



Part A: IDENTIFICATION OF THE PARTNER

Partner: Associação Modalidades Desportivas Amadoras do Sabugal	
OID	E10249064
PIC number	896259534
Partner's legal name (national language)	Associação Modalidades Desportivas Amadoras do Sabugal
Partner's legal name (latin characters)	Associação Modalidades Desportivas Amadoras do Sabugal
Acronym, if applicable	A.M.D.A.S
National ID number, if applicable	514695820
Department, if applicable	N/A
Legal address	Travessa do Prado, nº17
Postal code	6320-059.
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Country	Portugal
Region	Center Region
Facebook	https://www.facebook.com/amdas.amdas.520
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Person authorised to legally commit the partner (legal representative)	
Title	Mr.
Family name	Carreira
First name	David
Position	President of the Board
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Person responsible for the implementation of the action (contact person)	
Title	Mr.
Family name	Martins
First name	Tiago
Position	External Consultant
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PART B. PROFILE OF THE PARTNER	
Status	<input checked="" type="checkbox"/> Private (PR) <input type="checkbox"/> Public (PB)
Type	<input checked="" type="checkbox"/> Non profit <input type="checkbox"/> Informal group of young people (NFP- IGYP) <input type="checkbox"/> Body active at European level in the youth field (NFP-ENGYO)
Activity level	<input checked="" type="checkbox"/> Local (L) <input type="checkbox"/> Regional (R) <input type="checkbox"/> National (N) <input type="checkbox"/> European (E) <input type="checkbox"/> International (I)

Background and Experience

Please briefly present the partner organisation

THE JUDO SECTION of Sporting Clube do Sabugal (SCS) -

- Beginning of activity in 1996, at the Sabugal parish council pavilion. With the athletes enrolled in the district association of Viseu.
- In 1997 the Judo Association of the District of Guarda was created with the SCS as founding member, and our athletes were then enrolled by the INATEL of Guarda.
- In 1999, they club became a member of the Portuguese Judo Federation (FPJ), thus making the athletes directly linked to the Club.
- After the new headquarters construction was completed, the judo section had its own space, with the purchase of tatamis (rugs) for a total of 40 m2.
- In 2007, "Baby Judo" classes for youngsters from 3 to 6 years old had begun.
- After 2014, the availability of the coach to start judo at school's was filled, continuing the project under development.
- In 2016, "Adapted Judo" became a reality, with activities starting with the users of the Association «Paz e Bem» from the village of Soito, with 16 users, having participated in the first competition at the end of that year.
- In 2018, the **Association of Amateur Sports Modalities of Sabugal (AMDAS)** was created, which started to assume all activities related to the practice of Judo in the region.
- We also have a partnership with the Institute «Padre José Miguel» to teach a judo class per week, for almost three years now and that welcomes people with all kinds of disabilities.
- In the beginning of 2020 we take on the Football modality in our Association, only for the age groups up to 10 years old.

What are the activities and experience of the organisation in the areas relevant for this application?

In an effort to continue taking Judo to an increasing number of children and young people of school age and seeking to make a commitment to make their sport even bigger, the Portuguese Judo Federation, in conjunction with the State Secretariat of Basic and Secondary Education and the General Directorate of Education – created the project "Judo at School" and the Association of Amateur Sports Modalities of Sabugal is very proud to also be part of this national consortium.

The "Judo at School" is a sports project, with an educational fund, through which children and young people of school age can enjoy the practice of Judo, in a school environment, during their period of teaching activities.

In addition, training actions are planned to make it possible to bring together Physical Education and School Sports teachers with Judo coaches, in the same training space, in order to enable collaboration between top professionals (coaches), teachers specialized in teaching Judo (Physical Education teachers and coaches) and Physical Education and School Sports teachers.

The Association of Amateur Sports Modalities of Sabugal is also very proud to be able to say that everyone, without exception, can practice Judo and feel good in this sport. We are defenders of our values and principles, and, in these, we include firm solidarity for all people with any disability.

We want all these friends with us for the simple pleasure, but also for the competition they want to practice. We have 1 federated athlete with Down Syndrome that already won the European Champion in Biella, Italy, 2018 and in 2019, Guimarães, Portugal the World Champion in her category of Adapted Judo.

Regarding individuals with disabilities, Judo presents itself as one of the most complete sport, since in its practice tools are provided so that they can better face their daily active life.

What are the skills and expertise of key staff/persons involved in the Organisation?

Although we are all volunteers, we will give 100% of our expertise in the projects where we get involved. All have language skills in the English language, as are people with excellent interpersonal skills.

OUR COACHES-

Head Coach: David Joaquim Martins Carreira, 3rd Dan, 2nd Degree Coach. Is also a national Referee in official competitions

Assistant Coach: Carla Vaz, 2nd Dan, 1st Degree Coach, is also a regional referee in official competitions.

During the years, our team has been improving the competences in the area of management of international activities and training, volunteering and coaching and support in self-directed learning process in intercultural environment.

Most of the team are looking for new ideas, new inspiration and partners. We believe, that the Erasmus + family will bring us much more.

We can list following benefits that we will gain from participate in Erasmus + projects:

- New partners and ideas for the future;
- Improved language skills;
- Improved organisation management;



- New inspiration how to promote social inclusion of young people with fewer opportunities and/or disabilities;
- Improved skills regarding preparation of Erasmus+ projects.

Also knowing about differences among countries in the field of youth is very interesting, because it can give us new perspectives. In general we will be more motivated in our daily work and better help our youngsters.

Other EU funding

Please give information about any type of Community grant your organisation/group has received/applied for in the last financial year.

Programme or initiative	Identification/contract number	Contracting promoter	Title of the project
N/A			