



## Nature sport proposal

Our initiative will respond to developing challenge of decreasing level of physical activity as well as pointing on environment and nature conservation issues and enhance the dialogue between the partnering organization as well as strengthening the network among stakeholders.

The specific objective is to facilitate collaborative waste collection and recycling as effective tools for awareness raising on environment and engagement to sport and physical activities by developing and disseminating community based collaborative tools.

Our initiative shall raise awareness to numerous advantages of green sport while developing an training module to promote use of green areas to exercise for everyone regardless of age, background or fitness level – and helps individuals, public authorities, the sport movement, civil society organizations and the private sector collaborate in the field of sport, while initiating the waste collective act.

Collaborative waste collection and recycling activities of the project will combined with physical activities, hiking and walking in nature, encouraging individuals to collaborate to healthier lifestyles across the world. In addition to that health themed activities such as Pilates, yoga, meditation, along with the training module will come together in this unique event. Associated partners will contribute to the event such as municipalities, and private enterprises.



Collaborative  
partnership

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Consortium:  
8 partners

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Length:  
24 months  
start 1. 1. 2021

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Activities:

3 international meetings  
local activities  
5 Intellectual outputs

INNOVATIVE  
EDUCATION CENTER

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**Aim of this collaborative partnership:**

1. encourage social inclusion and equal opportunities in sport through developing and sharing good practices; preparing, developing and implementing training and educational modules and tools; awareness raising activities on added value of sport and physical activity in relation to the personal and social development of individuals; activities to promote innovative synergies between the field of sport and field of health, education, training and youth.
2. promote voluntary activity in sport through networking among stakeholders, holding conferences, seminars, meetings, events and awareness raising actions underpinning the actions of the project.
3. to facilitate collaborative waste collection and recycling as effective tools for awareness raising on environment and engagement to sport and physical activities by developing and disseminating community based collaborative tools.

**Methodology:**

We will support walking and hiking and health themed activities such as pilates, yoga, meditation activities in the green areas where we will collect waste collectively.

**Intellectual outputs:**

Nature Education Workshop Book, Waste Management Workshop Book, Kollekt app, Technical and practical information for walking and trekking in nature, Exercises in nature book.

If you would like to become a partner of Nature sport proposal please fill in the form:

<https://bit.ly/naturesport>