

Your partner in ERASMUS+ / Horizon 2020

ABOUT US

DOREA Educational Institute is non for profit organization established in 2012 with the main headquarters in Limassol, Cyprus.,

DOREA Educational Institute's (PIC number: 948488893) general scope is to offer high quality non-formal education to adults and young people, covering the three main areas of non-formal education, that is socio-cultural (popular) education, education for personal development and professional training. The professionals working at DOREA, both as staff and external consultants are specialized in delivering excellent and feasible solutions for those who wish to continue personal and professional development through life-long learning educational programmes.

We are a team of highly qualified and experienced HR and training professionals who offer a diverse portfolio of services. DOREA provides a complete range of services in the fields of diagnostics, development, training, HR consultancy, coaching and mentoring. Educational institution DOREA offers training solutions for people in need as well as working professionals throughout Europe.



PROJECTS

DOREA has participated in several European Union granted projects:

Programme	Project name	Year	Project number	Beneficiary
Erasmus+ KA1: Learning Mobility of Individuals - Youth mobility	<u>Own the Potential of Environment in Non-formal Education: OPEN Education</u>	2016	2016-2-CY02-KA105-000827	DOREA Educational Institute
Erasmus+ KA1: Learning Mobility of Individuals - Youth mobility	<u>Enter Unity – EU4U</u>	2016	2016-1-CY02KA105-000738	DOREA Educational Institute
Erasmus+ KA1: Learning Mobility of Individuals - Youth mobility	<u>Great team needs a great coach</u>	2016	2016-1-PL01KA105-024976	Instytutu Pracy I Edukacji
Erasmus+ KA1: Learning Mobility of Individuals - Youth mobility	<u>Coaching Young Entrepreneurs - Providing Support in Making the First Step</u>	2015	2015-1-CY02KA105-000434	DOREA Educational Institute
Erasmus+ KA2: Cooperation for innovation and the exchange of good practices	<u>The Young Side of the Moon</u>	2014	554202-EPP-12014-1-IT-EPPKA2CBY-ACPALA	PRISM-Promozione Interanzionale Sicilia-Mond
Youth in Action	<u>European Young Citizens' Initiative</u>	2013	IT-13-E1-2013-R1	PRISM-Promozione Interanzionale Sicilia-Mond
Youth in Action	<u>Eco People</u>	2013	IT-11-E237-202-R3	PRISM-Promozione Interanzionale Sicilia-Mond
Youth in Action	<u>Empowering Youth Participation in EU</u>	2013	CY-13-06-2012-R3	DOREA Educational Institute
Youth in Action	<u>Teamwork Beats Unemployment</u>	2012	CY-11-22-2012-R2	DOREA Educational Institute
Youth in Action	<u>I Am an EU Citizen</u>	2012	CY-11-32-2012-R3	DOREA Educational Institute

COOPERATION

We could cooperate in different areas and DOREA can take the role:

- As local or regional training course/workshop/seminar organiser;
- As provider of expertise in social and professional development of adults and youth;
- As developer of regional policies designed to support social enterprises;
- As supporter of entrepreneurship development and capacity building;
- As developer and supporter of e-learning platform;
- As strong partner in dissemination and exploitation of results at local, regional as well as national and international level;
- As bringing experienced partners to your project idea.

DOREA IS COMMITTED TO

the education and training goals set out by the European Commission in the EU 2020 strategy, which can be summarized as follows:

- Making lifelong learning and mobility a reality by implementing lifelong learning strategies, developing qualification frameworks, and promoting the mobility of learners, teachers and trainers across Europe;
- Improving the quality and efficiency of education and training by enabling all learners to acquire the basic skills and competencies needed for their employability, social state, emotional balance;
- Promoting equality, social cohesion and active citizenship by addressing educational disadvantage through the provision of high quality, supportive and inclusive education;
- Enhancing creativity and innovation at all levels of education and training by promoting the development of key competencies at all levels of education and to encourage cooperation between all sectors of education, training and the world of work.



STRONG PARTNER IN DISSEMINATION AND EXPLOITATION

DOREA can support you by strengthening dissemination and exploitation of your project results as we have high reach to different target groups around Europe: around 10.000 social media contacts and around 50.000 newsletter contacts among which are HEIs, schools, adult educational centres, VET centres, NGOs and other. We have access to a bulk mailer with the reach of 2 million newsletter recipients (specific target groups) per month.

In addition, we have experience in creating websites and promotional material such as brochures, leaflets, posters, guides, videos and other. DOREA has a wide network of contacts therefore we can assist you in finding the most suitable partners for your project. We can assure exploitation of your project results if you need to organise multiplier events, training courses, workshops or other events. DOREA has great experience in organising training courses in 10 different countries: Cyprus, Greece, Spain, Italy, Germany, Czech Republic, Poland, Lithuania, United Kingdom and Ireland.

TRAININGS

DOREA is the largest training provider of Erasmus+ courses in Cyprus, based in Limassol, and in the last 5 years alone DOREA has delivered more than 50 courses under LLP & Grundtvig IST (the predecessors of Erasmus+) and about 60 courses around Europe (Cyprus, Greece, Spain, Italy, Germany, Czech Republic, Poland, Lithuania, Ireland, United Kingdom) under Erasmus+ programme.

As DOREA's name came from Greek word "δῶρο" which means "a gift", we want to give you educational gift. We believe also in Albert Einstein's idea: "Teaching should be such that what is offered is perceived as a valuable gift and not as a hard duty." Thus we welcome you to combine motivation and inspiration in your learning process together with us.



DOREA courses combine the most effective and fastest-growing models of applied psychology such as Neuro-Linguistic Programming (NLP), Transactional Analysis (AT), Enneagram and Gestalt among others. We pride ourselves in making a real difference in professional and personal lives of the participants of our courses. We use active learning methods in order to maximize benefits for the students and enable them to start using the new skills straight ahead.

DOREA also provides personal development courses that help adult learners develop and express their potential and gain practical skills that help to cope with life challenges and restore life balance. We offer lectures and workshops on topics such as emotional intelligence, creative thinking skills, self awareness and self acceptance, interpersonal communication, stress management, body-mind connection, finding life purpose, NLP, Enneagram among others.

DOREA is also active player in VET. Since 2015 Spring DOREA became part of the European Forum of Technical and Vocational Education and Training ([EfVET](#)) network. Organisation is playing part as intermediate for learners trainings in Cyprus and providing [trainings for VET](#) staff members.



THE KEY STAFF COMPETENCES FOR ACTIVITIES



DOREA trainers are very experienced life skills accredited trainers and we are proud in offering the best possible quality professional training to our participants. DOREA staff is consisted of certified NLP Trainers, NLP Coaching Master Practitioners, Enneagram Master Practitioners, Certificated Global Career Development Facilitators, Certified Management Consultants and Certified Project Managers among others. The main DOREA's staff competences cover the following: coaching, professional orientation and career development, team-building and team-performance trainings with individuals, companies and educational organisations.

Ms. Jolanta Banelyte (MSc in Business Process Management (BPM) - Vilnius University, Lithuania; BA in Management and Business Administration - Vilnius Gediminas Technical University, Lithuania) expanded her knowledge by the ERASMUS exchange programme at Mendel University, Faculty of Business and Economics, Brno, Czech Republic. In the year 2012 Jolanta completed her valuable internship by the United Nations Development Programme "Partners 4 Value" thus gaining the skills and knowledge of organisation and implementation of various EU funded projects. During the last two years she enriched her experience in communication management, promotion and marketing activities as well as project coordination and management of the projects funded by the ENPI CBC Mediterranean Sea Basin Programme, MED Programme, YIA, LLP, ERASMUS+.

Ms. Justina Pluktaite (MSc in Business Management – Vilnius Gediminas Technical University, Lithuania; BA in Business Management – Vilnius Gediminas Technical University, Lithuania; BA in International Business Management – Athlone Institute of Technology, Ireland) has been working for 1 year in private sector concerning business consultancy, project development. Then she has 5 years experience in higher education system. Therefore she has a wide expertise in national and international business and educational projects (LLP Erasmus Mundus, LLP Students and staff mobility, National platforms, YIA, etc.), organising international events, delivering trainings on soft skills, managing social media tools, coaching and mentoring young people (for several years was coordinating volunteers youth organisation).

Ms. Viktorija Triuskaite (BA in Office Management – Vilnius Gediminas Technical University, Lithuania) has a professional experience in development and implementation of online marketing tools, managing relations with the public, as well as managing and organisation of different events – information meetings, presentations, conferences, trainings, etc. She worked with project cycle management methodology.

CONTACT US



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Legal Representative

Title: Ms.
Gender: Female
First Name: Jolanta
Family Name: Banelyte
Position: Managing Director
Email: info@dorea.org
Telephone: +357 25 25 66 06

For more information please visit www.dorea.org. If you have any question, do not hesitate to contact us: Email: info@dorea.org Tel: +357 25256606 Skype: [dorea.educational.institute](https://www.skype.com/name/dorea.educational.institute)



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Dorea Educational Institute



info@dorea.org



+357 25 25 66 06



<http://dorea.org>



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