

Supporting Preschoolers' Psychomotor Skills for Encouraging Them to do Sport / SUPSPORT”

Project Idea: Integrating Sport into the lives of individuals [Early Childhood (3-6 Ages)]

Target Group: 3-6 range children (early childhood) and their parents

Duration: 24 Months [01.01.2021 – 31.12.2022]

We are looking for below-mentioned organisations (based in E+ program countries) working on related areas.

- University
- Sports Club
- Adult Education Centre
- Municipality/City Management

The project is planned to be realised in three phases namely **preparation, implementation, and dissemination**. Things to be realised in these phases explained below.

Preparation Phase:

- Gathering the Best Practices,
- Preparation of the Website,
- Determining the Target Group,
- Preparatory work for dissemination.

Implementation Phase:

- **For the Children in Early Childhood period and their parents**, the below-mentioned activities will be carried out in order to improve the motor skills, body elasticity, and the quality of healthy lifestyle of the children:
 - Education Modules (both for parents and the children),
 - Trainers' Module,
 - Pilot Trainings (for seminars and sports activities),
 - Multiplier Event

Dissemination & Evaluation Phase: The activities and work will be reported and promoting of the project in different areas will be carried out.