

“Euro-Sail” - youth empowerment through water sport

**Erasmus + Sport
Small Collaborative Partnerships, EACEA**

**January 2021- August 2022 /20 months/
Applicant: Active Women Association, Poland
Partnership Application deadline: 5 April 2020.**

Collaborative Partnership Objectives:

- allow partner organisations to develop and reinforce network of partners active in youth empowerment by sailing
- increase their capacity to operate at transnational level, exchange good practices, confront ideas and methods of strengthening youth through water sport and physical activity
- produce and disseminate innovative outputs in youth empowerment sailing

Small Collaborative Partnership will involve 5/6 various European youth sport educational organisations from Program countries. Neighbouring and partner countries are not eligible.



Types of activities:

- networking among partners
- promotion, identification and sharing of good practices in youth empowerment sailing projects
 - preparation, development and implementation of educational tools and innovative approaches towards youth empowerment through water sports
 - awareness-raising activities on the added value of sport and physical activity in relation to the personal, social and professional development of individuals;
- activities to promote innovative synergy between the field of sport and the fields of health, education, training and youth;

Planned activities:

1. January 2021 - Kick-off meeting in Poland. Silesia region.
2. May 2021 - 7- days Exchange of good practices– Empowerment project on the boat in I partner country. Shooting the video. Collection of the educational tools employed on the boat.
3. September 2021 - 7- days Exchange of good practices– Empowerment project on the boat in II partner country. Shooting the video. Collection of the educational tools employed on the boat.

4. April 2021 - 7- days Exchange of good practices– Empowerment project on the boat in III partner country. Shooting the video. Collection of the educational tools employed on the boat.
5. May 2022 - August 2022 - Dissemination activities - dissemination of the video in Europe, production of the publication with the collection of the tools.
6. August 2022 – Final Evaluation.

Methodology

The project will be based on innovative combination of sport activity “for all” / water sports, sailing/ and outdoor experiential practices of self-development proposed by partners.

Apart from great benefits of the sport and physical activity for the youth wellbeing, the water environment offers a perfect field for outdoor self-development approaches such as wilderness, nature awareness, eco-coaching, deep ecology, community building, “team spirit”.



Partner exchange of innovative outdoor tools on the boat will help partner organisations to develop innovative programs for youth empowerment, so as they could overcome contemporary life challenges, endangers to wellbeing and mental health, sense of disconnection and isolation, internet and smartphone addictions, sense of frustration and disorientation, lack of team spirit and social bounds.

We want to encourage young people to empower their individual potential through sport in nature. During water activities youth can face their live challenges, fears and uncertainty. It is possible to forget memories but no adventure. The water element is this condition which from one hand makes calm and relaxed but in the other hand create tough personality, well organised and decision making. Sport in nature, especially water sport as sailing values antidiscrimination, handicapping idea, gender equality, self-empowerment and team building competencies. In multicultural group people learns also how to be open for other life styles, cultures, habitats.

Partners task:

- participation in 3 exchange events on the boat /3 ppts to send from each partner org/
- exchange of good practices and experiences among youth outdoor trainers, collection of the edu-tools to employ on the boat organization of the boat trip in partner country
- taking part in the video production and dissemination campaign.

Budget – financing from Erasmus+ Program

Administration and Management – 250 Euro/month / total 20 months

Travel and subsistence costs – 575 Euro/760 Euro per pax/ mobility

Full costs of the organization boat trips for hosting organizations

Dissemination - video production costs covered, dissemination campaign - org runs for free.

Applications

PIF should be sent **till 5 th April:** youth.awa@gmail.com, eduproject.sak@gmail.com,

mobile/whats app: 0048602314431,

Skype: monika.sobanskaa. We are able to contact only selected organisations.