# Partner Calling Erasmus+ Youth field of KA1 Youth Exchange project AWWWareness

AWWWareness is an educational program of the Federation of Children's and Youth Municipal Councils. This program aims to provide a supervised learning process for participants in the field of mental and physical well-being, environmental awareness and media awareness. The concept is to encourage the participants to live and act more health conscious, environmentally conscious and media conscious.

### About project

The project aims to raise awareness in different areas of our lives, find good examples of it and provide a safe place to share with others. To do this, participants are divided into 3 groups on the following topics:

- mental and physical well-being (health, exercise, nutrition, etc.),
- environmental protection (e.g. how an individual level affects the global level),
- media awareness (social media, online world)

The groups work on a specific topic each day and then share with others at the end of the day what they have come up with. Also, during the week, each group plans an outdoor activity on their own topic for the others.

We would like to give participants from all countries the opportunity to cook their own home-cooked meals for one lunch during the week. In this way, the participants can not only get to know each other's food, but also increase their awareness of the amount of raw material and the method of preparation during the preparation of the food.

It is important that participants arrive, who do not shy away from sports, outdoor activities and volunteer work, as we will spend most of the program outdoors and will also spend a day with an outdoor volunteer action.

#### Methods used

The youth exchange will be based on an interactive and participative approach. The processes of learning from each other and learning by doing will be crucial. Non-formal learning methods will be used during the entire program of the youth exchange e.g. workshops, simulational practices.

We would like to draw attention to the importance of outdoor activities, therefore we will place a significant part of our program in an outdoor environment. Also, at the end of the program, we will implement an outdoor volunteer action.

#### Group size

Besides Hungary we would like to invite four or five other countries. Group size would be the usual 4-6 young people (all of them preferably under 18) and 1 group leader. That means we will have in total 25-30 young people that are taking part in the youth exchange and 5 or 6 group leaders, accompanied with a support staff of 4 people.

#### Working language

Minimum basic level of English is required.

#### Target group

We are looking for four or five partners who work with different groups of young people. The youth exchange is aimed to involve organizations or informal groups of young people from Erasmus+ YOUTH IN ACTION PROGRAMME COUNTRIES who have already registered on the Participant Portal and obtained an OID code.

We are looking for organizations who are working with young people from different cultural backgrounds or where the diversity is very relevant and visible. We believe that this youth exchange would be also a great opportunity for those who have never participated before in any youth exchange or other international projects.

We are looking for young people:

- who are interested in sports, in healthy eating, in environment and in conscious use of social media
- who want to live more consciously, in terms of mental and physical health, environment and media,
- who are happy to think and learn about this together with young people from different cultures and backgrounds,
- who are not shy away from outdoor activities and volunteering

The target group for the youth exchange is between 14-18, and group leaders should be above 18. We would respect if future partners could at least half involve underaged participants in their groups.

## Dates

APV - Februar 24-27. 2022. YE - July 17-25. 2022.

#### Apply

Application deadline: May 03. 2022. We only accept our own application form!

#### Other information

Let us know if you have any questions by mailing to <u>international@gyiot.hu</u> please refer to the subject of the mail: AWWWareness. Thank you in advance.

The project proposal will be submitted to the National Agency of Erasmus+ Youth in Hungary by 11<sup>st</sup> May 2022 and will be coordinated by the Federation of Children's and Youth Municipal Councils.