

What's Cooking?!

What is What's Cooking?

What's Cooking is a youth exchange project for programme countries focused on using cooking as a tool to improve the employability of youngsters with the emphasis on communication & cooperation. Throughout the project youngsters are both improving and exchanging their cooking skills, recipes and do all kind of challenges in order to learn from each other.

How will it be organised?

The project will consist of an advance planning visit (APV) and of an international youth exchange. Before the activities start, a Facebook group will be created and assignments will be posted there in order to prepare and introduce participants and organisations deeply to the project. We will give all kind of challenges to youngsters before and during the exchange activity, ideas that we took from programmes such as Masterchef, Hell's Kitchen and many other cooking & baking shows.

Youngsters have the chance to improve many skills such as cooking, shopping, leadership, time & budget management, interviews, team work, contests and outdoor tasks. Through practicing communication and cooperation, the youngsters have the space to develop and improve their entrepreneurial and media skills using cooking as a tool. Having activities with direct results such as preparing a meal is always empowering. Working individually and in groups, they get the opportunity to bring in their own beauty and knowledge in the business they are about to open together – at the end of the exchange we will let them run a restaurant including all aspects such as serving, attracting customers, making the meal, doing the shopping, cleaning up, etc. etc.

WHAT	WHEN
APV <i>Participant organisations will meet and set the future preparation steps - We are looking for enthusiastic and inspiring persons with a sense of initiative that has experience in cooking as a tool for personal and professional development and/or reinforcement of soft skills connected to employability of young people.</i>	May 2021
ASSIGNMENTS <i>The preparation activities will take place in this period: research, statistics and home works.</i>	May – July 2021
YOUTH EXCHANGE <i>Period when the main activity will take place.</i>	July 2021 for 13 days
OUTPUT PERIOD <i>During and after the main activity, youngsters will organise a cooking workshop in their local community</i>	July – November 2021

FOR WHO

What's Cooking is for organisations who are working with youngsters aged between 15 – 21. We give preference to organisations who are based in rural areas and who are working with a fewer opportunity target group. This means youngsters who are isolated both geographically and socially, who are facing educational problems and who are having economic obstacles as well. As partner we expect you to prepare the group for the exchange, organise the output activities together with them and disseminate & exploit the project results with stakeholders and target groups connected to your organisation.

We ask each organisation to send 4 participants + 1 leader in the exchange project. In the end we expect to have a group of around 50 persons.

Organisations coming from rural areas have more possibility to be involved in the project!

WHERE

Both the APV and the youth exchange will take place in The Netherlands, in the small town of Ommen. The participants will stay at the group accommodation Olde Vechte (<http://www.oldevechte.nl/en/>) which is the same place where the project activities will be realized. As a group we will take care of the cleaning of the accommodation together as well as preparing all the meals.

HOW TO JOIN

In order to join the What's Cooking project please send an e-mail to: contactcherrygroup@gmail.com with the subject *I want to be in and* we will undertake the next steps.

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