

Europe of Peace : Developing a method of conflict management and resolution

Training

April 2020 | Epinal, Vosges, France

The purpose of this exchange is the resolution of the Franco-German conflict for tools of conflict resolution in North / South Ireland, with the current issues of Brexit.

25 young people from 4 different countries (Germany (5), Northern Ireland (7), South Ireland (6), France (7)) 18h to 30 years old and meeting in the heart of Alsace-Lorraine to create together a method of conflict resolution. All young people in the project belong to their respective countries of the advanced associations in the field of youth.

During 6 days, young people dissect what it was is a "conflict" through playful, original and educational activities:

- The morning will be spent on defining, analyzing, and experimenting with "conflict". A time will be dedicated to the exchange of experiences, actions and tools of each.
- The afternoon will be a practical work related to the mastery and the knowledge of oneself, in particular concerning the management and the pronunciation of the emotions and the violence. To do this, participants train in "Aikido", a martial art about harmony and concordance of energies, in the original Japanese sense of the current version of the encounter with concordance"), and it will be possible to communicate with the opponent.

The language of the project will be French. The conflict resolution method can be used and disseminated by participants in their respective countries.

CALL FOR STRUCTURES

Your structure wishes ...?

- Participate in the coordination of the project for constructive and collective learning,
- Involve young people from the public to join an open-minded group,
- Understand the other's point of view, and change one's own,
- Change the way you deal with conflicts by putting them into practice,
- Explore non-violent conflict resolution tools,
- Create a community of respect,
- Share your skills with others, bring your critical mind and develop your active listening,
- Believe that empathy and work on oneself are part of the change ...

THEN THIS PROJECT CAN INTEREST YOU!

To apply, please send an email to Eva from the MIRADOR association, specifying these elements in a formal way:

- ERASMUS Project Name +
 - NAME + PIC CODE of your structure
 - Field of activity
 - Main missions
 - Concerned public
 - Country
 - Name of the contact
 - E-mail
 - Why participate
 - 2 to 3 tools to share
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