

AE2O - Associação para a Educação de Segunda Oportunidade
SOFORMA (Segunda Oportunidade Formação)
 Centro Europeu de Mobilidade, Formação e Investigação em Educação de Segunda Oportunidade

Training Course Information

TITLE OF THE TRAINING ACTIVITY *IN THE LANGUAGE OF TUITION* English:

Sensory Theatre in non formal education

Dates of the new sessions

Ano	2020	2021	2022
1ª sessão	12 th April – 18 th April	11 th April – 17 th April	10 th April – 16 th April
2ª sessão	19 th – 25 th October	10 th – 16 th October	9 th – 15 th October

* **The dates could be adjusted according to the needs of the participants**

TYPE OF TRAINING ACTIVITY - TRAINING COURSE

THEMATIC FIELD OF THE TRAINING / GENERAL IN-SERVICE TRAINING

Active citizenship
 Combating failure in education
 Courses on adult literacy/basic skills
 Education management/project management
 Fight against school failure & link school and work
 Inclusive approaches
 Intercultural education
 Pedagogy and didactics
 Second chance education

LANGUAGES USED FOR THE TRAINING MAIN LANGUAGE: English

LANGUAGE VERSION(S) IN WHICH MATERIALS WILL BE PROVIDED: English

EDUCATION SECTOR OF THE TRAINING PARTICIPANTS

Adult education provider
 Second chance or remedial education
 Adult education for disabled persons
 Higher education institution offering outreach courses for adults
 Organisations working with migrant groups/ethnic minorities
 Centres for guidance, counselling or accreditation
 Other sectors of education

TARGET AUDIENCE

Teachers (Pre-school, primary, secondary, vocational, adult, special needs)
 Teacher trainers
 Careers officers, educational guides and counselors
 Headteachers/principals/managers of schools/organizations offering adult education
 Other (Paid or voluntary) management staff in the institution/organization
 Members of students/teachers councils in adult education
 Other, namely: social workers, artists, social educators

INSTITUTION ORGANISING THE TRAINING

NAME OF THE ORGANISATION:

AE20 - Associação para a Educação de Segunda Oportunidade

STREET AND NUMBER: Largo da Capela do Telheiro S. Mamede de Infesta

POSTCODE: 4465 -

TOWN / CITY: Matosinhos COUNTRY: Portugal

WEBSITE: www.segundaoportunidade.com

ORGANISER/S OF THE TRAINING:

PERSON 1: **Poliksena Hardalova**

TEL NR: 00351918901924 FAX NR: 00351229064540

EMAIL: poliksena.hardalova@gmail.com

PERSON 2: **Luis Mesquita**

TEL NR: 00351914213483 FAX NR: 00351229064540

EMAIL: almesquita@gmail.com

FULL DESCRIPTION OF TRAINING CONTENTS *IN THE LANGUAGE OF THE TRAINING: (EN)*

Preparation

The participants will be asked to fill a form with short description of their working functions and tasks and also expectations and motivation to come to the seminar. The trainers will prepare personal letter addressed to everyone of the participants with some guidelines for preparation work, which will include bringing some personal experiences and study cases to use as material during the seminar.

Objectives

Sensory Theatre is a theatrical form that emerges from the reflection about the processes of acting, the languages and the traditional division between actor and spectator. But it is above all an exercise of consolidation and development of individual and community identities. It works by extending sensory perceptions as input doors for memories and subjectivities and its importance in the construction of reality. It is therefore a very effective method of educational intervention with groups and communities.

The objectives of this training are:

- training participants in developing a better understanding of the emotional impact of the arts and in particular the experience of sensory theater by learning about the process of investigating , creating and inhabiting Sensory Theater productions, finding ways of using this method in training the young people they work with.
- producing a sensory theatre performance, open to a group of visitors, which will be a remarkable experience for young people and other participants who will carry out the adventure of this journey.
- spreading the use of this methodology by extending this interest to new people in Portugal and Europe and to new social policy fields.
- using arts, creativity and the experience of the senses as privileged informal education methodology for working with disadvantaged young people by conducting rewarding successful experiences.
- extending self knowledge, providing a significant life experience and appropriate languages for intercultural experience.

This seminar will spread innovative techniques and will open a space for sharing good European practices in social and educational work. The participants will go through a series of drama and art activities, exploring the impact of different creative approaches, testing their effectiveness and possibility to apply in their fields. They will have the opportunity to connect with their own experiences and to explore where and how they can make new choices and transformation in their personal and professional lives.

Methodology

The training will follow the methodological approach of cooperative and project work, expressive methods of motivation and commitment of the participants, not forcing anybody to anything, collectively building the training processes and taking light workflows, not judging anyone and valuing the principle of pleasure and gratification.

The tools and techniques will be:

- The cooperative working groups, which will share and assess previous experiences and will design and develop joint projects;
- The circle as an inclusive space for starting and finishing the sessions, for sharing, trust and support, planning and evaluation;
- The training in sensory theater techniques, directed to the creation of sensory portals, using different techniques and expressive languages, opening space for the contribution of all participants with their sensitivity, memories, experiences and talents. These portals, tested by the participants, will constitute the sensory theatre experience that will be offered to a public audience.
- The games, the warm-up exercises, self-knowledge techniques, approach and confidence, memories activation.
- Informal spaces (conviviality, animation, languages and cultures, visits and walks);
- processing the experience in the activities, followed by frequent feedback and sharing;
- evaluating and applying.

Public sensory theatre performance

The training will prepare and offer a public sensory theatre performance, a sensory artistic path that participants will go through in the dark (either during the night, either blindfolded). Along the way, the participants in the training will "inhabit" the space, building a deep relationship with the chosen space (and with other local and participants placed around), using mostly sensory perceptions - sounds, smells, textures, flavors, and also visual images (that however lose its usual supremacy over the other senses), building a "character" that will inhabit the place and interact with visitors, offering them a good experience and also an opportunity for reflection and introspection, become more aware of their perceptions and emotions.

During the performance, each visitor individually goes through the path (enter one by one separated by time intervals, so that they don't meet other visitors) in the dark. Many recognize, in the experience, their memories and cultural universes. In each "station" occur what we might call "sensory artistic performances", using the most varied artistic expressions, according to the talents and interests of the participants - music, singing, objects, situations and "obstacles" to overcome, movement, dance, etc. The visitors will also feel the smells, the wind, noise, cold, fear, the wonder. Every moment of encounter between the inhabitant and the visitor is a unique and unrepeatable moment, diluting the distinction between traditional "actor" and "spectator", both in a common experience and in interchangeable roles. More than acting, it will make them look with a new perspective, more positive and optimistic, for themselves and others. It will be truly shared moments in space and time, brief but intense, generating a incredible sense of trust and common belonging to humanity.

Follow-up

The participative, theoretical and empirical framework that the training will offer responds to the special needs of different target groups and can be adjusted to different contexts. The training program has a rich content and the trainees will easily find the proper tools to apply these methods in their youth social inclusion work in the field of non formal education. The expected outcomes are new ideas for solid pedagogical methods and project proposals to develop in the near future.

There will be special session at the end of the seminar to share their impressions and to discuss the real possibilities to apply the new skills, techniques and attitudes and to add them to their "repertoires". Simple instructions will be given to the participants In order to empower and encourage them to go further by their own. The participants will be encouraged to keep in contact by e-mail. A web page will be created for sharing the next steps in different countries and to promote the new initiatives. Also it will be open to share participants' experiences using the new methods at their own organizations and to go on with further networking.

Participants will also be encouraged to create cooperation projects under Erasmus +, to develop the use of Sensory Theatre in social educational youth work.

PROGRAMME OF THE TRAINING ACTIVITIES (DAY BY DAY)

There will be 4 sessions per working day (days 2 till 6):

A.M. 9.30 – 11.00 / 11.30-13.00

P.M. 15.00 – 16.30 / 17.00-18.30

Day 1 – Arrivals

Welcoming circle "arriving" to the time and space of the training; program and participants' presentations; practical information;

Day 2 - Self-knowledge, approaching and discovering of the other

AM/ The circle as a safe and creative space for sharing and trust. Techniques for self-knowledge and self-expression,

PM/ Approaching and discovering the other. Games as a method in education and for social inclusion work.

Day 3 – Building sensory gateways

AM/ Activation of sensory memories and immersion in time and place. Preparing the space;

PM/ Building a deep connection with time and space by using sensory perceptions;

Day 4 – Inhabiting and Interacting

AM/ Finding a "character" to inhabit the place and interact with visitors;

PM/ Practicing inhabiting and interacting with other inhabitants on the places around; Processing and discussing

Day 5 – Sensory Artistic Performance

AM// Preparing and rehearsing the sensory artistic performance; visiting the sensory gateways prepared by the other participants. Feed back and sharing

PM/ Public performance open for visitors.

Day 6 – Evaluation and Follow up

AM/ Circle. Ways to apply Sensory Theatre. Work in small groups: what to take and how to apply the new techniques. Feed back and sharing.

PM/ Evaluation and follow up planning. Closing.

Day 7 – Departures

TYPE OF CERTIFICATION OF ATTENDANCE AWARDED

- Europass Mobility certificate,
- Certificate of attendance,

Price

Fee: 420 € (per person)

We can help to organize food and accommodation nice prices, by request of the participants.