

Maison de l'Europe des Landes Wipsee

Erasmus+ Youth KA105 Project proposal

Type of project:	Erasmus+ Youth KA105 Youth Exchange
Period:	05/2021 - 05/2022
Title:	Trust oneself to trust others Act 1
Topics:	Enable youth to gain trust in themselves, in others and build together a fairer, more humane society
Carrier of the project:	Maison de l'Europe des Landes Wipsee (FRANCE)
Partners:	<ul style="list-style-type: none"> - FRANCE - ITALY - GEORGIA

Young people tend to undermine themselves, they seek their identities, they want to emancipate themselves and at the same time they often mistrust the people that surround them. This mistrust and ignorance of oneself and of others remain a brake on the construction of a fairer, more humanistic world.

Having a network of people you can count on is essential for the development of youth workers, especially in today's digital age, social media and often superficial or even harmful interactions. Young people can take advantage of mobility programs to gain self-confidence, accept the many differences and build up an international network that is beneficial throughout life. Moving forward in life serenely and developing friendships across the world is a way to promote peace, to build a more just and humanist society, to fight against stereotypes and discrimination of all kinds.

Objectives:

- Tackle all discrimination to ensure equality and social inclusion
- Allow young people to gain autonomy and self-esteem
- Promote European and international mobility
- Promote peace, tolerance, interculturality
- Enable youth to know their rights and duties as European citizens
- Create a social mix between participants to allow participants to feel comfortable in different environments and contexts

Participants:

Young people from rural areas, with less access to mobility. Mixed genders, from 16 to 20 years old. 10 youngsters per organization, 40 in total.

Activities:

- 1 preparatory visit in Italy - 2 days (1 young participant & 1 group leader per organization)
- 1 exchange in Italy - 7 days + 2 days travel (10 participants + 2 group leaders per organization)

Outputs:

- Portraits, mimes, improvisation game, tags
- Meetings with local young people from different backgrounds
- Video diaries, Vlog
- Keywords (ex : freedom, trust, discrimination, human rights ...) : how each keyword is perceived depending on the nationalities, see differences and similarities

Impacts :

- Young people are able to adapt in an intercultural context
- Young people know each other better and open up more easily to others and to differences
- Young people can express themselves about their identity
- Young people can overcome predispositions linked to their social status
- Young people are able to overcome prejudices
- Young people understand their European environment and the ongoing societal changes
- Young people are aware of civic engagement and inclusion issues

Funds :

Erasmus+ Youth (application for 2021 first round)