

UKRAINE

THE NATIONAL UNIVERSITY OF OSTROH ACADEMY

WELCOME GUIDE



IN THIS INFO-PACK

- 1 WHAT UKRAINE IS FAMOUS FOR
- 2 WHY OSTROH ACADEMY IS THE BEST CHOICE
- 3 USEFUL TIPS FOR STUDYING AND LIVING IN OSTROH

"OSTROH ACADEMY: TRADITIONS THAT CREATE THE FUTURE"

2 SEMINARSKA STR., OSTROH, RIVNE REGION,
UKRAINE
35800

OSTROH ACADEMY - OA.EDU.UA

COUNTRY OF FREEDOM

UKRAINE

GENERAL FACTS

Official language: Ukrainian

Capital: Kyiv

Independence: August, 24, 1991

Location: Central-Eastern Europe, part of the East-European plain,

Area: 603 700 km²

Climate: moderately continental, except for Southern Crimea, where the climate is subtropical, of the Mediterranean type. The Carpathian climate is also mild, with warm winter and rainy summer.

Average winter temperature is from -8° to -12° C (from +17.6° F to +3° F). In the Southern regions average winter temperature is 0° C (+32° F).

Average summer temperature is from +18° to +25° C (from +64.4° F to +77° F), although maximum temperature can be more than +35° C (+95° F).

Best time to visit Ukraine: summer, late spring and early autumn.

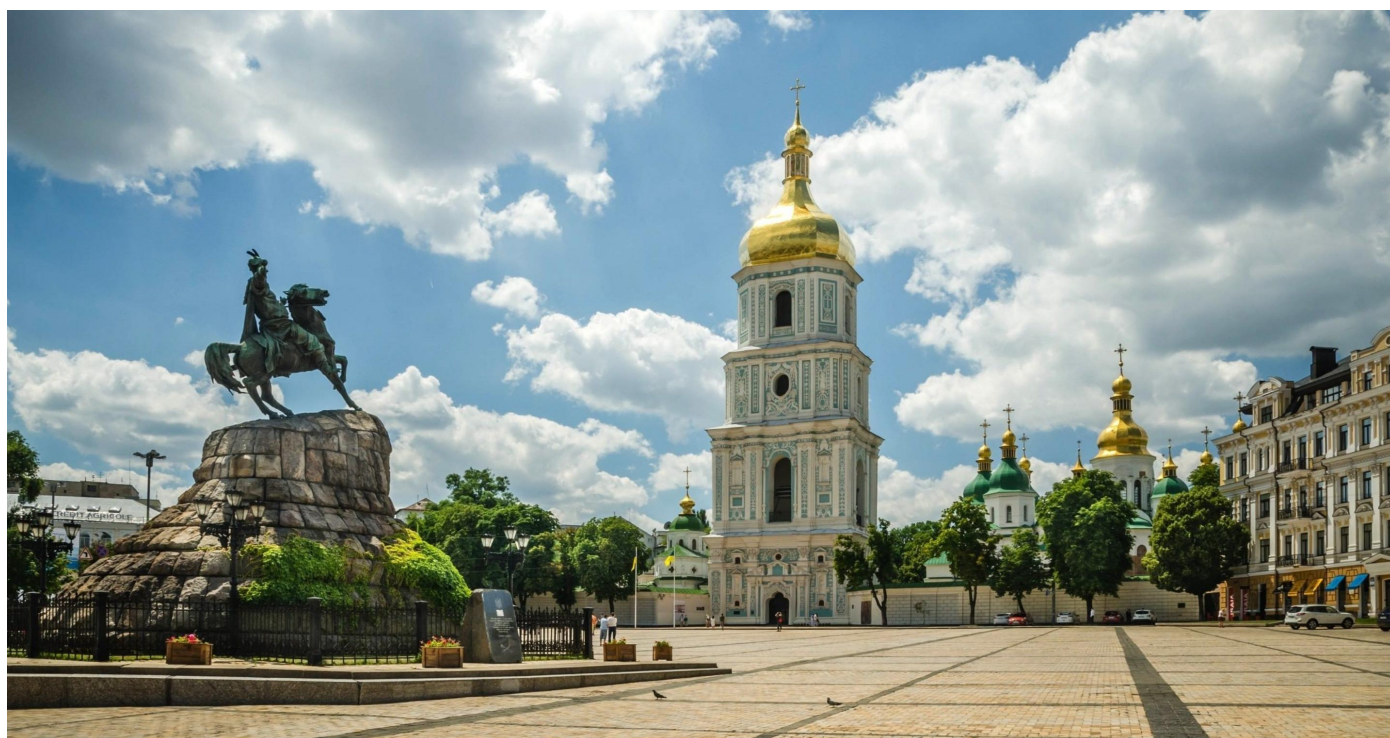
Population: 47 732 079 (25th in the world, population density – 80 p/km²)

Currency: hryvnia (letter code UAH, digital code 980)

Time zone: GMT+2 (UTC+2)

Internet top-level domain: ua

International phone code: +380



COUNTRY OF CULTURE

UKRAINE

UKRAINE IS A HIGHLY TRADITIONAL COUNTRY, WHERE THE OBSERVANCE OF CERTAIN CUSTOMS AND PRACTICES PLAYS A CENTRAL ROLE IN ITS CULTURE. YOUNGER GENERATIONS GLADLY ADOPT AND FOLLOW THESE RITUALS, MAKING THEM EVEN MORE VIVID AND UP-TO-DATE. UKRAINE POSSESSES A WEALTH OF CULTURAL TALENT AND A CONSIDERABLE CULTURAL LEGACY.

Impressive monuments of architecture and museums displaying works by generations of Ukrainian **artists** can be found throughout the country, and art galleries featuring contemporary Ukrainian artists have become commonplace in larger urban centres.



The special place in Ukrainian culture belongs to embroidery.

Although **vyshyvanka** (an embroidered shirt) is a part of traditional Ukrainian attire, it is a trendy piece for everyday life as well. Many Ukrainian brands have created their own interpretations of its shape, colour and length, thus, making it a popular item all over the world.



The **folk songs** are very popular and melodic. Even today many historical songs such as the dummy and the playing of the kobza is still enjoyed. These songs are usually accompanied by folk dance **hopak**. In addition, high-calibre performing artists and singers appear regularly in Ukraine's entertainment industry, some of them becoming world-wide known celebrities.



UKRAINE

UKRAINIAN CUISINE IS A CHARACTERISTIC STYLE OF COOKING, PRACTICE AND TRADITIONS ASSOCIATED WITH UKRAINIAN CULTURE, CULINARY ART IN UKRAINE. A LOT OF FOOD PRODUCTS ARE SUBJECTED TO A COMPLEX HEAT PROCESSING - AT FIRST THEY ARE FRIED OR BOILED, AND THEN STEWED OR BAKED. THIS IS THE MOST DISTINCTIVE FEATURE OF UKRAINIAN CUISINE.



The most well-known and symbolical traditional Ukrainian food is, of course, **borscht** - a vegetable soup, made of beetroot, cabbage, tomatoes, potatoes and dill. Sometimes, meat or fish is added into the dish. Apart from the classical “red” borscht, in which beetroot gives its recognizable color, many Ukrainians also love “green” borscht, where the main component is sorrel leaves. Red borscht is traditionally served with pampushky - small, fluffy buns often sprinkled with garlic and dill.

Varenyky are dumplings with a variety of fillings. The most ‘basic’ filling is boiled potatoes. Other savory fillings include pickled cabbage, salty cheese, boiled mushrooms, as well as meat, liver, or fish. The most popular sweet filling, without a doubt, is cherry.



Non-alcoholic drinks in Ukraine are traditionally made of diverse fruits and berries. You should try **uzvar** (traditional Christmas drink), **kysil** or **compote**. There is also an interesting drink called “kvas” made of rye bread, sometimes with addition of different fruits such as peaches or apples.

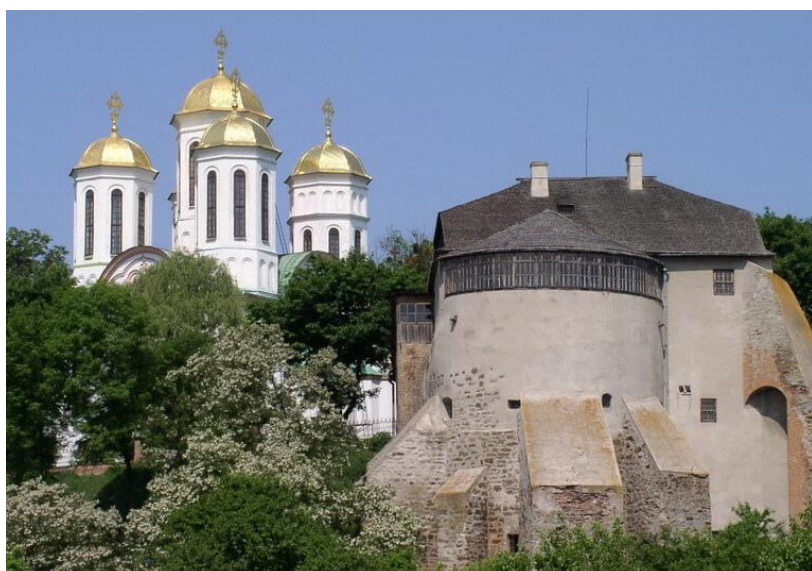


CITY OF HISTORY

OSTROH

THE CITY OF OSTROH WAS A PROMINENT LANDMARK, WELL-KNOWN EVEN DURING THE DUCAL PERIOD. THE BUILDINGS HERE CARRY REMEMBRANCES OF THOSE TIMES: MONUMENTAL STRUCTURES OF THE LUTSK GATE AND THE OSTROZKYI CASTLE HAVE BEEN CONVERTED INTO MUSEUMS, AND THE RUINS OF THE OSTROH TATAR TOWER PEEK OVER A RESIDENTIAL AREA. THE CITY RECEIVED A NEW LEASE OF LIFE AFTER 1994 WITH THE ARRIVAL OF PROSPECTIVE STUDENTS OF THE OSTROH ACADEMY.

Kostiantyn Vasyl Ostrozky, called by some the uncrowned king of Rus, baron of the Grand Duchy of Lithuania and senator of Rzeczpospolita Polska, having the right to seal with red wax (a right reserved for kings and barons of special merit), created something in Ostroh that would come to be seen as Ukrainian renaissance. He won 86 battles as a military commander, predominantly against the Tatars. Each of these battles prevented the Tatars from entering into Central Europe.



WELCOME TO OSTROH ACADEMY

The National University of Ostroh Academy (The NUOA) is a higher educational institution licensed and accredited by the Ministry of Education of Ukraine as Autonomous Scientific and Research University. It offers an excellent setting, combining rigorous training with a rich cultural atmosphere. First founded in 1576 and then re-established in 1994, the NUOA enjoys an excellent reputation all over Ukraine and abroad.

The NUOA offers undergraduate, graduate and postgraduate programs in law, economics, history, cultural and political studies, psychology, international relations, PR and linguistics, journalism, computer sciences.

There are about three thousand students studying at the NUOA. Academic staff consist about 300 highly qualified university instructors. Scientific Library of the NUOA enjoys excellent leading in Ukraine. It is the first digitalized library in the region.

[HTTPS://WWW.OA.EDU.UA/EN/INTERNATIONAL/ADMISSION_RULES](https://www.oa.edu.ua/en/international/admission_rules)



OSTROH ACADEMY

The NUOA draws on the vast range of expertise in its academic areas, with full capacity to engage in innovative and in-depth policy-oriented research projects as well as development projects. The academic life at the NUOA is organized within the following **structure**:



The NUOA is the **only university in Ukraine** to set the Guinness World Record for Longest Marathon in reading T. Shevchenko's poetry for 456 hours without a break in 2014, and the Guinness World Record for Largest Archeology Lesson in 2019.

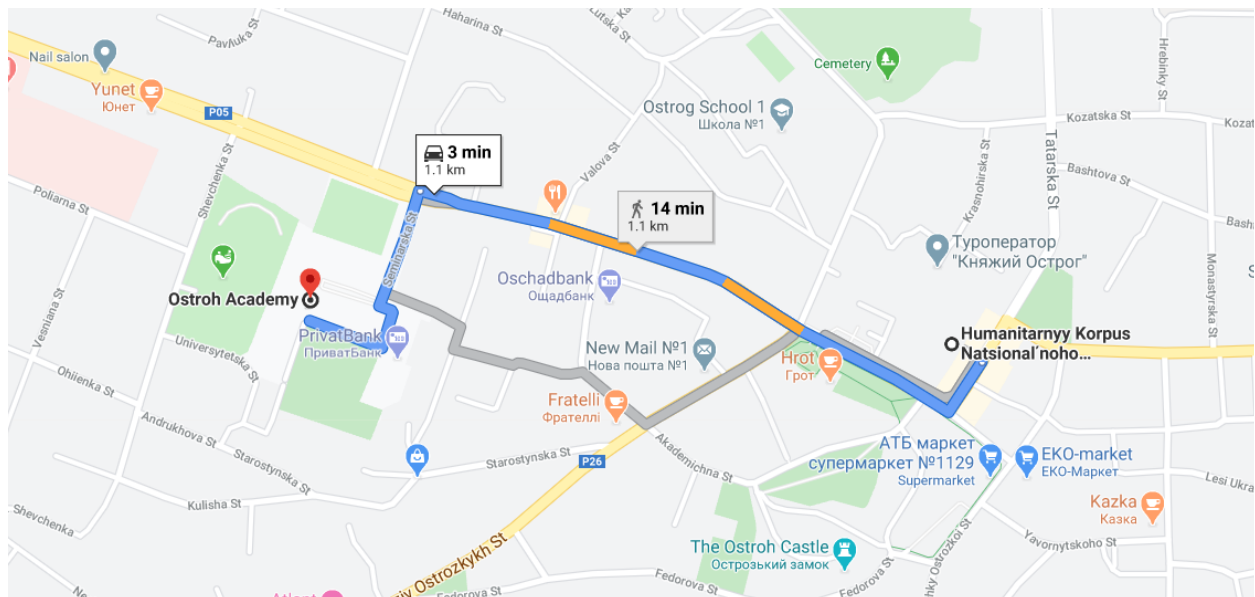


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OSTROH ACADEMY

There are two campuses of the NUOA in Ostroh:

- **main building** is located at 2 Seminarska Str. (*Ostroh Academy* on the map);
- **new campus**, opened in 2019, is located at 3 Nezalezhnosti Avenue (*Humanitarnyy Korpus* on the map)



The International Relations Department

is located at the new campus. To get to our office, please call us using the electronic communicator at the main entrance (press the key signed "*International Relations Department*").

Contact information:

Tel.: (03654) 3-00-23

e-mail: dir@oa.edu.ua



OSTROH ACADEMY



THE MAIN BUILDING OF THE NUOA
(2 SEMINARSKA STR., OSTROH)



THE NEW CAMPUS OF THE NUOA
(3 NEZALEZHNOСТИ AVENUE, OSTROH)

OSTROH ACADEMY

Travel Information

Get to Ostroh from Kyiv

(Boryspil International Airport / Kyiv Sikorsky Airport)

- by train: <https://booking.uz.gov.ua/en/>
- by bus: directly to Ostroh or via Rivne (contact us: dir@oa.edu.ua)

Get to Ostroh from Lviv

(Danylo Halytskyi International Airport Lviv)

- by train: <https://booking.uz.gov.ua/en/>
- by bus: directly to Ostroh or via Rivne (contact us: dir@oa.edu.ua)

Instructions on airport transfers

- **Boryspil International Airport** - <https://kbp.aero/en/kyiv-boryspol-express>
- **Kyiv Sikorsky Airport** - <https://iev.aero/en/get-to-iev>
- **Danylo Halytskyi International Airport Lviv** - <https://lwo.aero/en/transport>



USEFUL TIPS

GRADING SYSTEM

Local grade	ECTS grade	Local definition
91-100	A	very good
83-90,99	B	better than good
76-82.99	C	good
68-75.99	D	better than satisfactory
61-67.99	E	satisfactory
Less than 61	FX/F	unsatisfactory (fail)

IN SOCIAL NETWORKS



@oa.edu.ua



@ostrohadacademy1576



@oaedu



@oaedu

STUDENT GOVERNMENT



@bs.oa



@bratstvo.oa

USEFUL TIPS

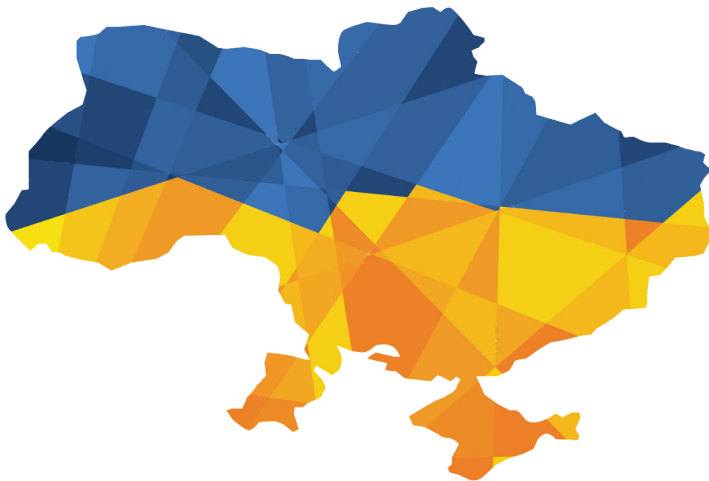


EMERGENCY NUMBERS

Fire and Rescue Service – 101

Police – 102

Ambulance – 103



UKRAINIAN NUMBERS

0 нуль /nul'/ = zero

1 один /odyn/ = one

2 два /dva/ = two

3 три /try/ = three

4 чотири /čotyry/ = four

5 п'ять /p'jat'/ = five

6 шість /šist'/ = six

7 сім /sim/ = seven

8 вісім /visim/ = eight

9 дев'ять /dev'jat'/ = nine

10 десять /desjat'/ = ten

BASIC UKRAINIAN PHRASES

Добрий день /dobryj den'/ = Hello

Привіт /pryv'it/ = Hi

Дякую /d'akuju/ = Thank you

Будь ласка /bud' laska/ = You're welcome or Please

Вибачте /vybachte/ = Excuse me

Так /tak/ = Yes

Ні /ni/ = No

До побачення /do pobachen':a/ = Good bye!



UKRAINE

THE NATIONAL UNIVERSITY OF OSTROH ACADEMY

**WE ARE WAITING FOR
YOU!**



**Get quality
education according
to European
standards!**



**Take part in vivid
student life!**



**Become a part of
friendly family of the
Ostroh Academy!**