our group participated in the activity.

On 6th of October 2019, G.O. Alive team carried out our second action in Siatista on Environment and Recycling. Volunteers from our group helped distribute the "Green" recyclable pots that the children of elementary school made from plastic bottles the previous Saturday. Along with the pots that we handed out to passers-by, we carried out a questionnaire survey on Environmental issues.

On, November 23, 2019, our “G.O. Alive” team organized an Experiential Seminar on Mindfulness and Leadership at the local highschool in the framework of the Erasmus+ Transnational Youth Initiative "GO Alive". Our team paid great attention and importance to the selection of participants, as we targeted individuals who have a leadership role and impact on our local community.

Moreover, during the past months we have organized youth meetings in the city of Katerini on a monthly basis on the promotion of solidarity and social integration of refugees through poetry, as well as events in Thessaloniki, Katerini, Kastoria and Kozani, which were aimed at young people aged 20 to 30 who want to improve their interpersonal relationships and are looking for ways to live their daily lives more calmly and mindfully.

Finally, the last 2 years we are coordinating and implementing a Transnational Youth Initiative under the European program Erasmus +: "GO Alive” which is the pilot for the values that our Organisation is representing on the development of Mindfulness, the promotion of initiatives and the acquisition of Leadership with the ultimate goal of Community Building.

Please give information on the key staff/persons involved in this application and on the competences and previous experience that they will bring to the project.

The “GO Alive” team is a pure youth organisation, coordinators of which are 5 young, with gender balance and age diversity. We are young entrepreneurs, students or graduates of higher education faculties in the areas of Finance, Engineering, Literature, Medicine and Law.

We expand our actions and are mostly active in the regions of West and Central Macedonia and particularly in the cities of Kozani, Thessaloniki and Katerini.

We have participated as well as delivered workshops on Mindfulness and Wellbeing, on European active participation, on Entrepreneurship and on other topics that answer to our academic and professional background. We mostly deliver workshops by using methods based on Non Formal Education and active participation. These are the main experience and competences that we will bring to the current project through the activities that we will participate.

Legal Representative, Contact Person

Title	Mr.
Gender	Male
First name	Markos
Family name	Chionos
Department	-
Position	Organisation Manager, Youth Worker
Email	markos.chionos@goalive.eu

Contact Person

Title	Miss
Gender	Female
First name	Maria
Family name	Stefanidou
Department	-
Position	HR Manager, Project manager, Health Coach
Email	maria,stefanidou@goalive.eu
Telephone	+306973269696

Other info

City for Distance Calculator	Siatista, Kozani, Greece
Do you need Exceptional costs (visa and visa-related costs, etc.)? If yes, tell us why and how much.	No
Do you need Special needs' Support? If yes, tell us why and how much	No

E.U. funding (approved)

Projects as **Beneficiary**:

1. 2020-1-EL02-ESC31-005867

Solidarity Project on promoting Mindfulness Leadership among regional Stakeholders.