



**EUROPEAN  
SOLIDARITY  
CORPS**



**C-Corps**  
Chance - Creativity  
Community for Solidarity Actions



Photo © Stefano Triulzi

Co-funded by the European Union



**Camini Corps: Chance – Creativity – Community for Solidarity Actions**  
Project no.: 2019-1-IT03-ESC11-016249

**INFOPACK**

## GENERAL INTRO TO THE PROJECT “C-CORPS”

The “**Camini Corps: Chance - Creativity - Community for Solidarity Actions**” focuses in particular on youth participation and empowering minors and young people, within comprehensive social inclusion projects for the hospitality and integration of migrants and refugees. The main development objective is to improve the living conditions and the social inclusion of the most disadvantaged people (young people with disabilities, children at risk, displaced persons, those with health or economic challenges, other vulnerable categories, etc) and to respond to wider challenges.

The projects of social inclusion, such as the reception and integration of refugees and asylum seekers managed by our organisation, constitute a real and significant example of social commitment in practice, through social inclusion programmes implemented at the local, regional and international level. Local people and the new migrant population work together and bond through activities such as the art and ceramic workshops, after-school homework club, tending the local didactic farm and fruit and vegetable plots, housing and other building reconstruction.

The participation of youth in a solidarity project, such as this, helps young people not only to put into practice the values of EU solidarity, but also to acquire experiences, skills and competences useful for their personal, educational, social, civic and professional development. In addition, it is important to consider the value to them of having such a meaningful experience, through direct engagement with different realities, which provides them with a significant non-formal learning experience through which they can enhance their own personal, educational, social and civic development.

One of the main strategic focuses of this project is to help people improve their health and well-being. Poor quality of life and a lack of services and opportunities can hold a community back. Working together with all our partners, including the young volunteers, we are committed to help communities struggling with these challenges by connecting them with what they need, ensuring healthy lives and promoting well-being for all ages.



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## SPECIFIC VOLUNTEERING PROJECTS

Each individual volunteering project develops with both a short- and long-term perspective, which is why the constant presence of volunteers is so critical and vital to us: to ensure continuity in the development of each project, so that it realises its full potential and achieves all its goals and ambitions.

Prospective volunteers to all our solidarity projects are drawn from many geographical, cultural, religious, national, linguistic, educational and social backgrounds - in short, from around the world.

This wide-ranging diversity also complements the current profile of the project - our organisation, our staff, our current group of volunteers and our community itself. We are proud of this rich pluralism, with people from all backgrounds working together to build a new and better world, day by day.

Priority will always be given to interested volunteers from disadvantaged backgrounds or who may have had little to no transnational mobility opportunities to date, thus giving them an enriching experience outside their typical surroundings. Many of them live in rural areas or in the periphery of a town or city and may be at risk of social exclusion. Our aim is also to enable the participation of young people with a migrant background who are already part of our community, and of others from disadvantaged backgrounds. Wider numbers of disadvantaged young people, including newly-arrived migrants and refugees, will also become indirect beneficiaries of the project, through their own engagement – in whatever way, shape or form - with our solidarity activities, in particular those targeting **“Inclusion”**, **“Community development”** and the **“Reception and integration of refugees and migrants”**. Within this perspective, the Erasmus+ **“Inclusion and Diversity Strategy”**, the new **“EU Youth Strategy (2019-2027)”**, and the **“EU Work Plan for Youth”** provide both an important framework and practical guidelines to help the community achieve its sustainable development goals.

The volunteers will also be involved in these innovative aspects of the refugee reception programme in Camini, and learn more about how nutrition and food habits can stimulate integration and understanding between different cultures and populations.

### 1. Food based regeneration and Community Development Individual Volunteering Activity

#### LITHUANIA to ITALY

**Sending organisation: Vš Inovatori slnis**

**APV (Advanced Planning Visit): July 18-19th, 2019**

**Individual Volunteering Activities:  
to start not later than September  
One long-term placement (6 months)**

The “Food based regeneration and Community Development - Individual Volunteering Activity” is organised together with our partner organisation **“NGO Innovators valley / Vš Inovatori slnis”** based in Antaliept (**Lithuania**), whom we met in person in Ljubljana, Slovenia, in December 2018 in the Partnership-Building Activity “Key to inclusion: European Solidarity Corps”. This is a professional organisation coordinating 6 EVS projects in Lithuania. They have 3 years’ experience of hosting long-term volunteers. The main activities we have planned for volunteers from Lithuania with a background of fewer opportunities focus on skills transfer in food and agro-processing; support to the didactic farm, including study visits; field work for research on eating habits; fight against food waste through social inclusion; food-based regeneration led by the host organisation with the migrant communities in Camini; assistance provided to youth-led businesses in the agribusiness sector to create a healthier local food culture; awareness-raising activities and capacity building; fair food systems for everyone through participatory processes and non-formal education methods.



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## 2. Food Equity and Social Inclusion Individual Volunteering Activity

### NORWAY to ITALY

**Sending organisation: Spir Oslo AS**

**APV (Advanced Planning Visit): July 18-19th, 2019**

**Individual Volunteering Activities:  
August 2019**

**One short-term placement (2 months)**

The “Food Equity and Social Inclusion - Individual Volunteering Activity” is organised together with our partner organisation “**Spir Oslo AS**” based in Oslo (Norway). The main activities we have planned for the volunteer (YPFO) - from Norway with a background of fewer opportunities focus on skills transfer in food equity and social inclusion; support to the didactic farm, including study visits; field work for research on eating habits; fight against food waste through social inclusion; food-based regeneration led by the host organisation with the migrant communities in Camini; assistance provided to youth-led businesses in the agribusiness sector to create a healthier local food culture; support to the “International Restaurant” and associated “Cookery School” in Camini; awareness-raising activities and capacity building; fair food systems for everyone through participatory processes and non-formal education methods.

## 3. Sustainable Development Individual Volunteering Activity

### ROMANIA to ITALY

**Sending organisation: ASOCIATIA GEYC**

**APV (Advanced Planning Visit): July 18-19th, 2019**

**Individual Volunteering Activities:  
to start not later than September**

**One short-term placement (2 months)**

The “Sustainable Development - Individual Volunteering Activity” is jointly organised with our partner organisation “**GEYC - Group of the European Youth for Change**” (Romania) a Romanian NGO whose mission is to empower young people to work towards positive change in their communities. They aim of this activity is to include one participant from a fewer opportunities background in the “Sustainable Development - Individual Volunteering Activity” initiative. S/he will take part in a short-term (less than 2 months) solidarity activity focused on community development and social inclusion, while also covering digital divide and diverse ICT barriers, which can

prevent disadvantaged people from participating in social and cultural life, in many different ways.

The participant will be trained in the challenges and opportunities of ‘digital inclusion’ along with the risks of ITC gaps in rural areas. S/he will be involved in office work on the promotion of social inclusion and community projects in Camini and its surroundings. S/he will also receive training on young start-ups promoting inclusive sustainable development through entrepreneurship. S/he will be also involved in fieldwork for research activities within the social inclusion and community projects organised by the host organisation. Besides that, s/he will be involved in the “SDGs in Action – AGORA”: a participatory activity run with other CSOs active at the local, regional and European level to measure the impact of grassroots actions implemented to achieve the Sustainable Development Goals (SDGs) and contributing to long-term goals attainable by 2030. The volunteer(s) will be actively involved in participatory activities to raise awareness at the public level and address global challenges, starting with those “Goals” most relevant for the area where the project will take place - such as those related to poverty, environmental degradation, prosperity, and peace and justice. The volunteer will also work alongside senior trainers and teachers in running workshops and delivering classes in local schools on the Sustainable Development Goals (SDGs) and the new the 2030 Agenda for Sustainable Development as well as in organising the “International Youth Day 2019” local events in Camini.

## 4. Community Development Individual Volunteering Activity

### SERBIA to ITALY

**Sending organisation: AzBuki**

**APV (Advanced Planning Visit): July 18-19th, 2019**

**Individual Volunteering Activities:  
September 2019**

**One short-term placement (21 days)**

The “Community Development - Individual Volunteering Activity” is jointly organised with our partner organisation “**AzBuki**”, a non-profit, non governmental organisation founded in southern Serbia in 2011. The organisation has an excellent reputation, and we first met them in person in Ljubljana, Slovenia, in December 2018 on the training course “Key to inclusion: European Solidarity Corps”. Azbuki is looking to recruit one volunteer from a fewer opportunities background in our

“Community Development - Individual Volunteering Activity” project. S/he will take part in a (up to) 2-month solidarity activity focused on community development and social inclusion, while also covering digital divide and diverse ICT barriers, which can prevent disadvantaged people from participating in social and cultural life, in many different ways.

The volunteer will be trained in the challenges and opportunities of ‘digital inclusion’ along with the issue of ITC gaps in rural areas. S/he will also receive training on young start-ups promoting inclusive sustainable development through entrepreneurship, leading brainstorming activities on eCommerce to help promote and distribute their products and support their ideas.

## 5. Community Management Individual Volunteering Activity

**SWEDEN to ITALY**  
**Sending organisation: Navigatorcentrum**  
**APV (Advanced Planning Visit): July 18-19th, 2019**

**Individual Volunteering Activities:**  
**to start not later than September**  
**One long-term placement (6 months)**

The “Community Management - Individual Volunteering Activity” is jointly organised with our partner organisation “**Navigatorcentrum**” based

in Östersund in Sweden. The organisation has an excellent reputation, and we first met them in person in Ljubliana, Slovenia, in December 2018 on the training course “Key to inclusion: European Solidarity Corps”. They mainly work with young people aged 16-25, under the aegis of the Social Affairs and Labour Market Department of the Municipality of Östersund.

They aim to include one volunteer from a fewer opportunities background in our “Community Management - Individual Volunteering Activity” project. S/he will take part in a 6-month solidarity activity focused on community development and social inclusion, while also covering digital divide and diverse ICT barriers, which can prevent disadvantaged people from participating in social and cultural life, in many different ways.

The volunteer will be trained in the challenges and opportunities of ‘digital inclusion’ along with the issue of ITC gaps in rural areas. S/he will be also involved in field work for research activities within the social inclusion and community projects organised by the host organisation. In addition, s/he will provide assistance to new creative business ventures set up by young entrepreneurs with migrant backgrounds, leading brainstorming activities on eCommerce to help promote and distribute their products and support their ideas.



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## COUNTRIES INVOLVED AND TRAVEL GRANTS

allocated to each participating country according to the EU Distance Calculator:

**ITALY** 



**EUROCOOP**  
(HOST ORGANISATION) € 0

**SWEDEN** 



**Navigatorcentrum**

**ÖstersundsKommun, Navigatorcentrum**  
€ 360 (return travel) / per volunteer

**LITHUANIA** 



**NGO INNOVATORS VALLEY**  
€ 360 (return travel) / per volunteer

**ROMANIA** 

**geyc**  
A way for a better you!

A member of  
 Prisma  
European Network

**ASOCIATIA GEYC**  
€ 275 (return travel) / per volunteer

**SERBIA** 

**AzBuki**

**AZBUKI**  
€275 (return travel) / per volunteer

**NORWAY** 

**SP!R Oslo**

**SPIR OSLO**  
€ 360 (return travel) / per volunteer



## VENUE AND ACCOMMODATION

Camini is a small hillside village in Calabria, southern Italy, located in the Locride area, which until recent times was characterised by poverty and on-going depopulation. For decades, Locride – and Camini – suffered from emigration, a direct result of the extreme poverty and lack of job opportunities. Nowadays the village of Camini itself is undergoing something of a renaissance, experiencing authentic social and economic growth as a result of its refugee reception and resettlement programme. Working together, migrants and local people have rejuvenated this and other former ‘ghost town’, which have now become global symbols of

service is available at all hours of the day. Most of the rooms offer a view down to the sea.

All young people taking part in the project will have three full meals per day, which they will eat at the “Jungi Mundu” restaurant, alongside the professional staff and international volunteers. Local and international cooks are onsite to cater to those with particular diets or food allergies (vegetarian, lactose-free, gluten-free, vegan, etc.). Continental breakfast, wi-fi, self-contained kitchen, parking, laundry service and other facilities are also provided for free.

The transnational activities of the project will take



Camini (RC) - Italy | Photo © Celestino Gagliardi

internationalism, humanitarian aid and solidarity. All the “Camini Corps” volunteers, trainers and partner organisations’ staff will be accommodated in shared rooms, which are fully equipped, and located in the historic centre of the village, along the line of a “scattered hospitality (albergo diffuso)” model. All the rooms have been renovated and refurbished in the past few years, through a social reconstruction project focusing on the restoration of houses that had been abandoned over the years by mass emigration. Volunteers share with people from other countries. Air conditioning is also available during the summer, and a maintenance

place in buildings spread throughout the village, all of which have been sensitively restored in keeping with the original style and architecture. They include a large, bright studio, with Internet access, and a fully equipped kitchen. There are also a bakery, craft workshops, classrooms and public spaces. Outdoor activity will take place in and around the main village square and in the didactic farm as well as in other environmental areas. All workplaces are within walking distance, so, the volunteers do not need any transportation. If any transport cost connected to the project does occur, it will be covered by the host organisation.



## WORKING HOURS

Daily activities cover 30/36 hours per week and include workshops on local and ethnic food production, and training sessions on food safety processes, procedures and policies.

Volunteers have 2 free days per week, normally Saturday and Sunday (specific days and hours can be changed upon request and/or special needs). They can also count on 2 extra days off per month, activities and the schedule permitting.



## POCKET MONEY

The pocket money is calculated on the ESC - European Solidarity Corps programme, which amounts, in the case of Italy, to € 5 / daily



## LANGUAGE SKILLS

Online linguistic assessment and language courses in Italian will be available via the **Online Linguistic Support (OLS)**. The volunteer will also have the opportunity to practise additional languages through community and learning activities promoted by the host organisation, such as the Tandem language exchange practices with migrant communities in Camini, which take place on a weekly basis.



Photo © Nicola Zolin



## FREE TIME ACTIVITIES

Cultural activities, guided tours and excursions to historic sites in the area are also offered for the volunteers' free time, including:

- *the house where the famous philosopher and poet Tommaso Campanella was born in Stilo in 1568*
- *the former Dominican convent in Placanica*
- *the Monasterace Museum and Archaeological Park (MAK)*
- *the MuSaBa - Museum-Park-Laboratory in Mammola*
- *the Magna Grecia Museum in Reggio Calabria and the historical villages of Scilla and Chianalea.*

Volunteers can also organise their own free time activities, and local staff will be very willing to offer assistance or suggestions.

The reflective learning journal, together with the individual reflection guided by the mentor, will be the main vehicles for monitoring and evaluation of the activities on a daily basis. This will be complemented by a more structured overall evaluation process, in line with that developed by other project partners.



## YOUTHPASS CERTIFICATE

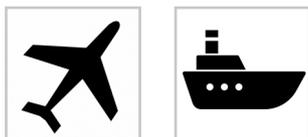
All volunteers in the European Solidarity Corps programme are eligible for Youthpass Certificate, a Europe-wide tool to document and recognise learning outcomes from youth work and solidarity activities. It is a part of the European Commission's strategy to foster the recognition of non-formal learning, putting policy into practice and practice into policy.



Photo © Fotoclub Murgia

## HOW TO GET THERE

The journey from each volunteer's home city to Camini will be organised by the partner organisation in cooperation with EUROCOOP.



The nearest airport for Camini (GOOGLE Map position: <https://goo.gl/maps/Wse8uQgQ2FN2>) is Lamezia Terme Airport "**Sant'Eufemia**" (SUF); other airports nearby are those of Reggio Calabria or **Airport of the Strait (REG)** and of Crotona - **Sant'Anna** or **Airport "Pitagora" (CRV)**.



- LOCAL TRAINS: "**Trenitalia**" regional trains stop at "Monasterace - Stilo" train station (13 km from Camini) or "Caulonia" train station (20 km).
- LOCAL / NATIONAL BUSES: "**Federico S.p.A.**" and "**Troiolo Bus**" companies (Bus stop: Riace Marina about 10 km from Camini), which connect the Locride region with the main Italian cities (Rome, Florence, Bologna, Milan, Turin, Pisa, etc.) where the main international airports are located. In June 2019 the international low-cost bus company "**FlixBus**" also began to run a few services in Calabria, including in such places as Lamezia Terme and Rosarno.

*A direct shuttle service can also be organised (from Monasterace, Caulonia, or Lamezia in case of late arrivals) directly from the coordinating organisation's office in Camini.*

## SOCIAL MEDIA

Active social participation online and offline is essential for the "**C-CORPS**" project's success.

Be an active volunteer on social media network, too ... by sharing relevant news, articles, pictures and posts!

Please start following the social media channels of the coordinating organisation

**EUROCOOP Camini "Jungi Mundu"**:



**Twitter.com/JungiMundu**



**Facebook.com/jungimundu**



**Instagram.com/jungi\_mundu**

using the hashtags:

**#C\_CORPS #JungiMundu  
#CaminiGiovane #EUSolidarityCorps**

*or why not create new ones of your own to share with the rest of the group of volunteers?*

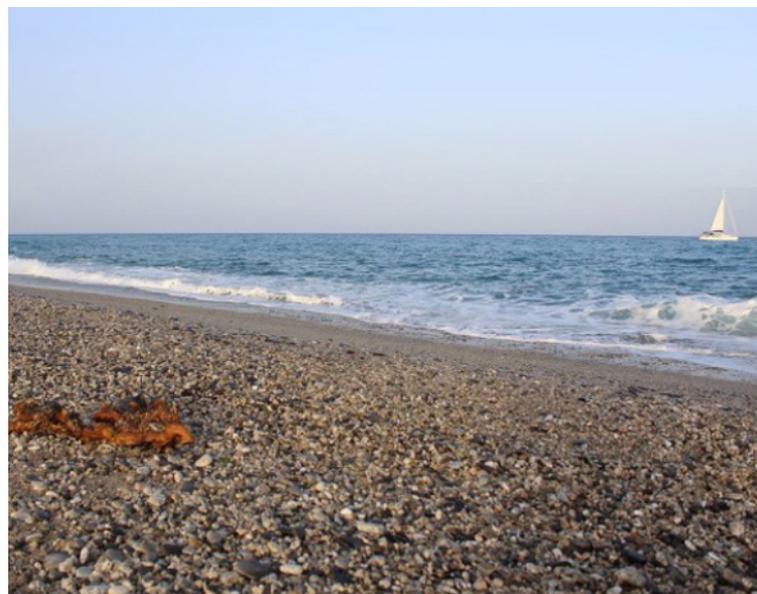


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## STAFF AND CONTACTS



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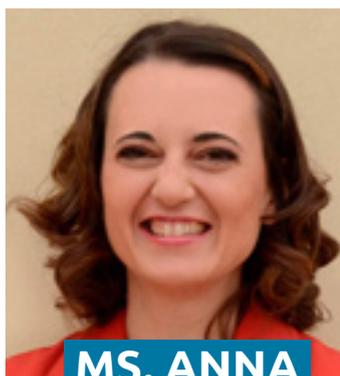
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