



ESC volunteering project_VolunTACC – Mental health through artistic methodologies

Taller d'Art, Cultura i Creació (TACCbcn), in order to support the actions of direct intervention and dynamization in the territory, is looking for 1 volunteer with initiative and communicative abilities; familiar with dance and movement techniques as well as with urban art (visual art, performance art, art installations...); interested in community based psychology and with sensitivity for working with young people with fewer opportunities.

Location: Barcelona (office) and surroundings (in-situ projects).
Project dates: **February – End of December, 2022**
Applicants: EU-residents aged 18-30 years old.
Application deadline: **9th of January, 2022**

Project description:

“VolunTACC – Mental health through artistic methodologies” is an European Solidarity Corps volunteering project that aims to enable the volunteer to develop workshops in the field of social inclusion through art, as well as to develop a project with young people during the second part of their project, once s/he has adapted to the entity.

All actions pursue a work objective against social exclusion; acquiring in turn, personal, social and professional autonomy capabilities that allow it to emancipate.

The main tasks to develop and promote by the volunteers will be:

1. To support the design, planning and management of ART or PSYCHO-SOCIAL projects for young people between 12 and 25 years old, by using ART and MOVEMENT disciplines as a tool of work.
2. To support in planning activity of tasks derive from the project with youth.
3. To support in planning activities related to art, integration and mental health in different youth centers and local events.
4. To support in planning activities related to art, integration and mental health in collaboration with the INTERNATIONAL PROJECTS department of TACC.
5. To disseminate the European Solidarity Corps (ESC) and Erasmus+ program among local society.
6. To promote an activity once a month related to creativity, movement and integration with an impact on young people.
7. To support in artistic and psycho-social activities proposed directly by the LOCAL & SOCIOEDUCATIONAL PROJECTS and NEW PROJECTS departments of TACC or young people involved with TACC.

The objectives of this European Solidarity Corps volunteering project are:

- O.1. To train the volunteer in the application of art as socio-educational tools.
- O.2. To promote and to raise the awareness towards the European values of inclusion, solidarity and volunteering.
- O.3. To improve the skills of personal, social and professional autonomy of the volunteer.
- O.4. To provide the volunteer with tools for his/her emancipation and his/her own life itinerary.



- O.5. To encourage and to promote non-formal and informal education as a training tool.
- O.6. To promote the European inclusion goal of the [Agenda 2030](#) through inclusive and intercultural experiences.
- O.7. To disseminate the ESC program itself as an experience of personal growth.

Profile of the applicant to the volunteering project:

- Creative and imaginative, with initiative.
- Has communicative abilities and visual art, performance art or art installations skills.
- Has dance or movement skills.
- Has experience & interest in community based psychology and mental health.
- Has a marked social character with sensitivity for working with young people with fewer opportunities.
- Has English language tools.
- Has, at least, basic knowledge of Spanish, in order to be able to interact with the adolescents and youth target of the activities.

In addition, it will be taken into account all the capacities and skills specified in the CV, as well as the volunteer's hopes and interest in other fields with the aim to create the context so s/he can develop them supporting other departments if interested (International Cooperation, Local Projects, New Projects, etc.).

We understand volunteering experience as a way where volunteers can develop personally and professionally, thus we give special importance to volunteers' motivation and eagerness to learn expressed during Zoom's interviews.

For us it is not that important the curricular experience but the motivation letter of the young volunteer.

Learning opportunities & trainings for the volunteer:

The project offers many learning opportunities for the volunteer. Training has the aim to complete the non-formal educational process of the volunteer. During the project the volunteer will get an insight in how a youth cultural and artistic organization works, with individual sessions led by TACC's team, participating in training courses (linguistic, logistics and organizational functioning of the entity and its projects, including how to work within a youth centre). The volunteer will get leadership skills and s/he will learn how to cooperate in groups with both colleagues and youths. S/he will also acquire knowledge on issues of social inclusion, non-formal education and on the use of art as a tool for community work.

Additionally, and through an online platform the volunteer will learn Spanish and, if s/he wants, TACC can enroll the volunteer in Catalan lessons as well. There is also a cultural learning aspect, whereas the volunteer learns about new cultures, and thus also learns to listen to and respect other people.

Finally, and before the arrival at the host country, the volunteer will receive intercultural and linguistic training by her/his home entity to make easier the adaptation at the host society and community.

During the volunteering project, s/he will also participate in the on-arrival training and the mid-term evaluation meeting organized by the Spanish National Agency.



Dissemination & Evaluation activities:

The volunteer will have to spread the results of the project and activities as well as their experience in the entity. Additionally, s/he will participate in periodic evaluations with her/his home and host coordinators and at the TACC team meetings (monthly).

Application:

To apply as a volunteer for the “VolunTACC – Mental health through artistic methodologies” project, please send your **CV Europass** with a photo, a **motivation letter** and the **application form attached filled**, all in English, to: internationalprojects@taccbcn.com

Also, indicate the name and contact details of your supporting organisation.

The **selection process** is like that:

1. Young people interested in the project send their application until the **9th of January, 2022** through the **European Solidarity Corps portal** and/or by **email**;
2. TACC team reads all the applications received and pre-list those whose fit better our requirements;
3. TACC arranges a **ZOOM interview** with the pre-selected candidates from the 11th to the 18th of January, 2022;
4. TACC makes a **final decision** and select 1 young person for the project.

PS: We will only consider Applications received from youth. Therefore, if you are a supporting organisation and you have some young people who is interest in the project, please, ask him/her to send us his/her Application, indicating that you are his/her supporting organisation.