

AE2O - Associação para a Educação de Segunda Oportunidade

SOFORMA (Segunda Oportunidade Formação)

Centro Europeu de Mobilidade, Formação e Investigação em Educação de Segunda Oportunidade

Training Course Information

TITLE OF THE TRAINING ACTIVITY *IN THE LANGUAGE OF TUITION* English:

Using Forum Theatre in social and educational work

Dates of the new sessions

Ano	2020 j	2021	2022
1ª sessão	29 th March – 4 th April	28 th March – 3 rd April	27 th March - 2 nd April
2ª sessão	5 th – 11 th October	3 rd – 9 th October	2 nd – 8 th October

* The dates could be adjusted according to the needs of the participants

TYPE OF TRAINING ACTIVITY - **TRAINING COURSE**

THEMATIC FIELD OF THE TRAINING / *GENERAL IN-SERVICE TRAINING*

Active citizenship
Combating failure in education
Courses on adult literacy/basic skills
Fight against school failure & link school and work
Inclusive approaches
Intercultural education
Pedagogy and didactics
Second chance education

LANGUAGES USED FOR THE TRAINING MAIN LANGUAGE: English

LANGUAGE VERSION(S) IN WHICH MATERIALS WILL BE PROVIDED: English

EDUCATION SECTOR OF THE TRAINING PARTICIPANTS

Adult education provider
Second chance or remedial education
Adult education for disabled persons
Higher education institution offering outreach courses for adults
Organisations working with migrant groups/ethnic minorities
Centres for guidance, counselling or accreditation
Other sectors of education

TARGET AUDIENCE

Teachers (Pre-school, primary, secondary, vocational, adult, special needs)
Teacher trainers
Careers officers, educational guides and counselors
Headteachers/principals/managers of schools/organizations offering adult education
Other (Paid or voluntary) management staff in the institution/organization
Members of students/teachers councils in adult education
Other, namely: social workers, artists, social educators

INSTITUTION ORGANISING THE TRAINING

NAME OF THE ORGANISATION:

AE20 - Associação para a Educação de Segunda Oportunidade

STREET AND NUMBER: Largo da Capela do Telheiro S. Mamede de Infesta

POSTCODE: 4465 -

TOWN / CITY: Matosinhos COUNTRY: Portugal

WEBSITE: www.segundaoportunidade.com

ORGANISER/S OF THE TRAINING:

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FULL DESCRIPTION OF TRAINING CONTENTS *IN THE LANGUAGE OF THE TRAINING: (EN)*

Preparation

The participants will be asked to fill a form with short description of their working functions and tasks and also expectations and motivation to come to the seminar. The trainers will prepare personal letter addressed to everyone of the participants with some guidelines for preparation work, which will include bringing some personal experiences and study cases to use as material during the seminar.

Objectives

Forum –Theatre (FT) method is an exciting participatory practice developed by Brazilian dramaturge Augusto Boal. Boal believed that theatre could serve as a forum for training people to develop the strategies they need to change their world. This technique is used in various forms around the world as an interactive tool for development. A group of actors go into a community, elicit what the key issues of concern are there, improvise a short piece of theatre highlighting those problems, and perform it back to the community.

FT has proved to be a good interactive practice, which stimulate both intellectual and emotional audience participation through discussion, interactive role-playing and shared experiences. The aim of FT is to change the spectator from a passive to an active participant and to encourage people to get active and engage in dialogue about issues of concern within their society, trying to come up with solutions.

The General objectives of the project are:

- To encourage participation and contribution for developing a democratic citizenship in Europe enriched by its cultural and linguistic diversity
- To contribute to the belief that young people have the maturity and capacities to influence on the local authorities and that their voices and recommendations should be heard.

The Specific objectives of the project are:

- To facilitate the exchange of good innovative education practices and experiences between European organizations active in youth work;
- To prevent marginalization and to unite different target groups (youth leaders, students from regular and Second Chance schools, teachers, artists, local authorities, etc.) putting them together in a creative interactive process of building performances and presenting them on a public Forum;

- To form a system of notions about the men and his personal self esteem and unique individuality, human rights and methods for their protection; to raise an awareness about the close relationship between possessing rights and freedom and being responsible for own actions
- To foster self-discovery through new interactive that provoke independent critical thinking, skills for teamwork, communication and group process in discussing and performing together;
- To develop understanding that laws and regulations are tools for living in society and to involve young people in decision making and problem solving starting from a local level.
- To develop an habit of assessing social issues (drugs, violence, Aids, bullying, tolerance, corruption, etc.) and looking for ways to actively participate, preventing or providing solutions collaborating with adults (teachers, mediators, mentors, local authorities, experts, media)

This seminar will spread innovative techniques, as Forum Theatre, and will open a space for sharing good European practices in social and educational work. The participants will go through a series of drama and art activities, exploring the impact of different creative approaches, testing their effectiveness and possibility to apply in their fields. They will have the opportunity to connect with their own experiences and to explore where and how they can make new choices and transformation in their personal and professional lives.

The training will offer creative techniques in an interactive and experiential environment:

- enriching the participants' knowledge in the area of artistic interactive techniques;
- facilitating and processing theater games and exercises;
- creating and processing frozen pictures(images) and scenes;
- creating a piece of forum theater and raising a discussion, led by a joker;
- identifying patterns of behavior, exploring strategies for change by theatrical games;
- developing personal skills for expressing and interacting with the world, empowering the trainees with professional tools for running their own sessions;
- providing a safe, challenging and memorable learning environment.

Methodology

The training will follow the methodological approach of learning through experience. The games, warm-up exercises, techniques of self-knowledge and confidence, challenging drama methods naturally will raise the group dynamic, motivate and involve the participants, activating their imagination and creativity and building informal spaces for the process of non-formal learning.

The tools and techniques that will be used are:

- the circle as an inclusive space for starting and finishing the sessions, for sharing and support;
- exercises and games (warming up, interactive tasks, role play games);
- processing the experience in the activities, followed by frequent feedback and sharing;
- work in small and big groups;
- a lecture about drama in education;
- a study visit to Second Chance school in Matosinhos, the only one in the country.
- discussions; brainstorming;
- Augusto Boal's forum theatre;
- image theatre (sculptures of human bodies, visualizing emotions, thoughts,etc.)
- evaluating and applying.

Follow-up

The participative, theoretical and empirical framework that the training will offer responds to the special needs of different target groups and can be adjusted to different contexts. The training program has a rich content and the trainees will easily find the proper tools to apply these methods in their youth social inclusion work in the field of non formal education. The expected outcomes are new ideas for solid pedagogical methods and project proposals to develop in the near future.

There will be special session at the end of the seminar to share their impressions and to discuss the real possibilities to apply the new skills, techniques and attitudes and to add them to their "repertoires". Simple instructions will be given to the participants In order to empower and encourage them to go further by their own. The participants will be encouraged to keep in contact

by e-mail. A web page will be created for sharing the next steps in different countries and to promote the new initiatives. Also it will be open to share participants' experiences using the new methods at their own organizations and to go on with further networking.

Participants will also be encouraged to create cooperation projects under Erasmus +, to develop the use of Forum Theatre in social educational youth work.

PROGRAMME OF THE TRAINING ACTIVITIES (DAY BY DAY)

There will be 4 sessions per working day (days 2 till 6):

A.M. 9.30 – 11.00 / 11.30-13.00

P.M. 15.00 – 16.30 / 17.00-18.30

Day 1 – Arrivals

Welcoming circle; program and participants' presentations; practical information;

Day 2 - The circle and the games

AM/ The circle as a safe and creative space for sharing and trust. Characteristics and functions. Techniques for self-knowledge, self-expression, self-approval). Games as a method in education.

PM/ Lecture - "The place of drama techniques in education". Closing circle.

Day 3 – Image theatre

AM/ Games for trust and empathy; Image theatre – sculptures of human bodies, representing conflicts, feelings, intentions.

PM/ Practising Images and frozen pictures in groups; Processing and discussing; What stays behind the images; feed back and sharing.

Day 4 – Theatre of the Oppressed and Forum Theatre

AM/ Introduction to Forum Theatre; Augusto Boal and the theatre of the oppressed; One problem/ different points of view/ many solutions; sharing real stories.

PM/ Practicing Forum in groups; story selection; preparation; performance; interventions and discussions;

Day 5 – The role of the Joker in Forum Theatre

AM// The role of the Joker (the leader of the Forum); techniques for opening, leading and closing sessions. Principles and criteria to use a story in Forum Theatre.

PM/ Visit to the Second chance school in Matosinhos.

Day 6 – Application of Forum Theatre

AM/ Circle. Ways to apply Forum. Work in small groups: what to take and how to apply the new techniques. Feed back and sharing.

PM/ Evaluation and follow up planning. Closing.

Day 7 – Departures

TYPE OF CERTIFICATION OF ATTENDANCE AWARDED

- Europass Mobility certificate,
- Certificate of attendance,

Price

Fee: 420 € (per person)

We can help to organize food and accommodation nice prices, by request of the participants.