

AE2O - Associação para a Educação de Segunda Oportunidade

SOFORMA (Segunda Oportunidade Formação)

Centro Europeu de Mobilidade, Formação e Investigação em Educação de Segunda Oportunidade

## Training Course Information

TITLE OF THE TRAINING ACTIVITY *IN THE LANGUAGE OF TUITION* English:

### **Creative methods in education and social work – Rehearsal for reality**

#### **Dates of the new sessions**

Ano	2020	2021	2022
1ª sessão	20 <sup>th</sup> -26 <sup>th</sup> March	19 <sup>th</sup> -25 <sup>th</sup> March	3 <sup>rd</sup> - 9 <sup>th</sup> April
2ª sessão	27 <sup>th</sup> September- 3 <sup>rd</sup> October	26 <sup>th</sup> September- 2 <sup>nd</sup> October	25 <sup>th</sup> September - 1 <sup>st</sup> October

\* The dates could be adjusted according to the needs of the participants

#### TYPE OF TRAINING ACTIVITY - **TRAINING COURSE**

##### THEMATIC FIELD OF THE TRAINING / *GENERAL IN-SERVICE TRAINING*

Active citizenship  
Combating failure in education  
Courses on adult literacy/basic skills  
Education management/project management  
Fight against school failure & link school and work  
Inclusive approaches  
Intercultural education  
Pedagogy and didactics  
Second chance education

LANGUAGES USED FOR THE TRAINING MAIN LANGUAGE: English

LANGUAGE VERSION(S) IN WHICH MATERIALS WILL BE PROVIDED: English

##### EDUCATION SECTOR OF THE TRAINING PARTICIPANTS

Adult education provider  
Second chance or remedial education  
Adult education for disabled persons  
Higher education institution offering outreach courses for adults  
Organisations working with migrant groups/ethnic minorities  
Centres for guidance, counselling or accreditation  
Other sectors of education

##### TARGET AUDIENCE

Teachers (Pre-school, primary, secondary, vocational, adult, special needs)  
Teacher trainers  
Careers officers, educational guides and counselors  
Headteachers/principals/managers of schools/organizations offering adult education  
Other (Paid or voluntary) management staff in the institution/organization  
Members of students/teachers councils in adult education  
Other, namely: social workers, artists, social educators

## INSTITUTION ORGANISING THE TRAINING

NAME OF THE ORGANISATION:

**AE20 - Associação para a Educação de Segunda Oportunidade**

STREET AND NUMBER: Largo da Capela do Telheiro S. Mamede de Infesta

POSTCODE: 4465 -

TOWN / CITY: Matosinhos COUNTRY: Portugal

WEBSITE: [www.segundaoportunidade.com](http://www.segundaoportunidade.com)

ORGANISER/S OF THE TRAINING:

PERSON 1: **Poliksena Hardalova**

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FULL DESCRIPTION OF TRAINING CONTENTS *IN THE LANGUAGE OF THE TRAINING: (EN)*

### **Preparation**

The participants will be asked to fill a form with short description of their working functions and tasks and also expectations and motivation to come to the seminar. The trainers will prepare personal letter addressed to everyone of the participants with some guidelines for preparation work, which will include bringing some personal experiences and study cases to use as material during the seminar.

### **Objectives**

The training is lined up with following pedagogical statements:

- education final outcome is not just I know but mostly I am.
  - the teacher never stops learning and developing himself.
  - the relationship between students and teachers is a 2 ways process – “All answers are in dialogue. Everyone has part of the answer” Paulo Freire
- Creativity, art and drama theater, as a method to learn by experience, a rehearsal for reality - Augusto Boal.

This seminar aims to explore the potential and place of non-formal education methodologies in educational system, particularly in second chance education work with disadvantaged young people.

It will spread innovative techniques and will open a space for sharing good European practices in social and educational work.

The participants will go through a series of drama and art activities, exploring the impact of different creative approaches, testing their effectiveness and possibility to apply in their fields. They will have the opportunity to connect some of the exercises with their own experiences and to explore where and how they can make new choices and transformation in their personal and professional lives.

The training is designed to introduce a variety of creative techniques in an interactive and experiential way:

- facilitating and processing theater games and exercises;
- creating and processing frozen pictures(images) and scenes;
- introducing 'puppets' and story telling as powerful metaphors;
- creating a piece of forum theater and raising a discussion, led by a joker;

Also, the seminar will:

- enrich the participants' knowledge in the area of artistic interactive techniques;

- assist the trainees in identifying patterns of behavior and exploring strategies for change by theatrical games;
- develop personal skills for expressing and interacting with the world, empowering the trainees with professional tools for running their own sessions;
- provide a safe, challenging and memorable learning environment.

## **Methodology**

The training will follow the methodological approach of learning through experience. The games, warm-up exercises, techniques of self-knowledge and confidence, crafts and puppets making workshops, challenging drama methods and sensory theatre experiences naturally will raise the group dynamic, motivate and involve the participants; will activate their imagination and creativity and will build informal spaces for the process of non-formal learning.

The tools and techniques that will be used are:

- the circle as an inclusive space for starting and finishing the sessions, for sharing and support;
- exercises and games (warming up, interactive tasks, role play games);
- processing the experience in the activities, followed by frequent feedback and sharing;
- work in small and big groups;
- a lecture about non-formal education methodologies;
- a study visit to Second Chance school in Matosinhos, the only one in the country.
- discussions; brainstorming;
- Augusto Boal's forum theatre;
- image theatre – “frozen” pictures (sculptures of human bodies, visualizing emotions, thoughts, etc.)
- theatre of senses; to be “here and now”- exploring senses as a way to be present;
- puppets making and animation - principals of projection, identification, building and destroying.
- evaluating and applying.

The project is designed as an innovative proposal for non-formal education but also applicable in every areas of education and social work. It has been tested and proved effective in non-formal educational and social area, and specially in the work with young dropouts from the regular education, attending second chance schools, where this new innovative approach is very much needed.

## **Follow-up**

The participative, theoretical and empirical framework that will be offered by the trainers is designed to introduce a variety of creative methods. Every one of them can be developed as an independent training course or seminar in the future and is flexible enough to respond to the special needs of different target groups and to be adjusted to different contexts. The training program has a rich content and the trainees will easily find the proper tools to apply these methods in their youth social inclusion work in the field of nonformal education. A space for exchanging ideas and sharing good practices will be offered during the seminar.

The expected outcomes are new ideas for solid pedagogical methods and project proposals to develop in the near future.

There will be special session at the end of the seminar to share their impressions and to discuss the real possibilities to apply the new skills, techniques and attitudes and to add them to their “repertoires”. Small kits “do it easy” with simple instructions will be distributed to the participants In order to empower and encourage them to go further by their own. The participants will be encouraged to keep in contact by e-mail. A web page will be created for sharing the next steps in different countries and to promote the new initiatives.

Participants' experiences using the new methods at their own organizations/schools will be presented at E2CEurope's website and other e-platforms that will be used to go on with further networking and sharing good practices.

Participants will also be encouraged to create cooperation projects under Erasmus +, to develop the use of the creative methods in social educational youth work.

## PROGRAMME OF THE TRAINING ACTIVITIES (DAY BY DAY)

There will be 4 sessions per working day (days 2 till 6):

A.M. 9.30 – 11.00 / 11.30-13.00

P.M. 15.00 – 16.30 / 17.00-18.30

### **Day 1 – Arrivals**

Welcoming circle; program and participants' presentations; practical information;

### **Day 2 - The circle and the games**

AM/ The circle as a safe and creative space for sharing and trust. Characteristics and functions. Techniques for making an acquaintance (self-knowledge, self-acceptance, self-expression, self-approval). Games playing as methods in education.

PM/ Lecture - "The potential and place of non-formal methodologies in second chance education". Processing experience through games as a way of learning about ourselves and others. Closing circle.

### **Day 3 - Image and Forum Theatre**

AM/ Introduction to Forum Theatre; Augusto Boal and the theatre of the oppressed; One problem/ different points of view/ many solutions; Games for trust and empathy; Image theatre – sculptures of human bodies, representing conflicts, feelings, intentions.

PM/ Practising Forum in groups; story selection; preparation; performance; interventions and discussions; the role of the Joker (the leader of the Forum) Ways to apply Forum; feed back and sharing.

### **Day 4 – Theatre of senses**

AM/ Sensory theatre: interactive, site-specific and context-oriented type of theatre. Sensory journey. The ability to see, ear, touch, smell, taste and be present. Me and the Space: an exploration sensory walk in one of the city parks.

PM/ Reflection in a circle. Sensory theatre practice in two groups.

### **Day 5 - Puppets animation**

AM/ Storytelling by handmade puppets. The expressive possibility of the material. The processes of identifying, projecting and animating. Creating a character and performing a story.

PM/ Visit to the Second chance school in Matosinhos.

### **Day 6 - Rehearsal for reality**

AM/ Circle. Work in small groups: what to take and how to apply the new techniques. Feedback.

PM/ Evaluation and follow up planning. Closing.

### **Day 7 – Departures**

TYPE OF CERTIFICATION OF ATTENDANCE AWARDED

- Europass Mobility certificate,
- Certificate of attendance,

### **Price**

Fee: 420 € (per person)

We can help to organize food and accommodation nice prices, by request of the participants.