

End-demic

A youth exchange for young people aged 13 to 17 years of age. July in Ireland and August in partner country (dates to be confirmed)



Topic:

Discussing how young people got through the pandemic over the past two years. What activities did they do to keep their mental and physical well-being healthy? What activities would they keep and what activities will they never repeat again? It will also be a chance to celebrate coming through such a challenging time and celebrate their ability to use coping skills that they can carry into adulthood. Through various methodologies will explore with the young people their experiences of Covid 19, capturing the positive and negative effects these unprecedented times had on them, whether it was remote schooling, or travel restrictions and mask wearing etc.

Activities:

Non-formal education and youth work methodologies will be used during these Exchange weeks.

- Workshops
- Crafts
- Outdoor pursuits
- Cultural trip to Dublin
- Games
- And more

Group:

Involve youth project Meath is a youth project in Co. Meath in the East of Ireland. We work with young people aged 7 to 20 years of age from disadvantaged backgrounds and specialising working with the Irish Traveller Community. This exchange will be for the 13 to 17 year old age group. We have professional and experienced youth work staff, who have participated in many youth exchanges and residential.

Location of exchange:

The location of the exchange will be Lilliput adventure Centre in Mullingar in Co. Westmeath (approx. 1hr from Dublin). We have used this venue for all our previous exchanges since 2016. It is a hostel setting with dorm style rooms. This adventure centre has experienced staff who will facilitate the adventure activity elements of the exchange i.e. Kayaking, rock wall climbing etc.

<https://lilliputadventure.com/>

sample timetable:

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Arrival Day	Team building	Adventure activity	Cultural Trip to Dublin	workshops	Adventure activity	Departure day
	Adventure activity	workshops		Adventure activity	games	
	Youth pass activity	Games		Youth pass activity	Adventure activity	
	Movie night	Irish Night		Games night	Partner night	

Website: www.involve.ie

Social media:

Facebook: <https://www.facebook.com/involvemeath>

Instagram: <https://www.instagram.com/involvemeath/>

Twitter: <https://www.twitter.com/InvolveMeath>

TikTok: @involveyouthmeath

Contact:

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Exchange name	Country	Number	year
Low Tech High Activity	Italy	2016-IEO1-KA105-061828	2016
Snapping up Europe	Spain	2016-IEO1-KA105-025483	2017
Good Nuck	Ireland	2017-IEO1-KA347-025763	2017
YOUth Fest	Bulgaria	2018-IEO1-KA105-038732	2018
Low Tech High Activity II	Italy	2019-IEO1-KA105-051306	2019
Euro Vlog	Portugal	2019-IEO1-KA105-	2019